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FORWARD

1973-2023



# GUILFORD PRESS

PSYCHOLOGY ♦ PARENTING ♦ HEALTH ♦ RELATIONSHIPS

FRANKFURT BOOK FAIR, HALL 6.0 - STAND C101



Please contact us to schedule an appointment.

## FRANKFURT BOOK FAIR HALL 6.0 – STAND C101

18 – 22 October 2023

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### Dear Friends,

Guilford is pleased to be attending the Frankfurt Book Fair this year, October 18 – 22. Please contact us to schedule an appointment, or find us at Hall 6.0, C101. We are looking forward to meeting with our international colleagues once again and presenting some of our new and forthcoming titles.

Our Fall 2023 Rights List features several titles for the general reader, including *Getting Unstuck from PTSD*, the first self-help workbook based on cognitive processing therapy (CPT), widely recognized as one of the most effective treatments for PTSD. Also on our general reader list this fall is *The Anxiety and Worry Workbook, Second Edition*, a fully updated edition of the bestselling widely translated workbook.

Highlights from our professional list this year include *Internal Family Systems Therapy for Shame and Guilt*, a new approach based on the highly popular IFS therapeutic model by Richard C. Schwartz, as well as *Managing Suicidal Risk, Third Edition*, a major update by one of the world’s leading experts on this powerful framework for working with suicidal patients.

If you would like more detailed information or reading copies for these, or any of our titles, please feel free to contact us at any time. We look forward to seeing you at the book fair in October!

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### THE GUILFORD PRESS

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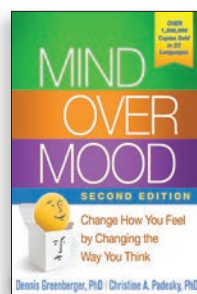
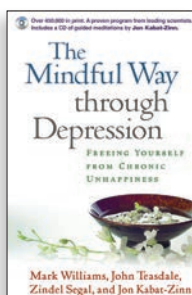
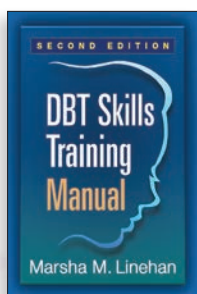
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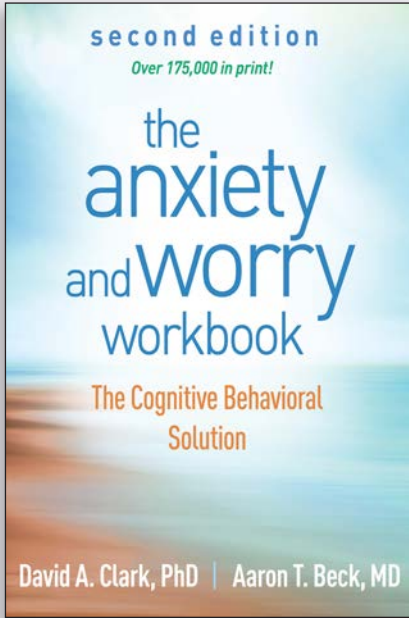


*Founded in 1973, Guilford is proud to be celebrating 50 years of independent publishing.*

Since Guilford's first book, Aaron T. Beck's *Cognitive Therapy of Depression*, our publications have been making a difference in lives of general readers and advancing the work of clinicians, neurologists, researchers, students, and educators.

For five decades, we have been committed to high-quality books and journals in science-based fields by respected experts. This year, as we celebrate the anniversary of Guilford's founding, we are looking ahead to 50 more years of amplifying the important work of scientists to support individual and societal well-being around the world.





## Anxiety and Worry Workbook, SECOND EDITION

*The Cognitive Behavioral Solution*

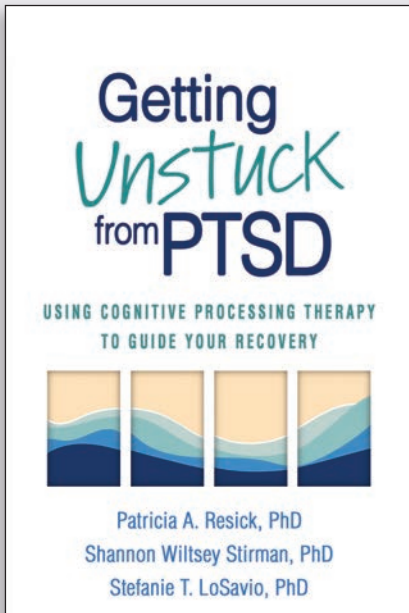
**Clark** • 356 • May 2023

► **Rights Sold:** Chinese-Simplified

*New Edition of a Bestseller.*

*More than 175,000 in print!*

- Now revised and updated to help readers understand their own anxiety.
- Provides fundamental information about anxiety, as well as tools for addressing readers' specific experiences and disorders.
- Practical, step-by-step strategies are grounded in Cognitive Behavior Therapy (CBT) for identifying triggers to safely face and overcome obstacles.
- Previous edition sold in: Chinese-Complex, Chinese-Simplified, Dutch, Farsi, German, Hungarian, Italian, Japanese, Polish, Portuguese, Russian, Spanish, Turkish



