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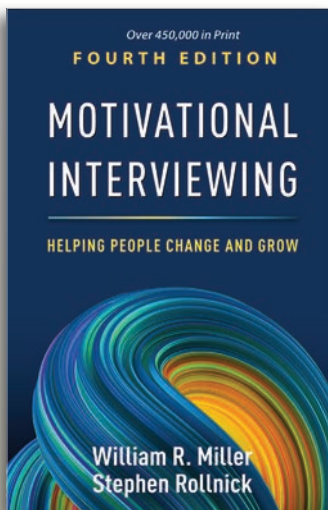
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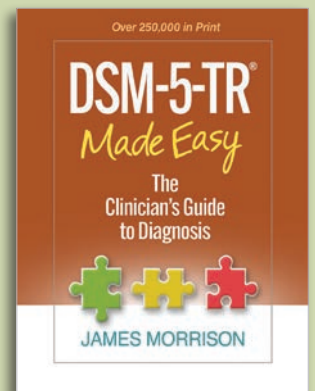
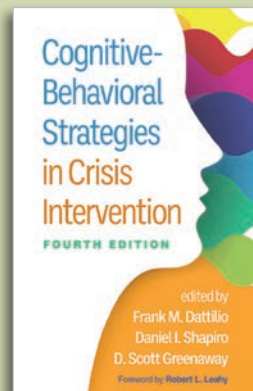
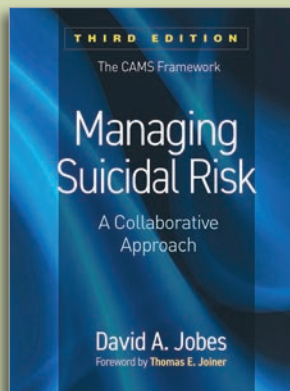
**A Major Revision of the
Authoritative Work**



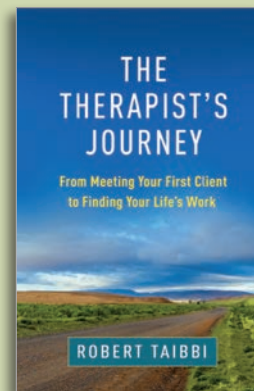
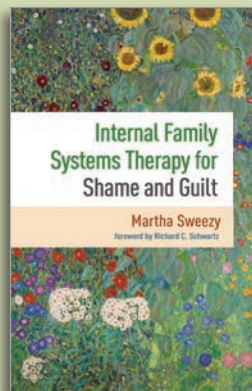
"The favorite companion
for all professional helpers
who want to weave MI
into what they do."

—Steve Martino, PhD

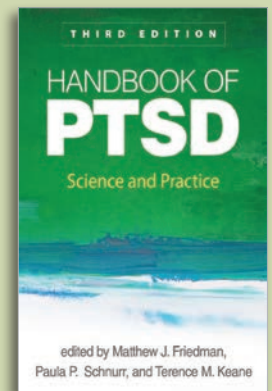
NEW EDITIONS



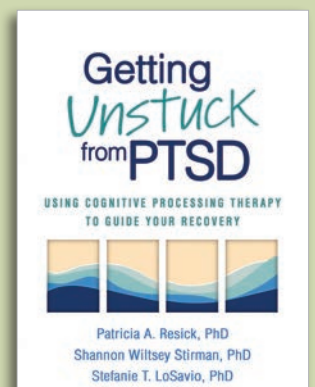
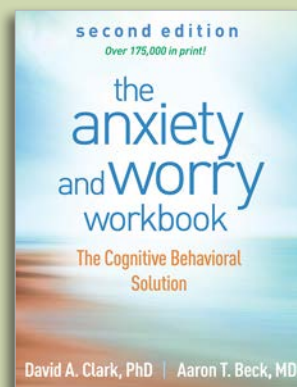
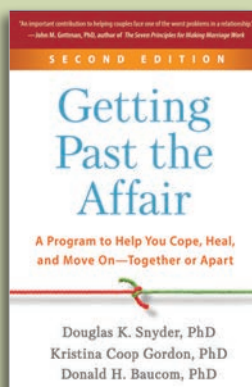
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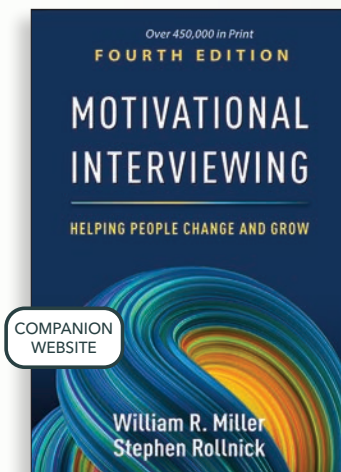


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ABOUT THE AUTHORS



William R. Miller, PhD, is Emeritus Distinguished Professor of Psychology and Psychiatry at the University of New

Mexico. He introduced MI in a 1983 article and in the first edition of *Motivational Interviewing* (1991), coauthored with Stephen Rollnick. Dr. Miller is a recipient of two career achievement awards from the American Psychological Association, among many other honors.



Stephen Rollnick, PhD, is Honorary Distinguished Professor in the School of Medicine at Cardiff University, Wales, United

Kingdom. He is a cofounder of MI, with a career in clinical psychology and academia that focused on how to improve conversations about change, and helped to create the Motivational Interviewing Network of Trainers (www.motivationalinterviewing.org).

★ *The Groundbreaking Clinical Guide and Text—A Major Revision!***Motivational Interviewing****FOURTH EDITION***Helping People Change and Grow***William R. Miller, PhD****Stephen Rollnick, PhD****450,000
In Print**

Now in a fully rewritten fourth edition, this is the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change. It has been **updated and streamlined to be even more user-friendly as a practitioner guide and course text**. MI originators William R. Miller and Stephen Rollnick elucidate the four tasks of MI—engaging, focusing, evoking, and planning—and vividly demonstrate what they look like in action. A wealth of vignettes and interview examples illustrate the dos and don'ts of successful implementation in diverse contexts. The book reviews the evidence base for the approach and covers ways to assess the quality of MI. The companion website provides reflection questions, annotated case material, and additional helpful resources.

NEW TO THIS EDITION

- ✓ Most of the book is entirely new.
- ✓ Addresses the breadth of MI applications not only in counseling and psychotherapy, but also in health care, education, coaching, management, and other contexts.
- ✓ Discusses delivering MI remotely, simple versus complex affirmations, strategic use of directional questions, ethical considerations, and other new or expanded topics.
- ✓ Increased emphasis on using MI throughout a client's process of change and growth, not just in the preparatory stage.

CRITICAL ACCLAIM

"Miller and Rollnick masterfully guide us through the story of how MI has developed over four decades and bring its sophisticated simplicity to life in a way that stimulates the mind, touches the heart, and invites best practice. This book will remain the favorite companion for all professional helpers who want to weave MI into what they do....[It] is very useful for any graduate-level curricula that focus on behavior change and/or psychotherapy skills."

—Steve Martino, PhD

"Miller and Rollnick continue to advance the method and message of MI in this sparkling fourth edition....Beyond simply updating the research, the authors have set out to succinctly explain the essence of MI and encourage innovative adaptations. This eagerly awaited volume will accompany practitioners—from many fields and at multiple professional levels—in their journeys toward greater success and satisfaction."

—Richard P. Barth, PhD, MSW

"The fourth edition of *Motivational Interviewing* is an incredibly helpful resource for those in the helping professions and those training graduate students in psychology, health care, or education. It contains much of value for novice and advanced MI users. Transcripts of flowing conversations highlight the innovative ways that MI supports people to change and grow."

—Wendy M. Reinke, PhD

"This is a user-friendly, engaging, and comprehensive text that should be required reading for all practicing clinicians."

—Clinical Psychiatry News

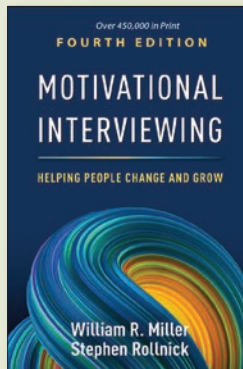
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PEDAGOGICAL FEATURES

- ✓ New or updated online materials, including reflection questions and annotated cases.
- ✓ "Personal Perspective" and "For Therapists" boxes in every chapter.
- ✓ Key points at the end of each chapter.
- ✓ Extended bibliography and quick-reference glossary.
- ✓ New self-assessment tool that targets the component skills of motivational interviewing.

CONTENTS for

Motivational Interviewing, Fourth Edition

Preface to the Fourth Edition

I. Helping People Change and Grow

1. The Mind and Heart When Helping
2. What Is MI?
3. A Flowing Conversation

II. Practicing MI

4. Engaging: "Can We Walk Together?"
5. Focusing: "Where Are We Going?"
6. Evoking: "Why Would You Go There?"
7. Planning: "How Will You Get There?"

III. A Deeper Dive into MI

8. Deeper Listening
9. Focusing: A Deeper Dive
10. Evoking: Cultivating Change Talk
11. Offering Information and Advice
12. Supporting Persistence
13. Planting Seeds
14. Responding to Sustain Talk and Discord
15. Practicing Well

IV. Learning and Studying MI

16. Learning MI
 17. Learning from Conversations about Change
 18. Studying MI
- Glossary of MI Concepts

★ **New Edition of a Bestseller—
A Major Revision!**

Motivational Interviewing in Health Care SECOND EDITION

Helping Patients Change Behavior

**Stephen Rollnick, PhD
William R. Miller, PhD
Christopher C. Butler, MD**

125,000
In Print

"Full of helpful tips to help clinicians guide their patients to achieve better health outcomes....

The second edition revisits and refines motivational interviewing (MI) techniques in a practical, teachable format." —**Robert A. Gabbay, MD, PhD**

Now in a significantly revised second edition, this concise work is an ideal recommendation for physicians, nurses, and other health care professionals, and a valuable resource for mental health clinicians who practice or provide training in medical settings. The book explains ways that MI techniques can transform conversations about managing chronic and acute conditions and making healthier choices. It includes vivid sample dialogues, tips, and scripts.

NEW TO THIS EDITION: ✓ Restructured around the four processes of MI (engaging, focusing, evoking, and planning). ✓ Incorporates lessons learned from the authors' ongoing clinical practice and practitioner training workshops. ✓ Chapters on advice-giving, brief consultations, merging MI with assessment, MI in groups, and making telehealth consultations more effective. ✓ Additional practical features—extended case examples, "Try This" activities, and boxed reflections from practitioners in a range of contexts.

Coaching Athletes to Be Their Best

Motivational Interviewing in Sports

**Stephen Rollnick, PhD
Jonathan Fader, PhD
Jeff Breckon, PhD
Theresa B. Moyers, PhD**

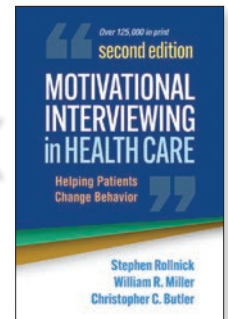
"MI can enable coaches and psychologists to unlock the solutions that lie just beneath the surface of everyday challenges. I highly recommend this book."

—**Michael Gervais, PhD**

This book applies the evidence-based strategies of MI to the unique challenges of helping athletes perform optimally, take ownership of personal goals, overcome behavioral challenges on and off the field, and improve teamwork.

