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and Sigal Zilcha-Mano, PhD

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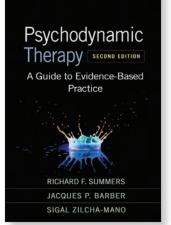
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ABOUT THE AUTHORS



Richard F. Summers, MD, is Senior Residency Advisor and Clinical Professor of Psychiatry at the Perelman School of Medicine of the University of Pennsylvania.



Jacques P. Barber, PhD, ABPP, is Professor Emeritus and Dean Emeritus of the Gordon F. Derner School of Psychology at Adelphi



Sigal Zilcha-Mano, PhD, is Professor of Clinical Psychology at the University of Haifa, Israel, where she heads the Psychotherapy Research Lab in the Department of Psychology.

Practicing Psychodynamic Therapy

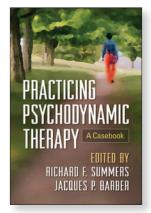
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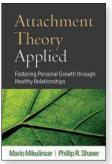
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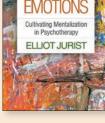
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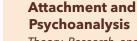
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F illing a crucial gap in the clinical literature, this book provides a contemporary view of pathological narcissism and presents an innovative treatment approach. The preeminent authors explore the special challenges of treating patients—with narcissistic traits or narcissistic personality disorder—who retreat from reality into narcissistic grandiosity, thereby compromising their lives and relationships. Assessment procedures and therapeutic strategies have been adapted from transference-focused psychotherapy (TFP), a manualized, evidence-based treatment for borderline personality disorder. Rich case material illustrates how TFP-N enables the clinician to engage patients more deeply in therapy and help them overcome relationship and behavioral problems at different levels of severity. The volume integrates psychodynamic theory and research with findings from social cognition, attachment, and neurobiology.

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- 11. Narcissistic Love Relations
- 12. Epilogue

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ABOUT THE AUTHORS

Diana Diamond, PhD, is Professor Emerita in the Doctoral Program in Clinical Psychology at the City University of New York and Senior Fellow at the Personality Disorders Institute at New York Presbyterian Hospital-Weill Cornell Medical College (WCMC).

Frank E. Yeomans, MD, PhD, is Clinical Associate Professor of Psychiatry at WCMC, Director of Training at the Personality Disorders Institute at WCMC, and Adjunct Associate Clinical Professor of Psychiatry at the Columbia University Vagelos College of Physicians and Surgeons (VCPS).

Barry L. Stern, PhD, is Clinical Associate Professor of Psychology in Psychiatry at VCPS and a faculty member at the Columbia University Center for Psychoanalytic Training and Research (CPTR).

Otto F. Kernberg, MD, is Professor of Psychiatry and Director of the Personality Disorders Institute at WCMC and Training and Supervising Analyst at the CPTR.

MENTALIZING in Psychotherapy

A Guide for Practitioners



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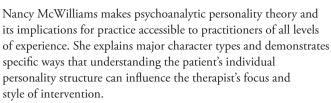
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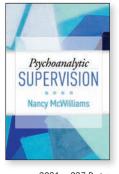
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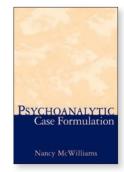
This book takes clinicians step-by-step through developing an understanding of

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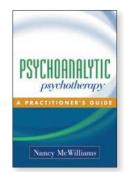
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FINDING THE BEST

4

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- 4. From Interpreting Wishes and Feelings to Making Room for Them
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- 6. Anxiety, Exposure, and the Path to Self-Acceptance

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- III. Attachment and the Lifelong Dynamics of Development
- 8. Self-Acceptance and Self-Rejection
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Paul L. Wachtel, PhD

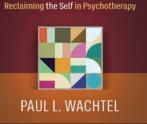
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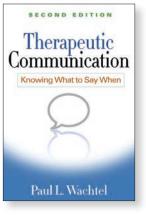
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ABOUT THE AUTHOR



Paul L. Wachtel, PhD, is Distinguished Professor in the Clinical Psychology Doctoral Program at The City College of New York. Dr. Wachtel has been a leading voice for integrative

thinking in the human sciences and is a cofounder and past president of the Society for the Exploration of Psychotherapy Integration.



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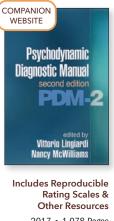
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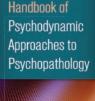


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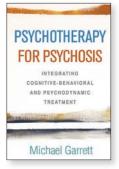
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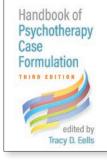
Handbook of Psychotherapy Case Formulation THIRD EDITION Edited by Tracy D. Eells, PhD

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