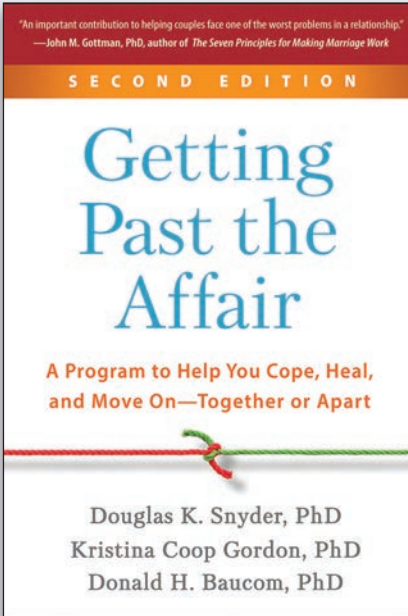
## Getting Unstuck from PTSD

*Using Cognitive Processing Therapy to Guide Your Recovery*

**Resick** • 305 • April 2023

► **Rights Sold:** Dutch, Japanese

- Workbook based on the work of Aaron Beck and the highly successful manual for treating PTSD by Patricia Resick, Candice M. Monson, and Kathleen M. Chard.
- Cognitive Processing Therapy (CPT) is recognized as one of the best practices for the treatment of PTSD.
- For adults who have been traumatized; uses simple and straightforward language and tasks.
- Readers learn how PTSD works and why it keeps them stuck; the step-by-step guide helps to unravel the web of unhelpful thoughts, behaviors, and emotions.



## Getting Past the Affair

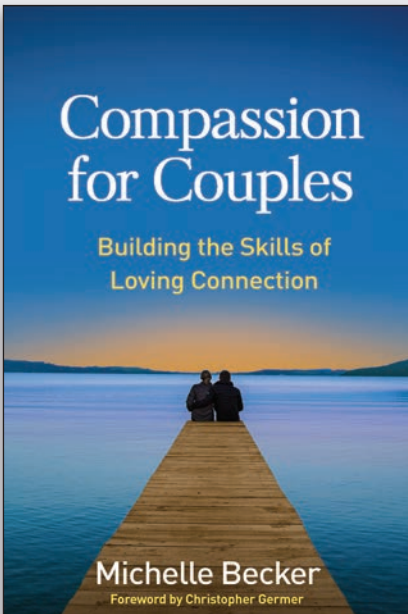
SECOND EDITION

*A Program to Help You Cope, Heal, and Move On—Together or Apart*

**Snyder** • 294 • September 2023

► **Rights Sold:** Chinese-Complex, Chinese-Simplified  
*New Edition of a Bestseller. More than 75,000 in print!*

- Practical guide for couples, or one partner, to manage their own emotions and discover what they need in the current relationship, or how to move on to a new one.
- New edition is 21% shorter than the first.
- Includes more variations of relationship patterns, more diversity in culture, ethnicity, and nationality, with reference to the role of current technology in affairs (porn, texting, email, etc.).
- Helps both partners move forward, or to have good relationships in the future.

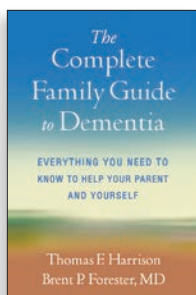


## Compassion for Couples

*Building the Skills of Loving Connection*

**Becker** • 276 • February 2023

- The Compassion for Couples program has been taken by thousands of couples around the world.
- Based on Kristin Neff and Christopher Germer's successful Mindful Self-Compassion program.
- This book gives couples the tools to practice self-compassion, in order to be able to respond to their partners with love and acceptance.
- Offers practical techniques that help couples break free of defensiveness, accept one another's flaws, and react with understanding.



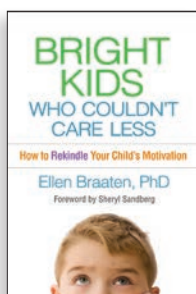
## Complete Family Guide to Dementia

*Everything You Need to Know to Help Your Parent and Yourself*

**Harrison** • 243 • August 2022

► **Rights Sold:** Dutch, Italian, Romanian, Russian

- Guide for caregivers; this book provides vital information on the unique challenges presented by dementia.
- Explains the basics of dementia and offers effective strategies for coping with the medical, emotional, and financial toll.



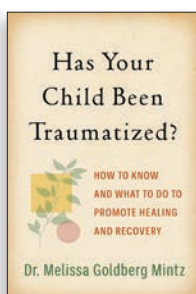
## Bright Kids Who Couldn't Care Less

*How to Rekindle Your Child's Motivation*

**Braaten** • 245 • March 2023

► **Rights Sold:** Chinese-Simplified, Dutch, Italian

- Practical guide for parents to increase their kids' motivation, confidence, and competence during childhood and adolescence.
- Authors are recognized internationally and give workshops and trainings abroad.