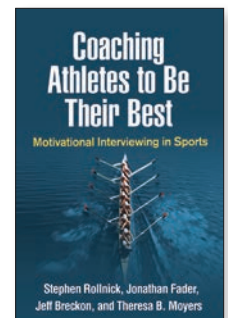
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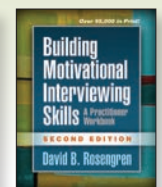
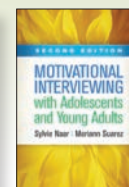
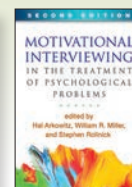
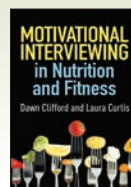


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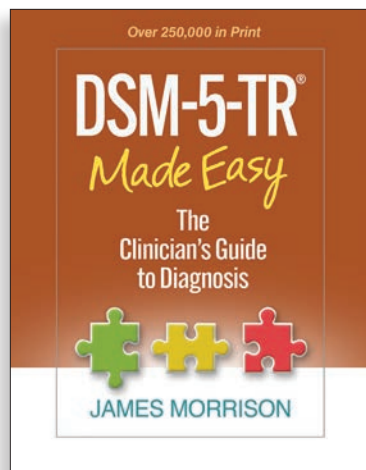
Edited by **Stephen Rollnick, William R. Miller, and Theresa B. Moyers**

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ABOUT THE AUTHOR



James Morrison, MD, is Affiliate Professor of Psychiatry at Oregon Health & Science University in Portland. His long career includes extensive experience in both the private and

public sectors. With his acclaimed practical books, Dr. Morrison has guided hundreds of thousands of mental health professionals and students through the complexities of clinical evaluation and diagnosis.

★ New Edition of a Bestselling Clinical Guide and Text—Revised & Updated!

DSM-5-TR® Made Easy

The Clinician's Guide to Diagnosis

James Morrison, MD

250,000
In Print

Fully updated for the DSM-5 Text Revision (DSM-5-TR), this trusted guide presents the breadth of DSM diagnoses in an accessible, engaging, and clinically useful format. Master diagnostician James Morrison demystifies the dense DSM-5-TR criteria with more than 130 detailed case vignettes that illustrate typical patient presentations. Succinct descriptions of each disorder, along with many tips, sidebars, tables, and caveats, capture the intricacies of psychiatric symptoms and impairments to make accurate diagnosis cleaner and simpler. For DSM-5-TR, Morrison has incorporated the new diagnosis of prolonged grief disorder, updates to over 70 criteria sets, new and revised ICD-10-CM codes, and vignettes for additional subtypes.

CRITICAL ACCLAIM

"*DSM-5-TR Made Easy* is a master class in modern psychopathology. Morrison's meticulously detailed reviews of each major mental disorder provide the reader with an informative and accessible guide for understanding the DSM....This exceptional book is an authoritative resource for clinicians and students at all levels and an ideal text for teaching the next generation of mental health professionals."

—David H. Klemanski, PsyD, MPH

"The book's structure allows for its use as a quick-reference guide, whether to check criteria for a rare diagnosis or to review a common disorder and the varied ways it can present. Regardless of why you are using *DSM-5-TR Made Easy*, Morrison makes the process enjoyable (and validating!) through his self-aware style, vivid case presentations, and awareness that diagnoses don't always fit into precise boxes."

—Meredith Gansner, MD

CONTENTS

- | | |
|---|--|
| Introduction | 11. Sleep-Wake Disorders |
| 1. Neurodevelopmental Disorders | 12. Sexual Dysfunctions |
| 2. Schizophrenia Spectrum and Other Psychotic Disorders | 13. Gender Dysphoria |
| 3. Mood Disorders | 14. Disruptive, Impulse-Control, and Conduct Disorders |
| 4. Anxiety Disorders | 15. Substance-Related and Addictive Disorders |
| 5. Obsessive-Compulsive and Related Disorders | 16. Cognitive Disorders |
| 6. Trauma- and Stressor-Related Disorders | 17. Personality Disorders |
| 7. Dissociative Disorders | 18. Paraphilic Disorders |
| 8. Somatic Symptom and Related Disorders | 19. Other Factors That May Need Clinical Attention |
| 9. Feeding and Eating Disorders | 20. Patients and Diagnoses |
| 10. Elimination Disorders | Appendix. Essential Tables |

Includes Helpful Tips, Quick
Guides, Sidebars, and Tables!

Physical Disorders That Affect Mental Diagnosis

Medical disorder	Anx	Depr	Mania	Psych	Delir	Dem	Cata	Pers chg	Erect	Ejac	Sex pain	Anorg
Cardiovascular												
Anemia	x											
Angina	x											
Aortic aneurysm									x			
Arrhythmia	x				x							
A-V malformation							x					
Congestive heart failure	x				x				x			
Hyperthyroidism	x				x							
Myocardial infarction	x											
Mitral valve prolapse	x											
Paroxysmal atrial tachycardia	x											
Shock	x				x							
Endocrine												
Addison's (adrenal insufficiency)	x	x			x							
Cranioid tumor	x											
Long's disease	x	x	x		x			x				

CHAPTER 5

Obsessive-Compulsive and Related Disorders

Quick Guide to the Obsessive-Compulsive and Related Disorders

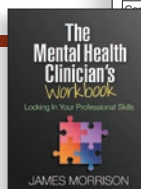
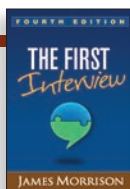
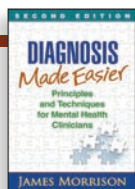
People who are preoccupied with obsessional ideas or certain repetitive behaviors may qualify for the disorders listed here.

Obsessive-compulsive disorder. These people are bothered by repeated thoughts or behaviors that appear senseless, even to them (p. 199).

Body dysmorphic disorder. In this disorder, physically normal people believe that parts of their bodies are misshapen or ugly (p. 203).

Hoarding disorder. An individual accumulates so many objects (perhaps of no value) that they interfere with life and living (p. 206).

See also Morrison's *Diagnosis Made Easier, Second Edition*, which offers principles and decision trees for integrating diagnostic information from multiple sources; *The First Interview, Fourth Edition*, which presents a framework for conducting thorough, empathic initial evaluations; and *The Mental Health Clinician's Workbook*, which uses in-depth cases and carefully constructed exercises to build the reader's diagnostic skills: www.guilford.com/search/morrison



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In Print**The Suicide Status
Form Now Optimized
for Electronic
Medical Records

Now in an extensively revised third edition with 65% new material, this is the authoritative presentation of the Collaborative Assessment and Management of Suicidality (CAMS) therapeutic framework. CAMS provides proven tools to help clinicians of any orientation evaluate suicidal risk and develop a suicide-focused treatment plan. In addition to their clinical utility, the procedures used for assessment, stabilization, and treatment of suicidal risk within CAMS can help reduce the risk of malpractice liability. In a convenient large-size format, the book includes the latest version of the Suicide Status Form (SSF-5) plus other valuable reproducible tools, which can be downloaded and printed for repeated use. For CAMS training opportunities offered by David A. Jobes, visit www.cams-care.com.

NEW TO THIS EDITION: ✓ Major updates based on ongoing clinical research, including tools and adaptations for additional populations and settings. ✓ Increased focus on implementation with adolescents, with a new extended case example. ✓ Vital guidance for effectively using CAMS via telehealth. ✓ Additional reproducible forms to photocopy or download, including a fillable PDF of the Suicide Status Form, optimized for electronic medical records.

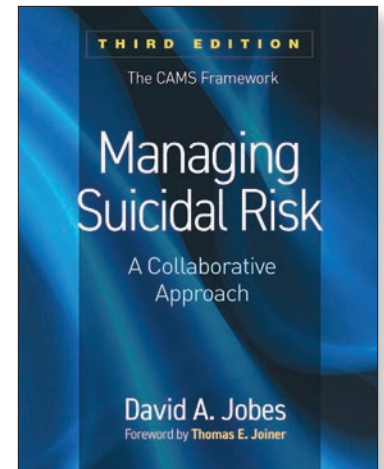
CRITICAL ACCLAIM

"The third edition of this book is a resource that every clinician would benefit from reading and drawing on in times of crisis. It offers a practical, empathic, evidence-based approach that draws on decades of experience and refinements."

—Shireen L. Rizvi, PhD

"An emphasis on the patient's perspective and the clinical alliance is reflected in the four pillars of CAMS....Jobes provides a practical roadmap for incorporating CAMS into any clinical practice."

—Christine Yu Moutier, MD

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David A. Jobes, PhD, ABPP, is Professor of Psychology, Associate Director of Clinical Training, and Director of the Suicide Prevention Laboratory at the Catholic University of America. He is also Adjunct Professor of Psychiatry in the School of Medicine at the Uniformed Services University.

CONTENTSForeword, *Joiner*

1. The Collaborative Assessment and Management of Suicidality
2. The Suicide Status Form
3. Optimizing the Use of the CAMS Framework
4. CAMS Risk Assessment
5. CAMS Treatment Planning
6. CAMS Interim Care

7. CAMS Clinical Outcomes and Disposition
 8. CAMS as a Means of Decreasing Malpractice Liability
 9. CAMS Adaptations and Future Developments
- Epilogue

Appendices. Contemporary Mental Health Care Developments Related to Suicide Prevention • Suicide Status Form–5 (SSF-5): First Session, Interim Sessions, Final Session

- Coding Manual for the SSF Core Assessment Scales
- Coding Manual for SSF Reasons for Living versus Reasons for Dying
- Coding Manual for the SSF One-Thing Response
- CAMS-Related Empirical Research
- CAMS Quick Check Preparation Guide
- CAMS Therapeutic Worksheet
- Stabilization Support Plan
- Complete CAMS Case Example of Carmen
- CAMS Living Status Form
- CAMS Rating Scale (CRS.3)
- Frequently Asked Questions about CAMS

Section D (Clinician Postsession Evaluation):

MENTAL STATUS EXAM (Circle appropriate items):

ALERTNESS: ALERT DROWSY LETHARGIC STUPOROUS

ORIENTED TO: PERSON PLACE TIME REASON FOR EVALUATION

MOOD: EUPHYMIC ELEVATED DYSPHORIC AGITATED ANGRY

AFFECT: FLAT BLUNTED CONSTRICTED APPROPRIATE LABILE

THOUGHT CONTINUITY: CLEAR & COHERENT GOAL-DIRECTED TANGENTIAL CIRCUMSTANTIAL

THOUGHT CONTENT: WNL OBSESSIONS DELUSIONS IDEAS OF REFERENCE BIZARRENESS MORBIDITY

ABSTRACTION: OTHER NOTABLY CONCRETE

SPEECH: WNL RAPID SLOW SLURRED IMPOVERISHED INCOHERENT

MEMORY: OTHER GROSSLY IMPACTED

REALITY TESTING: WNL

NOTABLE BEHAVIORAL OBSERVATIONS:

DIAGNOSTIC IMPRESSIONS/DIAGNOSIS (DSM/ICD DIAGNOSIS):

PATIENT'S OVERALL SUICIDE RISK LEVEL (Check one and explain):

☐ LOW (WTL/RFL) Explanation:

☐ MODERATE (CAMPS)

CAMS SUICIDE STATUS FORM (SSF-5) FIRST SESSION

Patient: _____ Clinician: _____ Date: _____ Time: _____

Section A (Patient):

Rate and fill out each item according to how you feel (right now). Then rank in order of importance 1 to 5 (1 = most important to 5 = least important).