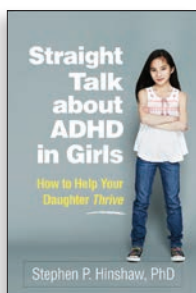
## Has Your Child Been Traumatized

*How to Know and What to Do to Promote Healing and Recovery*

**Goldberg Mintz** • 222 • August 2022

► **Rights Sold:** Arabic, Dutch, German, Polish

- Practical guide for parents promoting recovery at home, as well as advice for when to seek professional help.
- Skills and strategies for specific problems encountered on the path to recovery, as well as insight into what trauma looks like at different ages and for different individuals.

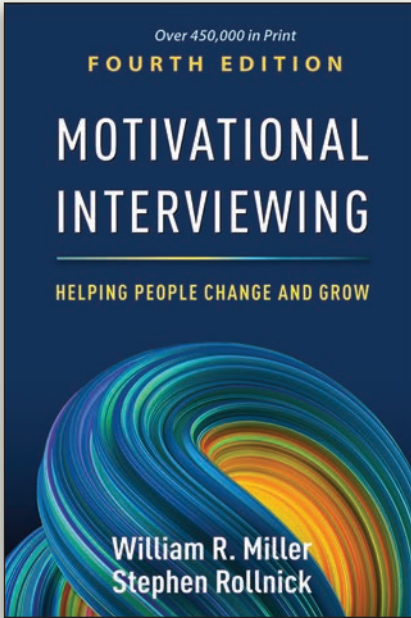


## Straight Talk About ADHD in Girls

*How to Help Your Daughter Thrive*

**Hinshaw** • 276 • August 2022

- For parents of girls aged 5 to 17 with attention-deficit/hyperactivity disorder (ADHD).
- Experts provide up-to-date facts on what ADHD is, why symptoms often appear differently in girls, why girls with ADHD behave the way they do, and what treatments are most effective.



## Motivational Interviewing

FOURTH EDITION

*Helping People Change and Grow*

Miller • 338 • August 2023

► **Rights Sold:** Chinese-Complex, Chinese-Simplified, Danish, Dutch, German, Japanese, Korean, Polish, Romanian, Swedish

**More than 450,000 in print!**

- Motivational Interviewing (MI) is used by professionals to help clients overcome ambivalence about behavioral change in the fields of addiction treatment, mental health, and healthcare.
- Uses a practical style; intended for professionals addressing a broad range of applications.
- Helps people change and grow in traditional and beyond in-person contexts.
- Examples and research are valid worldwide; the MINT network spans the globe.

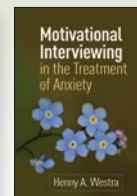
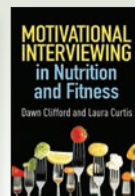
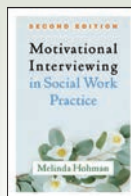
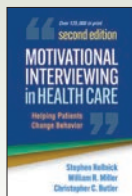
### The Applications of Motivational Interviewing series

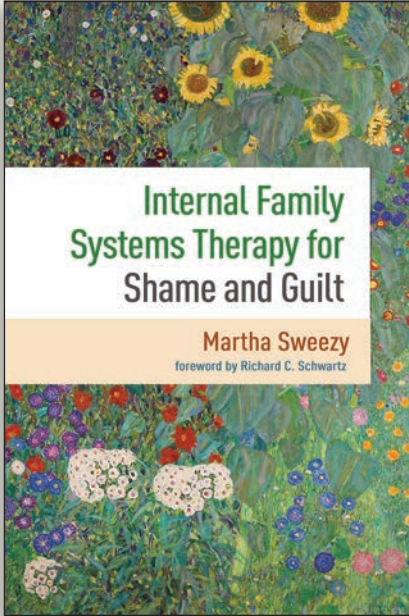
Edited by **Stephen Rollnick, William R. Miller, and Theresa B. Moyers**

Since the publication of Miller and Rollnick's classic *Motivational Interviewing*, MI has been widely used as a tool for facilitating change. This highly practical series includes general MI resources as well as books on specific clinical contexts, problems, and populations. Each volume presents powerful MI strategies that are grounded in research and illustrated with concrete, "how-to-do-it" examples.

See also an outstanding MI title for clients (not in series): *Finding Your Way to Change: How the Power of Motivational Interviewing Can Reveal What You Want and Help You Get There*, by Allan Zuckoff with Bonnie Gorscak.

Discover more titles in  
the series  
[www.guilford.com/AMI](http://www.guilford.com/AMI)



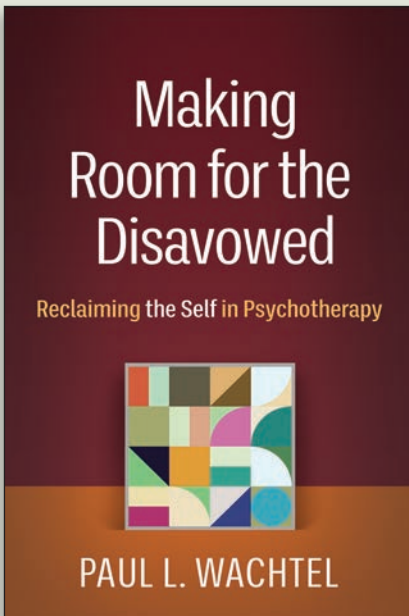


## Internal Family Systems Therapy for Shame and Guilt

Sweezy • 294 • July 2023

► **Rights Sold:** French, Korean, Romanian, Russian

- Practical, clinical guide to working with patients for whom shame is a key process driving their distress.
- Based on the highly popular therapeutic model by Richard C. Schwartz.
- Internal Family Systems (IFS) therapy reveals how the subpersonalities or “parts” of each individual’s psyche relate to each other like members of a family.
- Includes ample illustrative clinical vignettes to show how techniques are used in session.



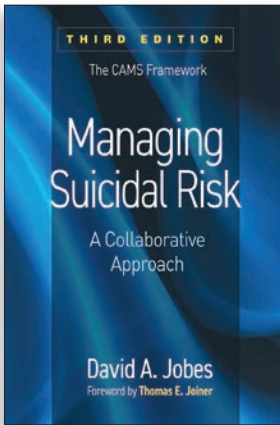
## Making Room for the Disavowed

*Reclaiming the Self in Psychotherapy*

Wachtel • 336 • September 2023

- Clinical approach to psychotherapy that combines psychoanalytic thinking, CBT and acceptance models, attachment theory, and experiential-humanistic thinking.
- Therapeutic approach anchored in the present to help heal the wounds of the past, with attention to the impact of race, class, and culture.
- Guides therapists in engaging with clients in ways that help them feel capable rather than broken, in order to “make room” for things they have been avoiding or denying.
- Examples and content are not exclusively US-based.





## Managing Suicidal Risk, THIRD EDITION A Collaborative Approach

**Jobs** • 362 • August, 2023

► **Rights Sold:** Portuguese

**New Edition of a Bestseller. More than 50,000 in print!**

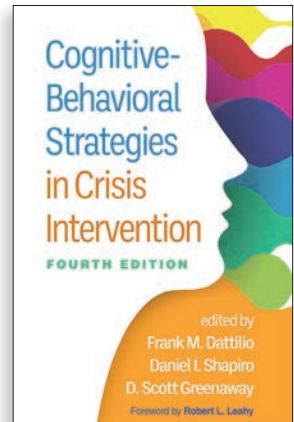
- Practical manual for Collaborative Assessment and Management of Suicidality (CAMS), a powerful treatment framework to working with suicidal patients.
- 65% updated; based on new, state-of-the-art suicide prevention measures.
- Jobs is well-known throughout the world and gives workshops internationally.

## Cognitive-Behavioral Strategies in Crisis Intervention

FOURTH EDITION

**Dattilio** • 398 • August 2023

- Comprehensive guide to CBT with clients in crisis; includes guidance for how CBT can be used in responses to various kinds of crises.
- 75% new material; 14 new chapters with significant changes and updates to the remaining 8 chapters.
- Includes two new chapters vital to this field: a chapter by Barnett on ethical and legal issues and a chapter by Dattilio on therapist self-care.

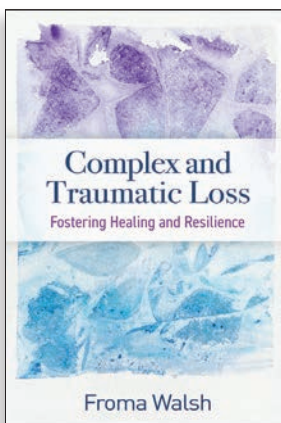


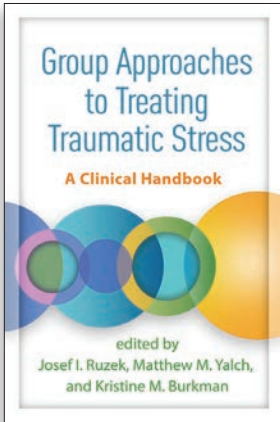
## Complex and Traumatic Loss

*Fostering Healing and Resilience*

**Walsh** • 272 • July 2023

- Practical guide for practitioners on how to work with families, couples, and individuals who have experienced profound loss
- Helps practitioners deepen their understanding of the impact of loss, its meaning, and the psychological processes associated with it.
- Essential topics include death of a spouse, parent, child, or sibling; ambiguous and disenfranchised losses; death by violence, suicide, or overdose; collective trauma and generational trauma.





## Group Approaches to Treating Traumatic Stress

*A Clinical Handbook*

**Ruzek** • 322 • December 2023

- Reviews group-based treatment of posttraumatic stress disorder (PTSD) and other trauma-related problems, and offers detailed descriptions of specific approaches.
- Provides guidance on basic skills for leading groups, ways of comparing different kinds of groups, and the place of group therapy in trauma treatment.
- Authors are known overseas.