Rank

1) RATE PSYCHOLOGICAL PAIN (hurt, anguish, or misery in your mind; not stress; not physical pain):

Low pain: 1 2 3 4 5 High pain

What I find most painful is: _____

2) RATE STRESS (your general feeling of being pressured or overwhelmed):

Low stress: 1 2 3 4 5 High stress

What I find most stressful is: _____

3) RATE AGITATION (emotional urgency; feeling that you need to take action; not irritation; not annoyance):

Low agitation: 1 2 3 4 5 High agitation

I most need to take action when: _____

4) RATE HOPELESSNESS (your expectation that things will not get better no matter what you do):

Low hopelessness: 1 2 3 4 5 High hopelessness

I am most hopeless about: _____

5) RATE SELF-HATE (your general feeling of disliking yourself; having no self-esteem; having no self-respect):

Low self-hate: 1 2 3 4 5 High self-hate

What I hate most about myself is: _____

6) RATE OVERALL RISK OF SUICIDE: Extremely low risk: 1 2 3 4 5 Extremely high risk (will kill self)

1) How much is being suicidal related to thoughts and feelings about yourself? Not at all: 1 2 3 4 5

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★ **New Edition of a Bestseller—Revised & Updated!**
Ideal for Client Recommendation

The Anxiety and Worry Workbook

SECOND EDITION

The Cognitive Behavioral Solution

David A. Clark, PhD

Aaron T. Beck, MD

**175,000
In Print**

Using proven cognitive behavioral strategies, David A. Clark and Aaron T. Beck guide readers to identify their anxiety triggers, challenge maladaptive thoughts and beliefs, and safely face feared situations. Carefully crafted worksheets (additional copies can be downloaded and printed as needed) reflect the authors' unparalleled expertise. **In a convenient large-size format, the second edition includes evaluation exercises that help readers get to know their own anxiety; up-to-date information about panic attacks, social anxiety, and other topics; additional graphics; and new troubleshooting tips and tools for success.**

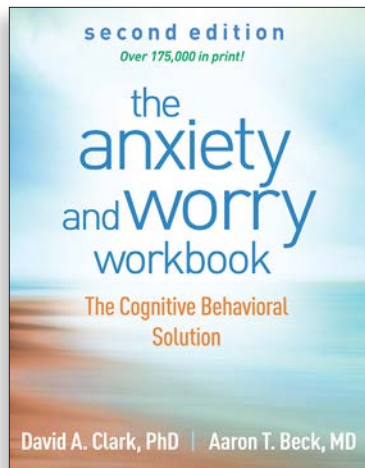
CRITICAL ACCLAIM

"This workbook addresses the many faces of anxiety, from mild to severe. Easy-to-understand, step-by-step worksheets help even the most anxious among us learn to face and manage fears. Whether socially anxious, troubled by panic attacks, or waylaid by worry, this book is for you."

—Christine A. Padesky, PhD

"The second edition makes this already amazing self-help workbook even better. Two of the most renowned experts in the field offer practical, state-of-the-art instructions for how to deal with anxiety, panic, and worry. This book is a treasure. It includes fresh, cutting-edge content, as well as a ton of useful suggestions and worksheets."

—John H. Riskind, PhD



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ABOUT THE AUTHORS



David A. Clark, PhD, is Professor Emeritus of Psychology at the University of New Brunswick, Canada, and has had a private practice in clinical psychology since 1985. Dr. Clark is a

Fellow of the Canadian Psychological Association and a Founding Fellow of the Academy of Cognitive and Behavioral Therapies.



Aaron T. Beck, MD, until his death in 2021, was Professor Emeritus of Psychiatry at the University of Pennsylvania and President Emeritus of the Beck Institute for Cognitive Behavior Therapy.

Internationally recognized as the founder of cognitive therapy, Dr. Beck has been credited with shaping the face of American psychiatry and was cited by *American Psychologist* as 'one of the five most influential psychotherapists of all time.'

**Includes Dozens
of Carefully Crafted,
Downloadable
Worksheets!**

CONTENTS

A Tribute to Aaron T. Beck

Preface

1. A New Beginning

2. Getting Started

3. When Anxiety Is Helpful

4. When Anxiety Becomes a Problem

5. Living with Anxiety Symptoms

6. Transform Your Anxious Mind

7. Curb Anxious Behavior

8. Take Control of Your Worried Mind

9. Defeat the Fear of Panic

10. Conquer Social Anxiety

Resources

WORKSHEET 1.3

My Anxiety-Reduction Goals

Instructions: Daily living involves several primary concerns that are listed below. Review your entries in Worksheet 1.2 and consider how anxiety is having a negative effect in each life concern. Next, imagine specific ways you'd be more successful or effective in each life domain if your anxiety was mild (tolerable) rather than severe (intolerable). In the right-hand column, list specific ways in which you would function better within that domain if you were less anxious. These will become your anxiety-reduction goals; that is, what you'd like to achieve by improving your tolerability and management of anxiety. An example is provided for each life concern.

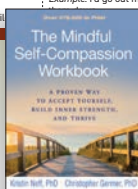
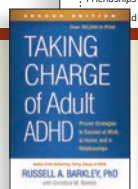
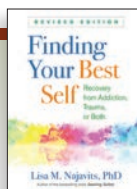
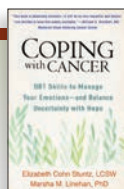
Life domains	Specific anxiety-reduction goals or targets
Work (How would mild, tolerable anxiety make me more successful at work?)	Example: I'd express my opinion more often in the weekly department meetings. 1. _____ 2. _____ 3. _____
Family/partner (How would I be a better parent, spouse, sibling, or son/daughter if my anxiety was milder, more tolerable?)	Example: I'd take trips with my family and attend family gatherings rather than use my anxiety as an excuse to stay home alone. 1. _____ 2. _____ 3. _____
Friendships (How would I go out more with friends rather than make up excuses for turning them down?)	Example: I'd go out more with friends rather than make up excuses for turning them down. 1. _____ 2. _____ 3. _____

WORKSHEET 7.3

Beliefs about Anxiety Scale

Instructions: Use the 5-point scale at the top of the table to check off your level of agreement with each statement. Base your answers on what you've come to believe about your anxiety, not on what you think you should believe.

Belief statements	Completely disagree	Disagree somewhat	Agree somewhat	Strongly agree	Completely agree
1. I find it very hard to tolerate the feeling of anxiety.					
2. It is important to control anxiety as much as possible.					
3. I try to keep my anxiety episodes as brief as possible.					
4. I frequently avoid situations to prevent anxiety.					
5. I am concerned about the long-term health effects of persistent anxiety.					
6. My anxiety episodes are more distressing than anything else I've experienced.					
7. It is important that I develop better control over anxious thoughts and feelings.					



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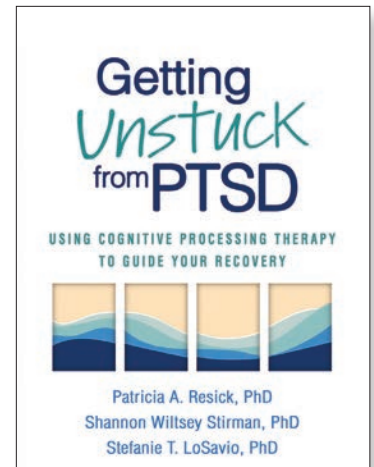
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Shannon Wiltsey Stirman, PhD, is Associate Professor in the Department of Psychiatry and Behavioral Sciences at Stanford University.

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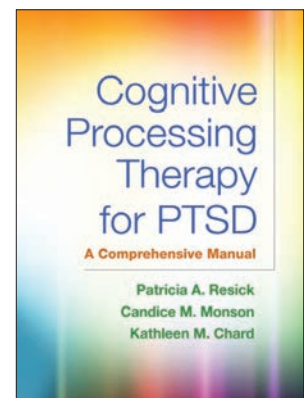
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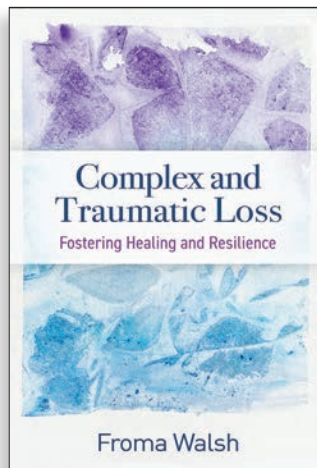
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Froma Walsh, MSW, PhD, is the Mose and Sylvia Firestone Professor Emerita in the Crown Family School of Social Work, Policy, and Practice and the Department of Psychiatry,

Pritzker School of Medicine, University of Chicago. She is also Co-Founder and Co-Director of the Chicago Center for Family Health. Dr. Walsh is the recipient of many honors for distinguished contributions to theory, research, and practice.

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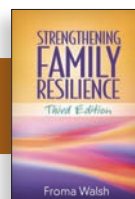
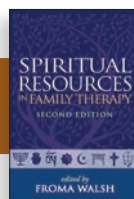
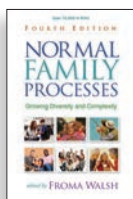
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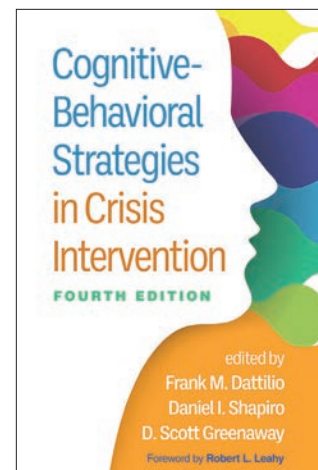
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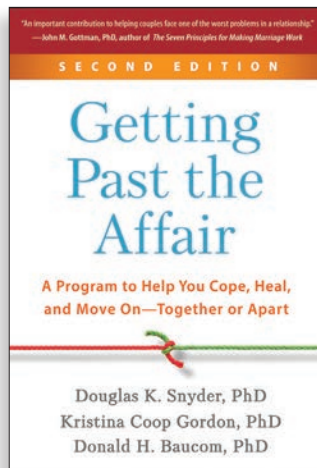
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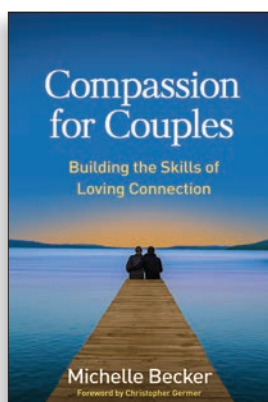
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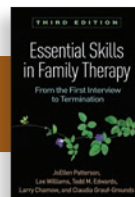
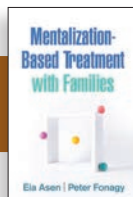
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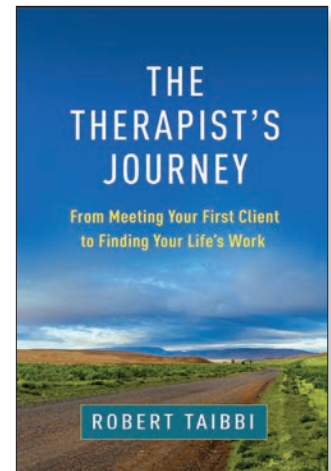
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ABOUT THE AUTHOR

Robert Taibbi, LCSW, is an experienced clinician, supervisor, and clinical director who has been practicing almost 50 years. He is the author of numerous books, as well as more than 300 magazine and journal articles, and writes a column titled "Fixing Families" for *Psychology Today* online.