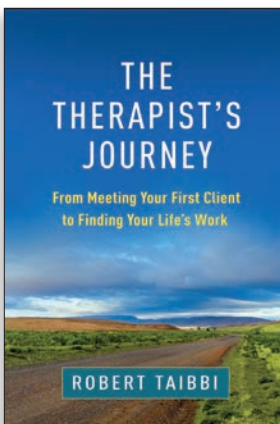
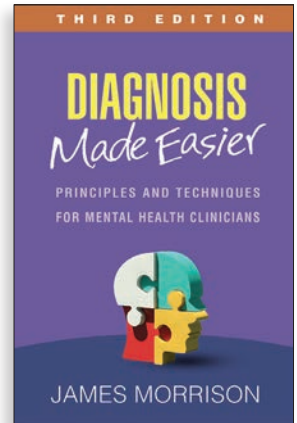
## Diagnosis Made Easier

THIRD EDITION

*Principles and Techniques for Mental Health Clinicians*

**Morrison** • 346 • December 2023

- Practical guide to thinking about diagnostic problems, focusing on the essential characteristics of mental disorders.
- Revised and updated for DSM-5-TR.
- Looks at the process of diagnosis and how background data that can affect patients' diagnoses, and provides examples for how to apply methods and data to various disorders.

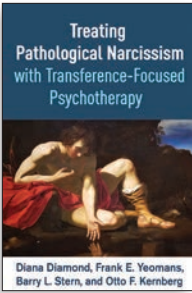


## The Therapist's Journey

*From Meeting Your First Client to Finding Your Life's Work*

**Taibbi** • 266 • June 2023

- Guide for new clinicians about the workplace, the arc of careers, and the keys to staying creative and energized.
- Includes practical tips for dealing with delicate situations, advice for those who feel they are failing, and examples of the author's own professional mistakes and bad decisions.
- Discusses sensitive topics in a realistic, sympathetic, and supportive way.

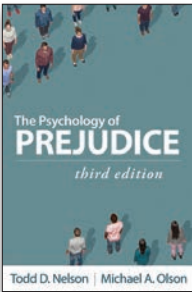


## Treating Pathological Narcissism with Transference-Focused Psychotherapy

**Diamond** • 470 • November 2021

► **Rights Sold:** *Russian, Turkish, Italian, Spanish*

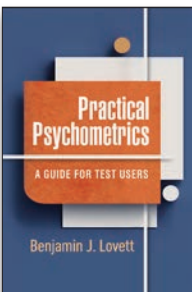
- Filling a crucial gap in the clinical literature, this practical book provides a contemporary view of pathological narcissism and presents an innovative treatment approach.
- Diamond is known internationally and gives conferences abroad.



## The Psychology of Prejudice, THIRD EDITION

**Nelson** • 464 • December 2023

- Textbook that explores core questions about prejudice and stereotyping—their causes, consequences, and how to reduce them.
- Students learn about the cognitive, emotional, motivational, contextual, and personality processes that make stereotyping and prejudice more (or less) likely to occur.

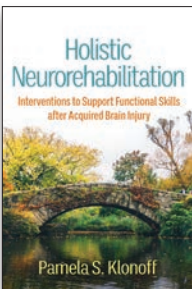


## Practical Psychometrics

*A Guide for Test Users*

**Lovett** • 206 • May 2023

- Guide for practitioners to basic psychometrics—the science behind test construction, validation, and how diagnostic tests work.
- Topics such as reliability, validity, and test bias are all treated in an accessible, conversational way.

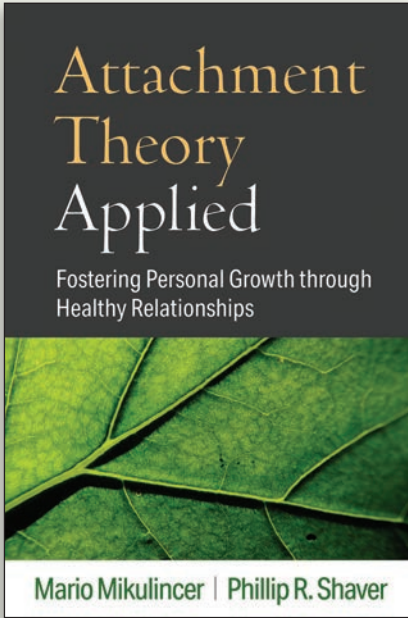


## Holistic Neurorehabilitation

*Interventions to Support Functional Skills after Acquired Brain Injury*

**Klonoff** • 450 • January 2024

- Practical volume presents a broad range of therapeutic interventions for patients with acquired brain injuries.
- Klonoff is known internationally and gives workshops abroad.