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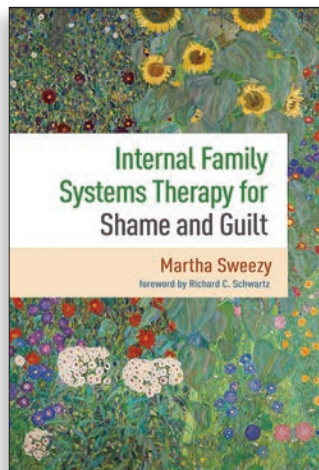
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Martha Sweezy, PhD, is Assistant Professor in Psychiatry at Harvard Medical School, part-time, and Research, Training, and Curriculum Consultant at the Center for Mindfulness and Compassion, Cambridge Health Alliance, where she consults and supervises in a study using IFS groups to treat PTSD.

New

Internal Family Systems Therapy for Shame and Guilt

Martha Sweezy, PhD

Foreword by **Richard C. Schwartz, PhD**

"Shame and guilt are integral to the experience of complex trauma and are among the effects most resistant to change. This volume is particularly pertinent for therapists who want to interrupt intergenerational cycles of trauma that are often fueled by shame and guilt....I am already finding it extremely useful in my practice with trauma survivors."

—**Pamela C. Alexander, PhD**

"This landmark book takes a deep dive into a central topic for all psychotherapists—how to address the pernicious effects of shame and inappropriate guilt on a person's sense of self, psychological functioning, and interpersonal behavior. Sweezy applies internal family systems (IFS) theory and practice in exquisite detail, with illuminating clinical vignettes. Her approach is novel and refreshingly nonpathologizing and compassionate."

—**Peter Fraenkel, PhD**

"A welcome, inspiring guide for all therapists who have struggled with the limitations of pathologizing DSM-based approaches to psychotherapy, in which the therapist is expected to have 'the answers.'...The book reminds us that the answers reside within each individual, and gives powerful examples of how IFS allows individuals to discover their own paths to healing."

—**Michael Mithoefer, MD**

Rich in clinical examples, this book offers a fresh perspective on the roles of shame and guilt in psychological distress and presents a step-by-step framework for treatment. Martha Sweezy explains how the principles of IFS therapy are ideally suited to helping trauma survivors and other clients who struggle with debilitating shame to understand and heal psychic parts wounded in childhood. Annotated case illustrations show and explain IFS techniques in action. Other useful features include boxed therapeutic exercises, decision trees, and pointers to help therapists avoid or overcome common pitfalls.

CONTENTS

Foreword, **Schwartz**

Introduction

I. The Vulnerable Mind

1. Shame, Guilt, and Psychic Multiplicity
2. The Goal

3. All the Ways We Say No

4. The Shame Cycle

5. Empathy

6. Shame-Based Trauma Bonding

7. Guilt-Based Trauma Bonding

II. Treatment

The First Portion of Therapy

8. Set the Stage

9. Unblend

10. Navigate Obstacles to Unblending

The Second Portion of Therapy

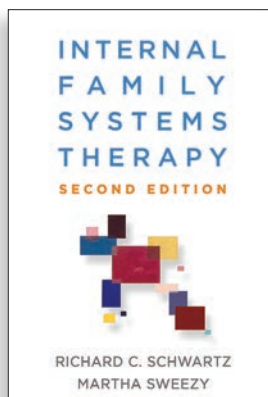
11. Witness and Unburden

12. Common Problems

13. Take a Tip to Avoid Pitfalls

III. Completion

14. How Therapy Ends



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Internal Family Systems Therapy SECOND EDITION

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Richard C. Schwartz, PhD, Harvard Medical School/Cambridge Health Alliance

Martha Sweezy, PhD, Harvard Medical School/Cambridge Health Alliance

"[A] seminal book....This is an invaluable resource for both beginning and experienced practitioners who seek self-integration for their clients—and themselves."

—**Michael C. LaSala, PhD, LCSW**

This is the authoritative presentation of IFS therapy, which is taught and practiced around the world. IFS reveals how the subpersonalities or "parts" of each individual's psyche relate to each other like members of a family, and how—just as in a family—polarization among parts can lead to emotional suffering. IFS originator Richard Schwartz and master clinician Martha Sweezy explain core concepts and provide practical guidelines for implementing IFS with clients who are struggling with trauma, anxiety, depression, eating disorders, addiction, and other behavioral problems.

2020, 6" x 9" Hardcover, 304 Pages, ISBN 978-1-4625-4146-1, \$49.00



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New

Making Room for the Disavowed*Reclaiming the Self in Psychotherapy***Paul L. Wachtel, PhD**

"Wachtel eloquently presents a wonderful integrative approach in which making room is the pivotal process. Making room does not involve interpreting, modifying, or educating; it is about helping the person gain access to parts of self they have shied away from. This is the work on theoretical integration that the field has been waiting for."

—Leslie S. Greenberg, PhD

"Long admired for his deeply knowledgeable, respectful treatment of competing ideas, Wachtel breaks new ground in this integrative discourse on psychological healing. Beginning therapists will benefit from Wachtel's clarity, practicality, and humanity; seasoned clinicians will benefit from penetrating insights that support their best therapeutic instincts."

—Nancy McWilliams, PhD

In this uniquely integrative book, Paul L. Wachtel describes powerful clinical strategies to *make room* for aspects of the self that were sidetracked in the course of development. Wachtel explores how early attachment experiences can lead people to turn away from certain thoughts and feelings, building a sense of self and ways of interacting on only a limited range of adaptive resources. His approach draws on psychodynamic, humanistic, systemic, and acceptance-centered cognitive-behavioral perspectives, as well as attention to the impact of race, class, and culture. Filled with rich case material, the book illuminates how a therapeutic approach anchored in the present can help heal the wounds of the past.

CONTENTS**I. Introduction**

1. Making Room for Thoughts and Feelings: Attachment, Self-Acceptance, and Emotional Immediacy
2. Silos, Stereotypes, and the Evolutionary Links between Diverse and Competing Approaches
3. What Is the Appropriate Evidence Base for Responsible Clinical Practice?

**II. Beyond Pathologizing:
The Dialectics of Acceptance and Change**

4. From Interpreting Wishes and Feelings to Making Room for Them: The Problem with Uncovering "the Truth"
5. The Roots of Pathologizing and Accusatory Interpretations

6. Anxiety, Exposure, and the Path to Self-Acceptance

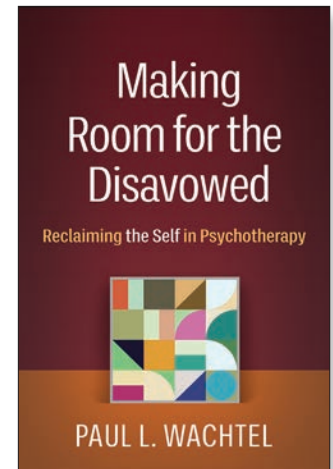
7. Making Room in CBT: From Beck and Ellis to the Dialectics of Acceptance and Change

III. Attachment and the Lifelong Dynamics of Development

8. Self-Acceptance and Self-Rejection: The Critical Impact of Attachment
9. Working in the Present on the Consequences of the Past

IV. Living-in-the-World

10. Experiencing, Emotional Immediacy, and Self-in-Action
11. Living in Contexts: From the Relational Matrix to the Impact of Culture and Society
12. The Many Faces of Psychotherapy



September 15, 2023

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ISBN 978-1-4625-5318-1, \$74.00

ABOUT THE AUTHOR

Paul L. Wachtel, PhD, is Distinguished Professor in the Clinical Psychology Doctoral Program at The City College of New York. Dr. Wachtel is a recipient of the Hans H. Strupp Memorial Award and the Distinguished Psychologist Award from Division 29 (Psychotherapy) of the American Psychological Association (APA), among other awards.

Therapeutic Communication, SECOND EDITION*Knowing What to Say When***Paul L. Wachtel, PhD**40,000
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"I have used this text in my graduate seminars, and students have been consistently appreciative of its combination of theoretical rationale and detailed examples (the 'why' and the 'how-to'). This combination has made it possible for students from all therapeutic orientations to apply the book's insights to their clinical thinking and practice."

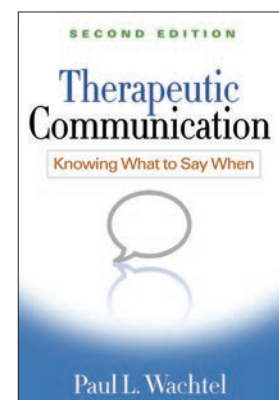
—Steven A. Kvaal, PhD

A uniquely practical guide and widely adopted text, this book shows precisely what therapists can say at key moments to enhance the process of healing and change. Paul Wachtel offers clear and specific guidelines for how to ask questions and make comments in ways that facilitate collaborative exploration and promote change.

2013, 6" x 9" Paperback (© 2011), 398 Pages
ISBN 978-1-4625-1337-6, \$42.00



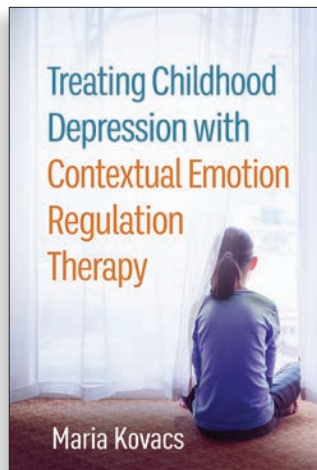
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New

Treating Childhood Depression with Contextual Emotion Regulation Therapy

Maria Kovacs, PhD, University of Pittsburgh

"Contextual emotion regulation therapy (CERT) is based on decades of groundbreaking research.... The parent manual and other appendix materials are especially useful for the clinician who wants to implement this approach immediately. The integration of case material, including actual dialogues, really brings the interventions to life."

—Martha C. Tompson, PhD

"Kovacs provides a wonderful review of the childhood depression and emotion regulation literatures, including her model of why children (distinct from adolescents) get depressed, and why it is important to treat.... She has structured the book very well; I found it both thorough and extremely readable."

—Gabrielle A. Carlson, MD

This book is the authoritative presentation of CERT, an innovative intervention expressly designed for depressed children ages 7–13 and their parents. CERT is grounded in decades of research on the development of emotion regulation and on "mood repair" difficulties as a risk factor for clinical depression. Step by step, Maria Kovacs describes ways to teach children skills to modulate feelings of sadness and distress and break the hold of depression symptoms. Extensive therapist, parent, and child exchanges illustrate key treatment principles. Clinicians learn how to structure CERT sessions and implement personalized social-interpersonal, cognitive, behavioral, problem-solving, and psychoeducational interventions. Reproducible tools in the appendices—including forms, posters, and a parent manual—can be downloaded and printed in a convenient 8½" x 11" size.

New

CBT Treatment Plans and Interventions for Depression and Anxiety Disorders in Youth

Brian C. Chu, PhD, Rutgers University

Sandra S. Pimentel, PhD,

Montefiore Medical Center/Albert Einstein College of Medicine

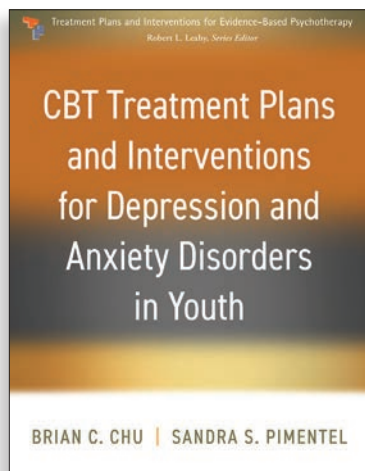
"The volume nicely interweaves CBT case formulation, assessment, and treatment practices, via detailed case studies.... It not only will guide current practice, but also will advance the next generation of clinical practice and research. This is a most welcome book whose time has come!"

—Thomas H. Ollendick, PhD

"Responding to real-world questions expressed by trainees and practitioners, Chu and Pimentel provide well-informed answers on just how to implement CBT for anxious and depressed youth. Filled with relevant examples, this book will be of great value to mental health practitioners and trainees.... Highly recommended."

—Philip C. Kendall, PhD

Going beyond one-size-fits-all approaches to treating depression and anxiety, this book is packed with tools for delivering flexible, personalized CBT to diverse children and adolescents. The authors use extended case examples to show how to conceptualize complex cases and tailor interventions to each client's unique challenges, strengths, family background, and circumstances. In a convenient large-size format, the book features vivid vignettes, sample treatment plans, therapist–client dialogues, and 49 reproducible handouts and worksheets, most of which can be downloaded and printed for repeated use. It offers pragmatic guidance for collaborating effectively with parents and with other professionals.



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New in Paperback

Treating Pathological Narcissism with Transference-Focused Psychotherapy

Diana Diamond, PhD, Frank E. Yeomans, MD, PhD, Barry L. Stern, PhD, and Otto F. Kernberg, MD

"This book provides the most integrated view of assessment and treatment of pathological narcissism to date. Detailed clinical strategies are furthered by many informative case vignettes....This is an outstanding guide for psychotherapists."

—Elsa Ronningstam, PhD

"This extraordinary book is a landmark in our understanding of the development, diagnosis, and treatment of narcissistic pathology....An invaluable resource for experienced clinicians, this book also merits inclusion in all curricula for training in psychoanalytic psychotherapy."

—Harold P. Blum, MD

Preeminent authors explore the special challenges of treating patients with narcissistic traits or narcissistic personality disorder who retreat from reality into narcissistic grandiosity, thereby compromising their lives and relationships. Assessment procedures and therapeutic strategies have been adapted from transference-focused psychotherapy (TFP), a manualized, evidence-based treatment for borderline personality disorder. Rich case material illustrates how TFP-N enables the clinician to engage patients more deeply in therapy and help them overcome relationship and behavioral problems at different levels of severity.

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| Preface | 6. The Treatment Contract and Frame |
| 1. Treating Pathological Narcissism with TFP | 7. TFP-N Early Phases |
| I. Conceptualizing Pathological Narcissism | 8. TFP-N Later Phases |
| 2. Self-Functioning in Pathological Narcissism | 9. TFP-N for Patients with Combined Narcissistic and Borderline Pathology |
| 3. Interpersonal Functioning in Pathological Narcissism | III. Pathological Narcissism in Intimate Relationships and Society |
| 4. An Overview of TFP-N | 10. Malignant Narcissism |
| II. Treating Pathological Narcissism | 11. Narcissistic Love Relations |
| 5. The Assessment and Diagnosis of Pathological Narcissism | 12. Epilogue |

New

Mentalizing in Psychotherapy

A Guide for Practitioners

Carla Sharp, PhD, University of Houston

Dickon Bevington, MA, MBBS, MRCPsych,

Anna Freud National Centre for Children and Families, London, UK

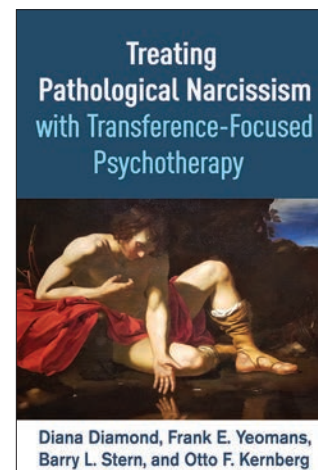
Foreword by **Peter Fonagy, OBE, FMedSci, FBA, FAcSS**

"This book could, just could, be a game changer. I very much hope that its lively style, its compassionate language, and its genuine human interest provide the foundations on which a new generation of psychologically informed, trauma-sensitive, humane, generous, and competent practitioners will emerge."

—from the Foreword

How can therapists help clients reflect more deeply on their own—and other people's—thoughts and emotions? How can the therapeutic relationship be leveraged effectively to create change? This concise book guides therapists of any orientation to incorporate innovative mentalization-based strategies into assessment and intervention. Complex ideas are clearly explained and illustrated with extensive session transcripts and vignettes.

2022, 6" x 9" Hardcover, 210 Pages, ISBN 978-1-4625-4996-2, \$35.00



2023, 6" x 9" Paperback, 470 Pages
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Hardcover (2021);
ISBN 978-1-4625-4668-8, \$95.00

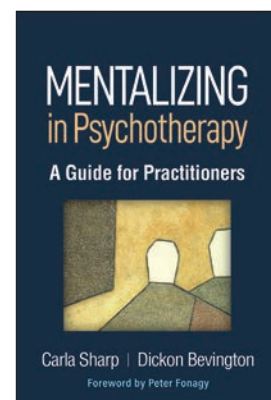
ABOUT THE AUTHORS

Diana Diamond, PhD, is Professor Emerita in the Doctoral Program in Clinical Psychology at the City University of New York.

Frank E. Yeomans, MD, PhD, is Clinical Associate Professor of Psychiatry at Weill Cornell Medical College.

Barry L. Stern, PhD, is Clinical Associate Professor of Psychology in Psychiatry at the Columbia University Vagelos College of Physicians and Surgeons.

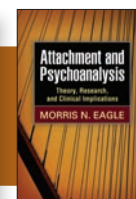
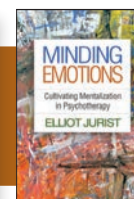
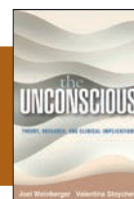
Otto F. Kernberg, MD, is Professor of Psychiatry and Director of the Personality Disorders Institute at New York Presbyterian Hospital-Weill Cornell Medical College.

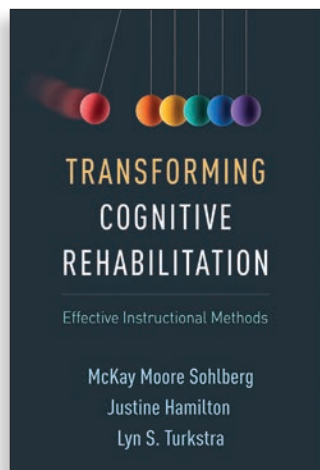


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McKay Moore Sohlberg, PhD, CCC-SLP, is Professor of Communication Disorders and Sciences at the University of Oregon, where she has been teaching, conducting research, and providing clinical training since 1994.

Justine Hamilton, MCISc, MBA, is Assistant Professor and Director of Clinical Education in the Speech-Language Pathology Program at the School of Rehabilitation Science, McMaster University.

Lyn S. Turkstra, PhD, is Assistant Dean and Professor in the Speech-Language Pathology Program at the School of Rehabilitation Science, McMaster University.

New**Transforming Cognitive Rehabilitation***Effective Instructional Methods*

McKay Moore Sohlberg, PhD
Justine Hamilton, MCISc, MBA
Lyn S. Turkstra, PhD

"This much-needed book demonstrates the need to transcend traditional boundaries, such as those between restoration and compensation or between individual cognitive processes....It will be required reading for any graduate student, intern, or postdoctoral fellow interested in learning the theory and practice of cognitive rehabilitation. Even as a practitioner of 30 years, I learned quite a lot that I will incorporate into my clinical work and future research studies." **—Sarah A. Raskin, PhD**

"This book surely lives up to its title, providing an integrated, transformative vision for the field and a set of systematic principles to guide practice in the face of evolving evidence....Case examples help clarify complex points in assessment and treatment planning." **—John Whyte, MD, PhD**

Grounded in cutting-edge knowledge about cognitive function and recovery from brain injury, this practical reference and text builds on the authors' influential earlier work, *Optimizing Cognitive Rehabilitation*. It incorporates major advances in the field to provide a new framework for assessing patients and developing individualized rehabilitation plans. The book features detailed case illustrations and filled-out examples of 19 reproducible planning and progress monitoring forms. Blank forms can be downloaded and printed in a convenient 8½" x 11" size.

CONTENTS**I. Foundations**

1. Introduction
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 4. Applying RTSS and Systematic Instruction to Cognitive Rehabilitation
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6. Training Discrete Facts and Routines
 7. Cognitive Strategy Instruction

8. External Cognitive Aid Instruction
9. Supporting Social Competence after Brain Injury

III. Special Considerations

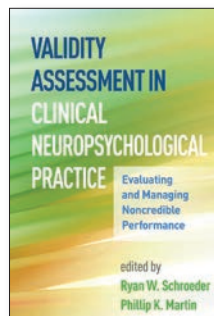
10. Cognitive Rehabilitation in the Inpatient Setting, *Hart et al.*
11. Computer-Based Cognitive Rehabilitation
12. Cognitive Rehabilitation for Functional Cognitive Symptoms, *Dunn et al.*

Appendices. Glossary of Key Memory and Learning Terms • Mindfulness Resources

Validity Assessment in Clinical Neuropsychological Practice*Evaluating and Managing Noncredible Performance*

Edited by **Ryan W. Schroeder, PsyD**
Phillip K. Martin, PhD

"I am hard pressed to think of any context or patient group that is not addressed. Schroeder and Martin are leaders in validity assessment in clinical settings, and the chapter authors include many of the best-known scientists and practitioners in this area."

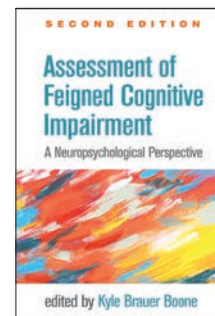
—Robert L. Heilbronner, PhD

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A dream team of contributors survey the literature in this burgeoning field. The second edition of this neuropsychology classic will be of interest to graduate students, interns, and fellows, as well as seasoned investigators and clinicians."

—Yossef S. Ben-Porath, PhD

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New

Neuropsychological Interviewing of AdultsEdited by **Yana Suchy, PhD**with **Justin B. Miller, PhD**

"One of the most important skills for neuropsychology trainees to learn is how to guide and focus the clinical interview....The interview not only helps to form the basis for the differential diagnosis, but is the key first stage of the neuropsychological exam. This book rises to the occasion."

—Dawn Bowers, PhD

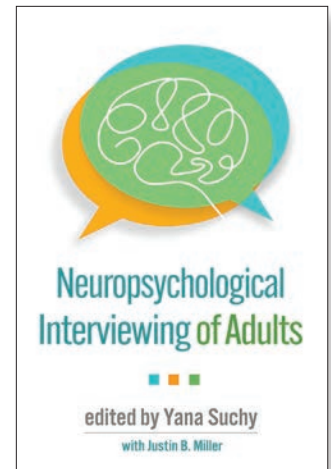
"In addition to providing an excellent overview of the foundational skills for clinical interviewing—as well as for behavioral observations and collateral interviewing—this text presents the specialized knowledge needed to interview patients in particular settings and with different neuropsychological presentations."

—Julie A. Suhr, PhD

This is the first guide to conducting effective clinical interviews as a core component of neuropsychological practice. Prominent experts provide state-of-the-art information about clinical interviewing in the context of 16 different adult populations and settings. Chapters outline critical areas of inquiry and key considerations for differential diagnosis, as well as what initial and follow-up questions to ask, rapport-building strategies, and common interviewing pitfalls. Tips for record reviews and behavioral observations are also offered.