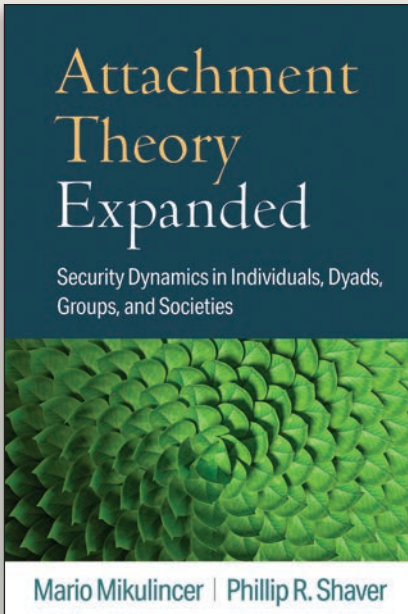


## Attachment Theory Applied

*Fostering Personal Growth through Healthy Relationships*

**Mikulincer** • 374 • June 2023

- Reviews key attachment-based interventions used in psychotherapy and beyond.
- Evaluates a range of programs that aim to strengthen parent-child, couple, and therapist-client relationships.
- Examines specific techniques used to enhance the feeling of security and foster personal growth.
- Includes international examples.

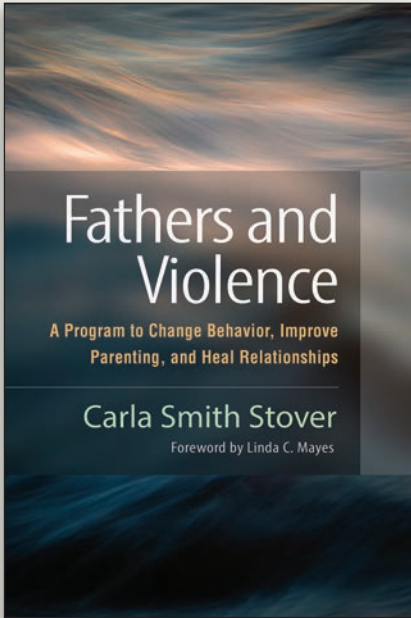


## Attachment Theory Expanded

*Security Dynamics in Individuals, Dyads, Groups, and Societies*

**Mikulincer** • 435 • August 2023

- Attachment operates not only in close relationships (parent-child, romantic partners), but also between teachers and students, therapists and clients, physicians and patients, leaders and followers, and within organizations.
- This book examines the nature and functions of security dynamics in personal and social relationships.
- Shows ways to integrate attachment theory with other influential social and psychological theories.

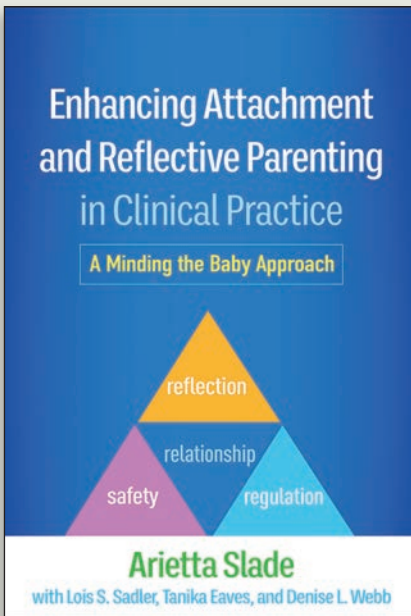


## Fathers and Violence

*A Program to Change Behavior, Improve Parenting, and Heal Relationships*

**Stover** • 252 • September 2023

- Highly practical and accessible; presents a new approach to treating men who use violence against their partners and/or children.
- The Fathers for Change (F4C) has a unique focus on developing fathers' accountability and reflective functioning, while repairing father-child relationships.
- Helps parents who want to stay together or co-parent successfully in the aftermath of violence, while prioritizing all family members' safety.
- Clinicians learn how to implement each component of F4C, from assessment to individual or family sessions.

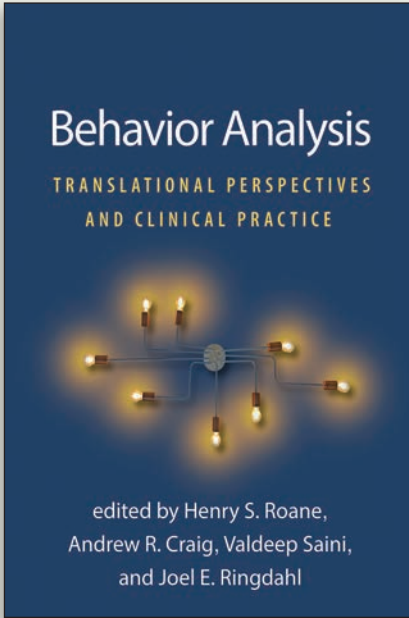


## Enhancing Attachment and Reflective Parenting in Clinical Practice

*A Minding the Baby Approach*

**Slade** • 436 • June 2023

- Minding the Baby™ is an intensive, interdisciplinary, home-based reflective parenting intervention.
- Reflective parents aim to recognize their own and their children's behaviors in terms of individual mental states and respond appropriately.
- Clinicians learn self-reflection exercises about what they observe and how they personally react to their client.
- This theoretically grounded approach is based on 20 years' experience implementing the model.

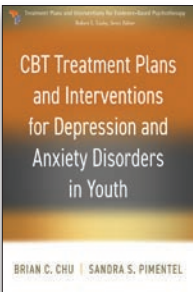


## Behavior Analysis

*Translational Perspectives and Clinical Practice*

**Roane** • 552 • January 2024

- Bridges the gap between (experimental) research and basic principles that explain behavior and the clinical practice of applied behavior analysis (ABA).
- Addresses key principles of ABA such as reinforcement, punishment, and extinction, as well as broader topics such as motivation and resistance to change.
- Provides a comprehensive resource of foundational knowledge for training and certification in ABA.

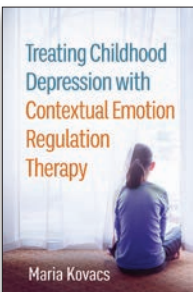


## CBT Treatment Plans and Interventions for Depression and Anxiety Disorders in Youth

**Chu** • 426 • May 2023

► **Rights Sold:** *Russian*

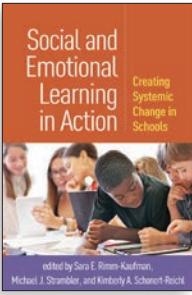
- Practical clinical guide for therapists for delivering flexible, personalized cognitive-behavioral therapy to diverse children and adolescents.
- Includes a full toolkit of techniques, using worksheets and handouts, along with practical tips from master clinicians.



## Treating Childhood Depression with Contextual Emotion Regulation Therapy

**Kovacs** • 330 • August 2023

- Contextual emotion regulation therapy (CERT) is a developmentally sensitive, non-pharmacological intervention for children between the ages of 7-13.
- CERT seeks to help children experience mood repair success and overcome mood repair failure, in order to recover from sadness and dysphoria.

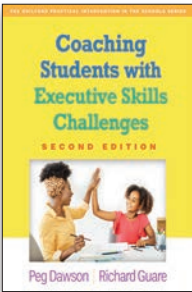


## Social and Emotional Learning in Action

*Creating Systemic Change in Schools*

**Rimm-Kaufman** • 308 • May 2023

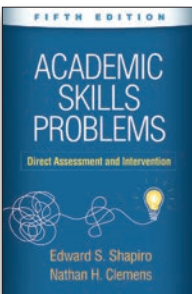
- Explores conditions needed to implement, strengthen, and sustain effective social and emotional learning (SEL).
- Reviews three major areas: equity of access, promoting interracial understanding, and enhancing the well-being.



## Coaching Students with Executive Skills Challenges, SECOND EDITION

**Dawson** • 226 • May 2023

- Describes how to provide individualized instruction and support for kids and teens with executive skills challenges.
- Significantly revised edition presents a refined coaching model and an expanded set of tools for helping students aged 5 – 18.

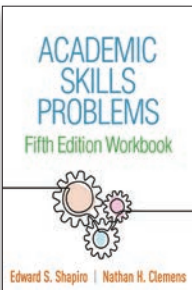


## Academic Skills Problems, FIFTH EDITION

*Direct Assessment and Intervention*

**Shapiro** • 552 • June 2023

- Approach to working with students aged 5 – 18, who are struggling with reading, writing, or mathematics.
- Considered the standard guide; provides a framework for evaluating the instructional environment and students' unique needs.

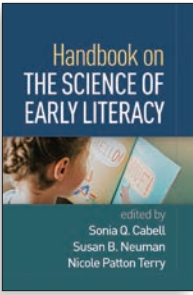


## Academic Skills Problems Fifth Edition Workbook

FIFTH EDITION

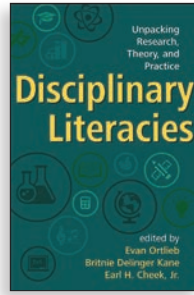
**Shapiro** • 164 • June 2023

- Companion workbook includes reproducible forms and tools for all steps of the assessment process.
- Features step-by-step instructions for using each form, along with exercises for practicing processes and procedures.