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| 7. Movement Disorders Clinic, <i>A. K. Miller & Kubu</i> | 16. Inpatient Psychiatry, <i>Marcopulos & Arredondo</i> |
| 8. Cerebrovascular Accident, <i>Haaland & Hergert</i> | 17. Inpatient Rehabilitation, <i>Stucky & Golla</i> |
| 9. Multiple Sclerosis, <i>Emmert & Benedict</i> | |

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ABOUT THE EDITOR

Yana Suchy, PhD, ABPP-CN, is Professor of Psychology at the University of Utah, where she has been extensively involved in training graduate students in the art of clinical interviewing, as well as in training and supervision of neuropsychological assessment.

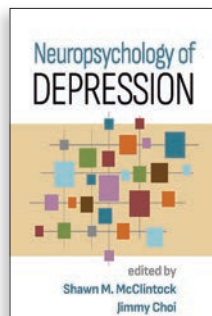
Neuropsychology of Depression

Edited by

Shawn M. McClintock, PhD, MSCS
Jimmy Choi, PsyD

"A masterpiece....Chapters take the reader on a journey that encompasses the clinical conceptualization and expression of depression and associated neurocognitive disorders, the neurobiology of these disorders, and the broad array of therapeutic options and approaches. I will recommend this book to my colleagues and students as a 'go-to' resource when diagnosing and treating patients with mood disorders."

—Kathleen A. Welsh-Bohmer, PhD



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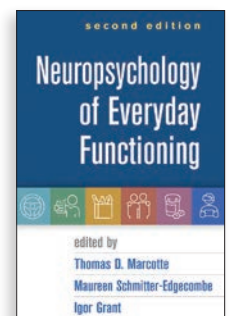
Neuropsychology of Everyday Functioning
SECOND EDITION

Edited by

Thomas D. Marcotte, PhD
Maureen Schmitter-Edgecombe, PhD
Igor Grant, MD

"The second edition of this well-written, practical, sometimes thought-provoking and always easy-to-digest book about everyday functioning is a welcome treat. It covers a breadth of topics, from driving to medication management, cultural issues, sensors, virtual reality, and more."

—Barbara A. Wilson, OBE, PhD



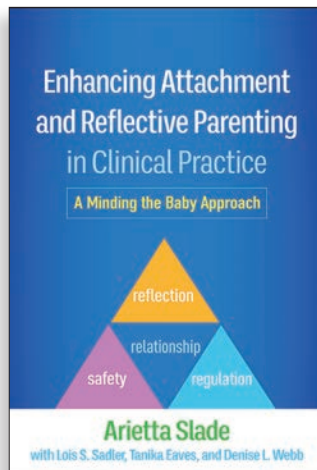
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New

Enhancing Attachment and Reflective Parenting in Clinical Practice

A Minding the Baby Approach

Arietta Slade, PhD, Yale University School of Medicine

with **Lois S. Sadler, PhD, RN, FAAN, Tanika Eaves, PhD, LCSW**, and **Denise L. Webb, MSN, APRN**

"This outstanding, beautifully written book gives clinicians an understanding of how to apply Minding the Baby (MTB) principles with parents of infants and young children. It is by far the very best description of applied attachment theory and the concept of mentalizing available for a clinical audience."

—Ruth Paris, PhD

"This much-needed book fills an important gap in the literature on parenting interventions. It will serve as a go-to resource for mental health providers from a range of disciplines....The Clinician Mentalizing Self-Assessment feature is simply brilliant."

—Alicia F. Lieberman, PhD

Described are effective ways to support safety and self-regulation in parents with histories of trauma and adversity, giving them a stronger foundation for seeing, hearing, and connecting to their children. The book distills principles of the influential MTB home visiting program, as well as contemporary attachment and mentalization research. Vivid case material illustrates therapeutic strategies that can be used with parents and children in any clinical context. End-of-chapter "Questions for Clinicians" help readers apply the concepts discussed, with special attention to developing their own reflective capacities.

New

Fathers and Violence

A Program to Change Behavior, Improve Parenting, and Heal Relationships

Carla Smith Stover, PhD, Yale University

Foreword by **Linda C. Mayes, MD**

"Provides a roadmap of the knowledge, skills, and strategies that mental health service providers need for critical conversations with fathers who have used violence in their families."

—Katreena Scott, PhD, CPsych

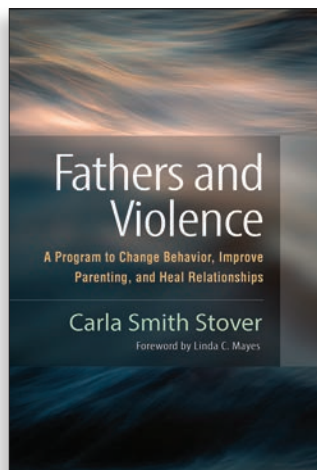
"Rich case examples, sample scripts for introducing interventions, and client handouts make this an invaluable guide for graduate classes and internship training settings, as well as for experienced clinicians."

—Norman B. Epstein, PhD

"Stover presents an inclusive and sensitive approach to the important issue of healing following family violence."

—Jill D. Stinson, PhD

This highly accessible book presents a new approach to treating men who use violence against their partners and/or children. The Fathers for Change (F4C) program has a unique focus on fostering fathers' accountability and reflective functioning, and repairing father-child relationships. Grounded in theory and research, it addresses a key need for parents who want to stay together or coparent successfully in the aftermath of violence, while prioritizing all family members' safety. Clinicians learn how to implement each component of F4C, from assessment to individual-focused work to coparent and family sessions, if appropriate. Illustrative case vignettes are featured throughout. An appendix provides 32 reproducible forms, worksheets, and handouts that can be downloaded (many in a fillable format) and printed as needed.



Includes Reproducible Forms,
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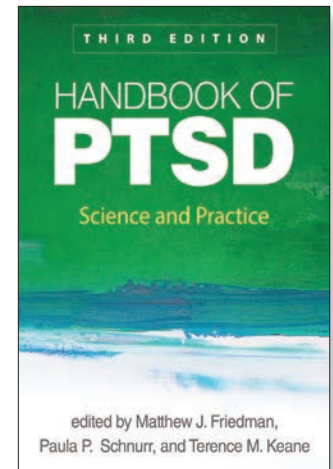
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"Should be on the bookshelf of every clinician who treats PTSD, every graduate student who wants to do so, and every trauma researcher. The editors are the rock stars of PTSD. Comprehensive yet accessible, this work is a testament to all the scientific and clinical progress that has been achieved in the field."

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"This volume fully updates the field and is a cornucopia of synthesis, integration, and review of the cradle-to-grave issues involving PTSD....This book should be kept within arm's reach of clinicians, researchers, and educators, and is an excellent text for a graduate course on traumatic stress."

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November 3, 2023

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ABOUT THE EDITORS

Matthew J. Friedman, MD, PhD, before retiring in 2022, was founder and Director of the National PTSD Brain Bank; Senior Advisor to the National Center for PTSD, where he served for 24

years as Executive Director; and Professor and Vice Chair for Research in the Department of Psychiatry at the Geisel School of Medicine at Dartmouth.



Paula P. Schnurr, PhD, is cofounder and Executive Director of the National Center for PTSD and Professor of Psychiatry at the Geisel School of Medicine at Dartmouth.



Terence M. Keane, PhD, is Director of the Behavioral Sciences Division of the National Center for PTSD, Associate Chief of Staff for Research at the VA Boston Healthcare System, and

Professor of Psychiatry and Assistant Dean for Research at Boston University School of Medicine.

CONTENTS**I. Historical Overview**

1. PTSD from DSM-III to DSM-5
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3. Historical Roots of the PTSD Construct

II. Scientific Foundations and Theoretical Perspectives

4. Epidemiology of Trauma and PTSD in Adults
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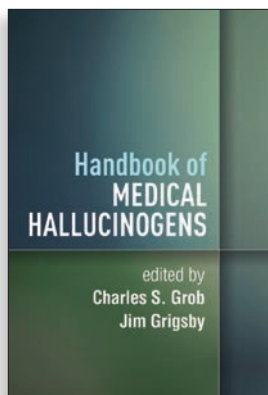
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Handbook of Medical Hallucinogens

Edited by **Charles S. Grob, MD**,
University of California, Los Angeles;
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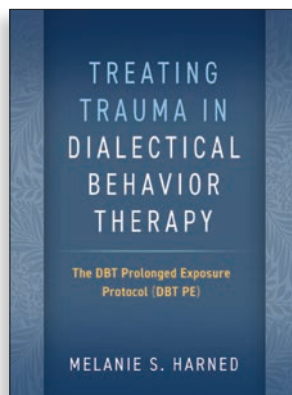
Jim Grigsby, PhD, ABPP,
University of Colorado

“This book can benefit all, from novice to expert. Grob and Grigsby take the reader on a journey through all aspects of medical hallucinogens, including their neuroscience, therapeutic considerations, and more. The book dives into individual hallucinogens and incorporates contributions from leading experts in the field. This is the ideal reference and text for the current renaissance of psychedelic research.” —**Rick Doblin, PhD**

This handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric problems as PTSD, major depression, substance use disorders, and end-of-life anxiety. Experts from multiple disciplines synthesize current knowledge on psilocybin, MDMA, ketamine, and other medical hallucinogens. The volume comprehensively examines these substances' neurobiological mechanisms, clinical effects, therapeutic potential, risks, and anthropological and historical contexts.

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Melanie S. Harned, PhD, ABPP,
University of Washington

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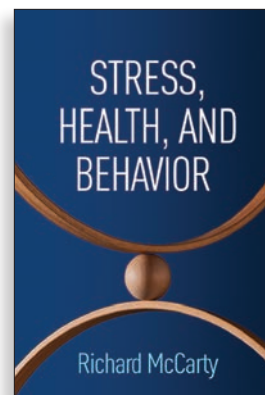


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New

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Vanderbilt University

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Exposure to stressful life experiences can disrupt key regulatory systems in the body and contribute to a variety of negative health outcomes. This authoritative text takes a biopsychosocial approach to understanding the role of stress in alcohol use disorder, PTSD, depression, cardiovascular disease, type 2 diabetes, cancer, and other chronic diseases. It presents cutting-edge knowledge about how stressors are conceptualized and measured; connections to disease processes; systemic racism as a significant, ongoing stressor for people of color; and factors that promote resilience.

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Working with Family Members

Jane Ellen Smith, PhD

Robert J. Meyers, PhD

Foreword by **William R. Miller, PhD**

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Packed with practical tools, this authoritative manual offers a complete guide to implementing the evidence-based Community Reinforcement and Family Training (CRAFT) program. Jane Ellen Smith and Robert J. Meyers have spent decades developing and refining their approach for helping concerned significant others (CSOs) of treatment-refusing individuals with substance use problems. The volume features step-by-step implementation guidelines, case examples, sample dialogues, troubleshooting tips, and 28 reproducible forms and handouts that can be downloaded and printed in a convenient 8½" x 11" size.

CONTENTS

Foreword, Miller

1. What Is CRAFT?

2. Informing and Motivating the CSO

3. Functional Analysis of a Loved One's Drinking or Using Behavior

4. Improving CSOs' Communication Skills

5. Rewarding Non-Using Behavior

6. Functional Analysis of a Loved One's Fun, Healthy Behavior

7. Withdrawing Rewards for Using Behavior

8. Allowing for Natural, Negative Consequences of Use

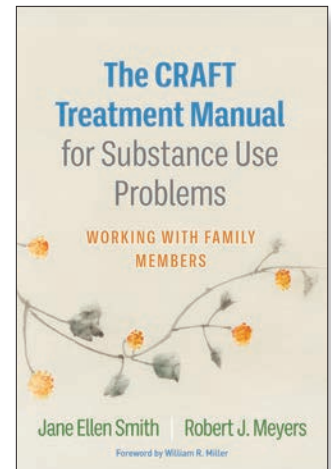
9. Problem Solving

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12. Using the Community Reinforcement Approach with the Identified Patient

13. Scientific Support for CRAFT



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ABOUT THE AUTHORS



Jane Ellen Smith, PhD, is Professor of Psychology at the University of New Mexico (UNM). She was the first woman to be tenured in the Psychology Department, to become Director of Clinical Training, and to become Chair of the Department, a role she filled for 12 years.



Robert J. Meyers, PhD, is Director of Robert J. Meyers, PhD, and Associates, and is Emeritus Research Associate Professor of Psychology at UNM, where his primary affiliation is with the Center on Alcohol, Substance use, And Addictions (CASAA).

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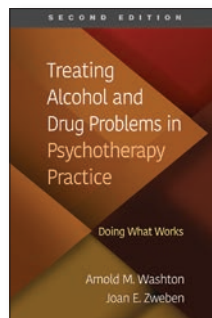
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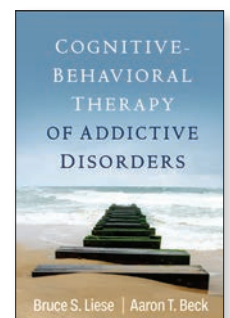
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In this compelling book, prominent investigators Mario Mikulincer and Phillip R. Shaver review the state of the science of attachment-based interventions in psychotherapy and beyond. They critically evaluate a range of programs that aim to strengthen parent-child, couple, and therapist-client relationships. The theoretical and empirical underpinnings of each intervention are examined, as are specific techniques used to enhance felt security and foster personal growth. The book also looks at evidence-based interventions outside the mental health domain, including programs that target teacher-student relationships and academic performance. Looking to the future, the authors discuss emerging applications of attachment theory in medicine and health care, management and organizational behavior, and group and intergroup processes.

New

Attachment Theory Expanded

*Security Dynamics in Individuals, Dyads, Groups, and Societies***Mario Mikulincer, PhD****Phillip R. Shaver, PhD**

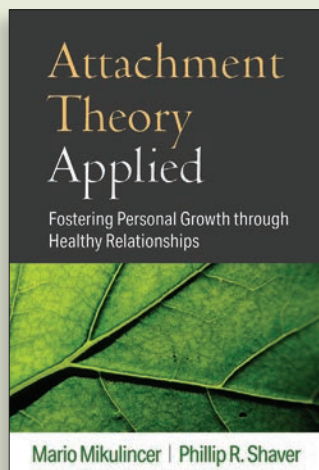
"Mikulincer and Shaver, two of our leading and most creative attachment theorists, have written an outstanding book that elevates attachment theory and future research to new levels. Their ambitious expansion of the theory to explain security dynamics beyond individuals to dyads, groups, and societal units is one of the boldest and most important extensions of the theory since Bowlby's original formulations."

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—Harry T. Reis, PhD

This book takes an expansive look at the nature and functions of security dynamics in personal and social relationships. Mario Mikulincer and Phillip R. Shaver examine how attachment operates not only in close dyadic relationships (parent-child, romantic partners), but also between teachers and students, therapists and clients, physicians and patients, leaders and followers, and within organizations. Also considered is the nature of "attachments" to objects; commercial brands; substances, such as foods and drugs; and places. The book highlights ways to integrate attachment theory with other influential social and psychological theories concerning factors that enable individuals, groups, and societies to flourish despite inevitable threats, conflicts, and losses.



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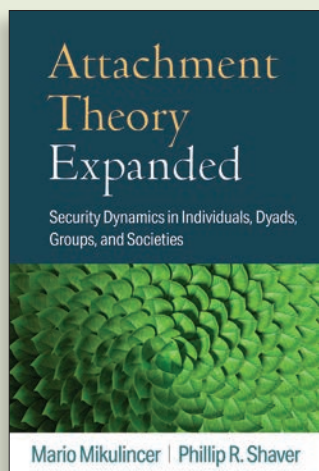
ABOUT THE AUTHORS



Mario Mikulincer, PhD, is Professor of Psychology and Founding Dean of the Baruch Ivcher School of Psychology at Reichman University in Israel.



Phillip R. Shaver, PhD, is Distinguished Professor Emeritus of Psychology at the University of California, Davis.



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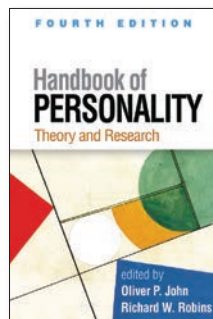
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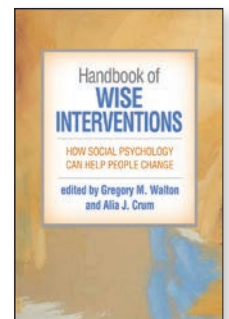
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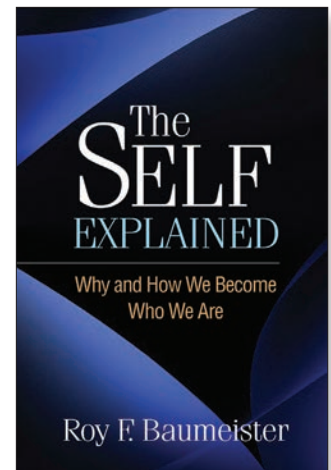
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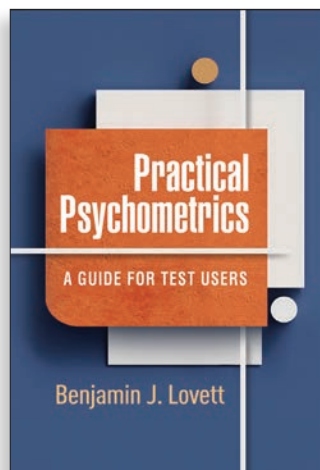


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ABOUT THE AUTHOR

Roy F. Baumeister, PhD, is Professor Emeritus of Psychology at Florida State University and at the University of Queensland in Australia. One of social psychology's most highly cited researchers, Dr. Baumeister has been conducting research, teaching, and thinking about the human self since the 1970s. Dr. Baumeister is a recipient of awards including the Distinguished Lifetime Achievement Award from the International Society for Self and Identity and the William James Fellow Award, the highest honor of the Association for Psychological Science.



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This is the first practitioner-oriented guide to basic psychometrics—the science behind test construction and validation. It can be used as a course text or clinical reference for anyone who needs to select and administer diagnostic tests or review test score data obtained by others. Without assuming any mathematical background, the author describes the fundamentals of diagnostic testing, how to interpret score data, and how specific tests are used in school psychology, special education, counseling, and other contexts. Concepts such as reliability, validity, and fairness and test bias are explained in an accessible, conversational way. Detailed case examples illustrate the dos and don'ts of presenting test score data to clients, parents, and teachers in oral feedback and written reports.

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Handbook of Structural Equation Modeling SECOND EDITION

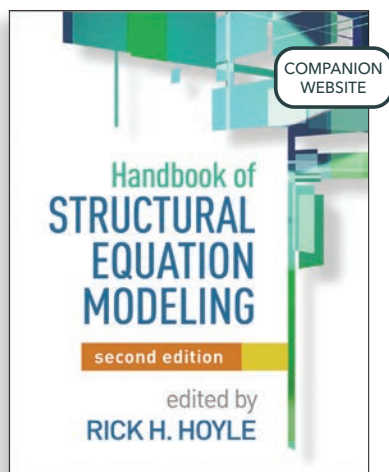
Edited by **Rick H. Hoyle, PhD**, Duke University

"This handbook is an outstanding desk reference on a wide variety of advanced and foundational topics. I recommend it either for personal use or for a class with students with strong quantitative backgrounds. The second edition has excellent coverage of exciting developments regarding analysis of longitudinal data. The chapter authors are a 'who's who' of the field."

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NEW TO THIS EDITION: ✓ Chapters on composite SEM, also called partial least squares path modeling or variance-based SEM; conducting SEM analyses in small samples; and recent developments in mediation analysis. ✓ Coverage of new reporting standards for SEM analyses; piecewise SEM, also called confirmatory path analysis; comparing alternative models fitted to the same data; and issues in multiple-group SEM. ✓ Extended tutorials on techniques for dealing with missing data in SEM and instrumental variable methods to deal with confounding of target causal effects.

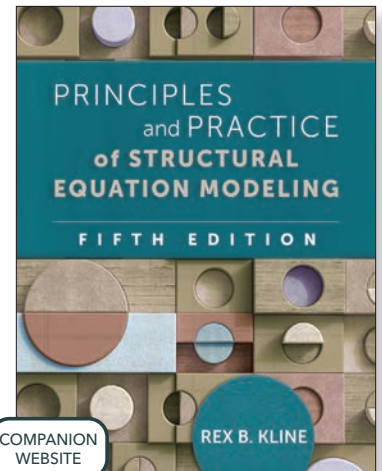
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"A wonderful introductory book that can be used by individuals without extensive quantitative backgrounds. I use this book to teach an introductory SEM course, but I also use it as a personal reference for my research. It is very readable, which is the number-one reason why I assign this text to my students. I love the walk-through examples with references to real data and syntax. I have always liked Kline's practical recommendations, and they continue to be really helpful for newbies to SEM—my students constantly reference these sections."

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ABOUT THE AUTHOR



Rex B. Kline, PhD, is Professor of Psychology at Concordia University in Montréal, Québec, Canada. Since earning a doctorate in clinical psychology, he has conducted research on the psychometric evaluation of cognitive abilities, behavioral and scholastic assessment of children, SEM, training of researchers, statistics reform in the behavioral sciences, and usability engineering in computer science.

PEDAGOGICAL FEATURES

- New self-test of knowledge about background topics (significance testing, regression, and psychometrics) with scoring key and online primers.
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- Topic boxes on special issues and boxed rules to remember.
- Website promoting a learn-by-doing approach, including data, extensively annotated syntax, and output files for all the book's detailed examples.

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15. Structural Regression Models
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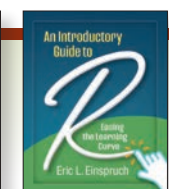
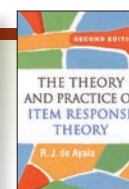
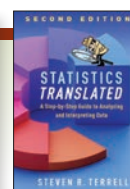
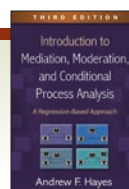
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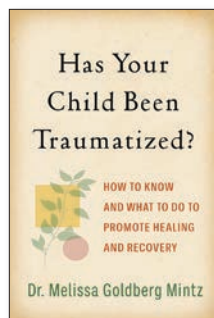
Melissa Goldberg Mintz, PsyD,

Baylor College of Medicine

Foreword by **Jon G. Allen, PhD**

"In this era of exposure to violence of all types, this book represents a critical step forward in equipping parents to recognize the signs and symptoms of trauma. It also guides parents to develop a step-by-step approach for helping their child recover. A welcome, important contribution." **—Terence M. Keane, PhD**

Psychologist Melissa Goldberg Mintz explains what trauma looks like at different ages and why kids exposed to the same event may react very differently. Readers learn skills and strategies for recognizing trauma triggers and solving common problems on the path to recovery, such as emotional volatility, withdrawal and avoidance, and acting out. Sensitive examples illustrate the importance of strong, warm parenting as a key to getting development back on track. The book also offers specific advice on when and how to seek professional help.