**Handbook on the Science of Early Literacy**

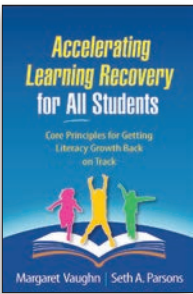
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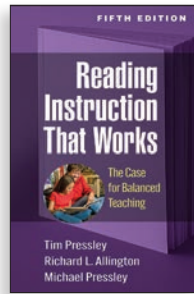
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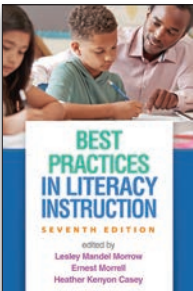
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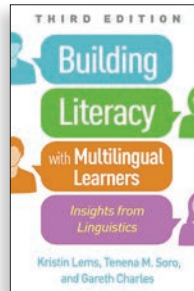
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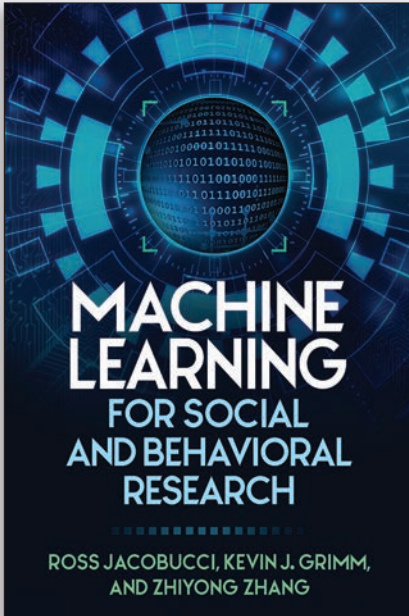
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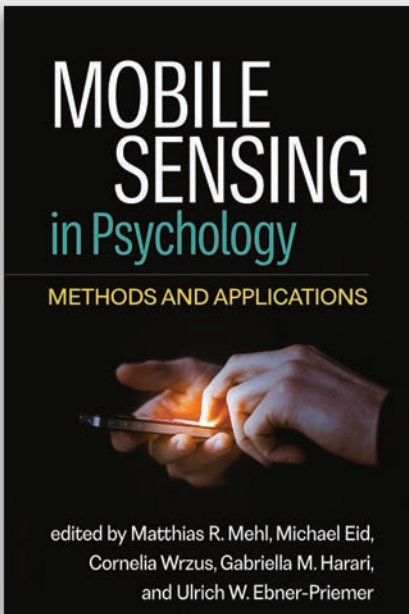




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- The model “learns” as it is fed more and more data, enabling it to spot patterns and make judgments based on data.
- This book provides the skills needed to analyze and report large, complex data sets using machine learning tools, and to understand published machine learning articles.
- Techniques are demonstrated using actual data, with a focus on the interplay of statistical algorithm, data, and theory.

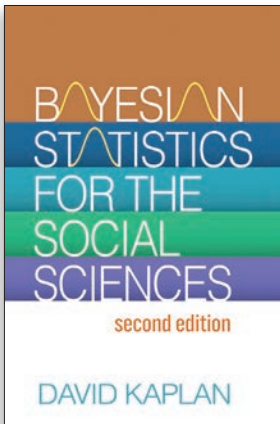


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- Renowned experts show how to collect “big data” using smartphones and other wearables, and explore which research questions can best be addressed with these tools.
- Addresses key concepts of mobile sensing, and explains how to conduct a mobile sensing study.
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- Authors are known overseas and give international workshops.



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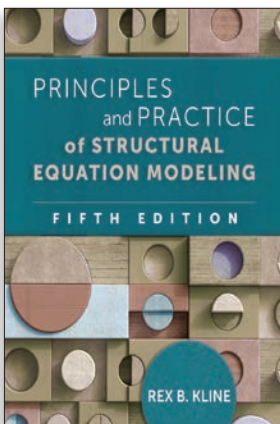
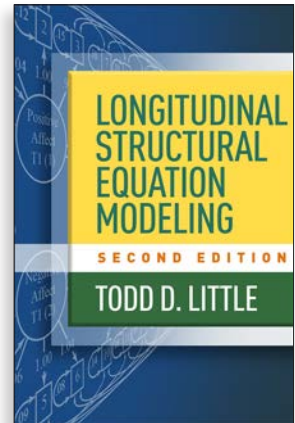
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- Equips social science researchers with the latest Bayesian methodologies.
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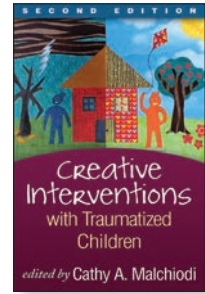
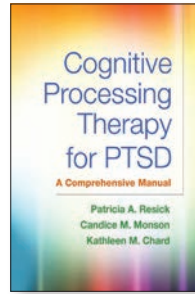
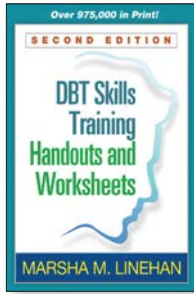
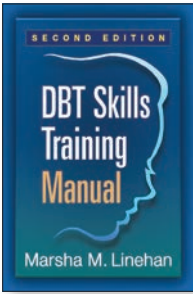
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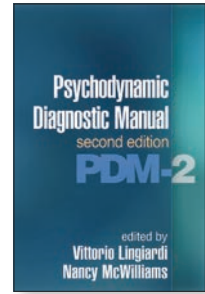
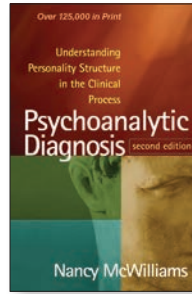
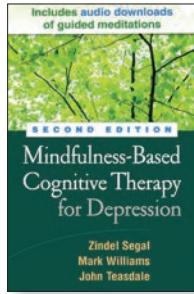
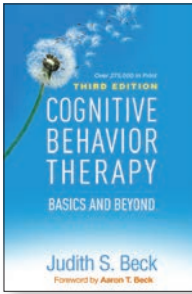
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