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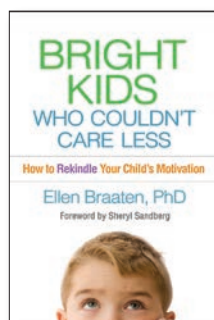
Ellen Braaten, PhD,

Massachusetts General Hospital/
Harvard Medical School

Foreword by **Sheryl Sandberg**

"The book throws a lifeline to parents struggling to understand a kid who seems to have given up. I would recommend this book to any parents looking to discover and enjoy their child's strengths." **—Lisa Damour, PhD**

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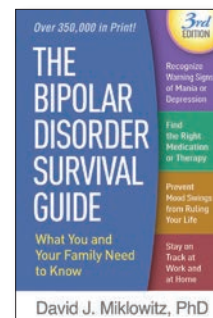
David J. Miklowitz, PhD,

UCLA School of Medicine and Semel
Institute for Neuroscience and Human
Behavior; University of Oxford, UK

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This indispensable guide has helped hundreds of thousands of patients and their family members take charge of bipolar disorder and reclaim their lives. Grounded in the author's pioneering family-focused psychoeducational treatment approach, the book is filled with practical self-assessment and self-management strategies. Readers learn how to collaborate effectively with treatment providers, avoid misdiagnosis, reduce recurrences of mood symptoms, make needed lifestyle changes to stay well, and strengthen relationships strained by the illness.



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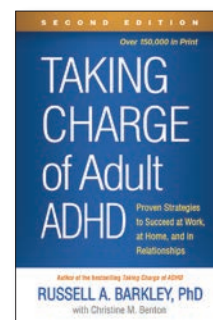
**Russell A. Barkley, PhD, ABPP,
ABCN,** Virginia Commonwealth

University School of Medicine (retired)
with **Christine M. Benton,** Chicago, IL

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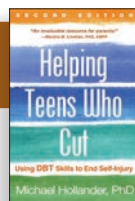
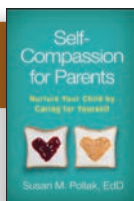
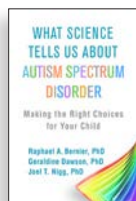
"Barkley, a foremost researcher in the field, helps adults with ADHD understand and cope with impairments while also developing their strengths.... This book is a valuable resource." **—Thomas E. Brown, PhD**

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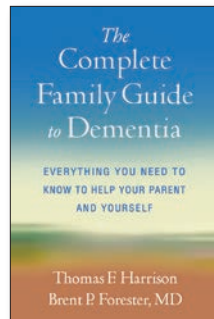
Everything You Need to Know to Help Your Parent and Yourself

Thomas F. Harrison, Cambridge, MA
Brent P. Forester, MD,

McLean Hospital; Mass General
Brigham; Harvard Medical School

“Two dedicated experts walk caregivers through everything from understanding a loved one’s diagnosis to dealing with the entire range of expected medical, psychiatric, and behavioral issues. Most important, this book is a guide to building the best possible relationship with the person who is living and even thriving in spite of their cognitive changes.”
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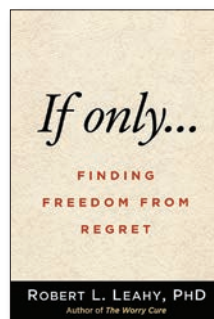
Robert L. Leahy, PhD,

Weill Cornell Medical College;
American Institute for Cognitive Therapy

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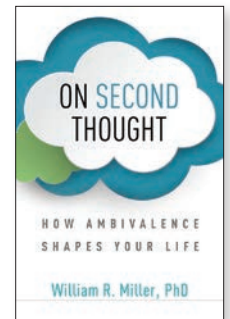
How Ambivalence Shapes Your Life

William R. Miller, PhD,

University of New Mexico (Emeritus)

“Dr. Miller is a trailblazer in psychology—he combines a scientist’s expertise with a therapist’s empathy, and I have no ambivalence about recommending his book. His wisdom will stay with you long after you’ve finished the last page.”
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Michael P. Nichols, PhD,

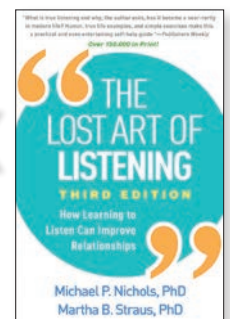
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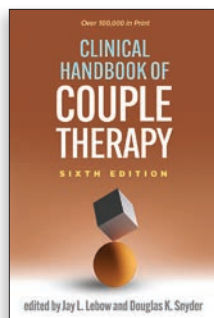
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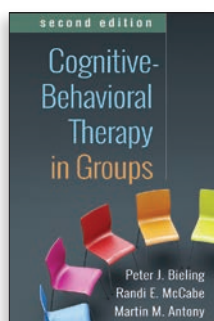
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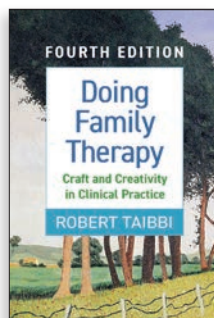
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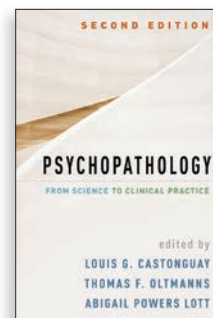
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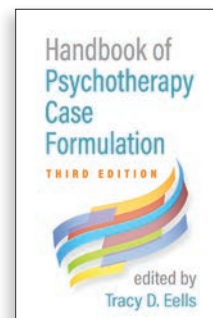
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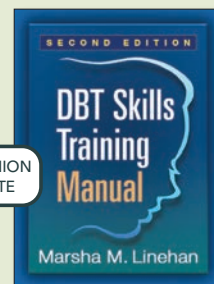
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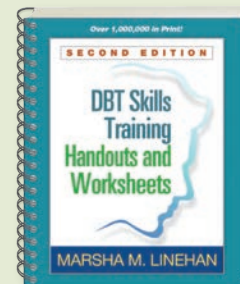
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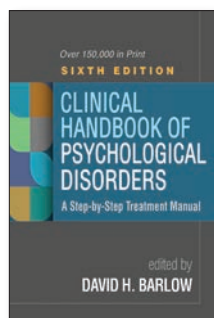
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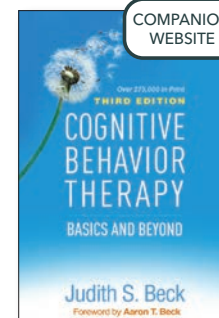
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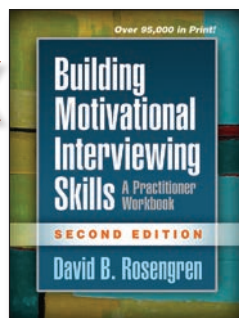
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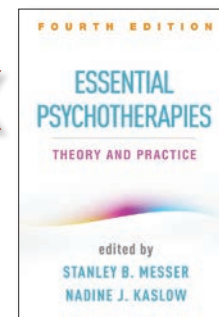
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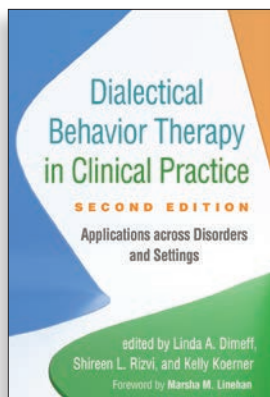
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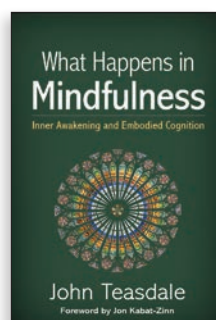
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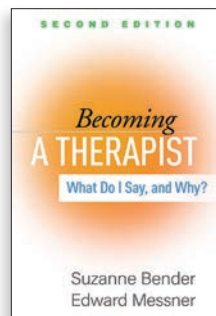
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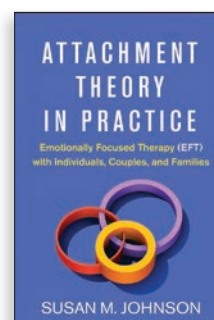
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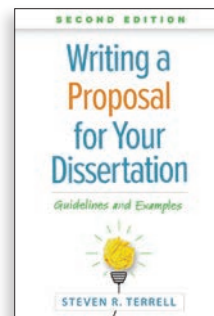
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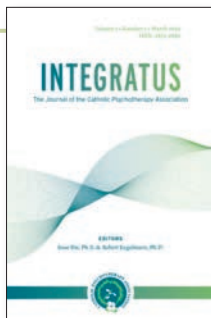
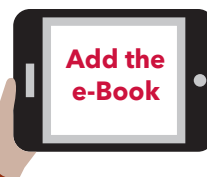
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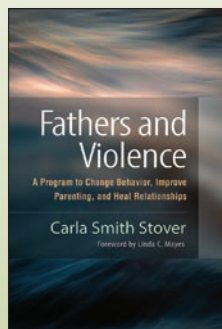
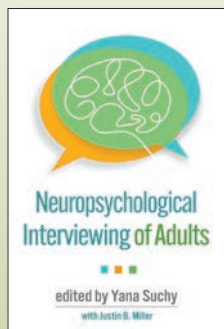
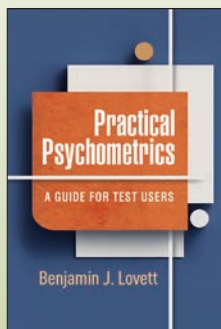
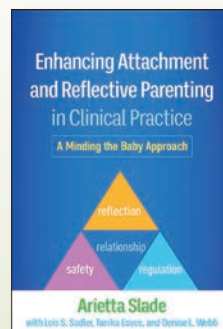
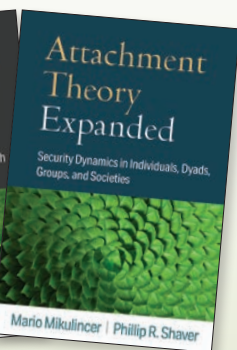
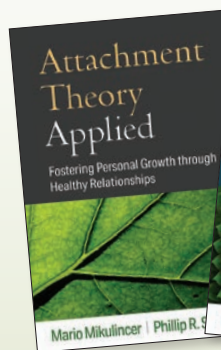
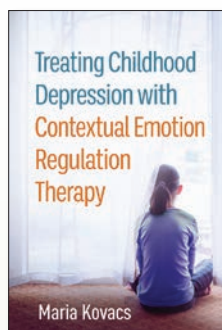
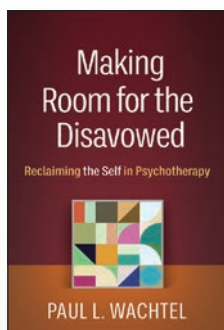
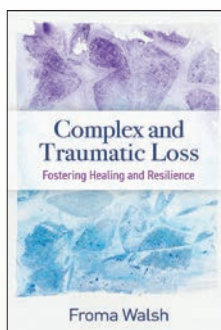
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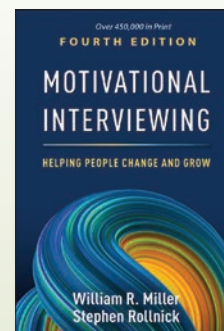
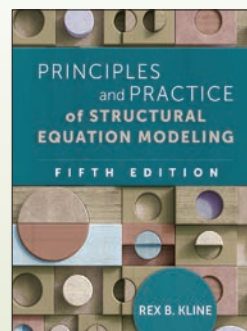
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