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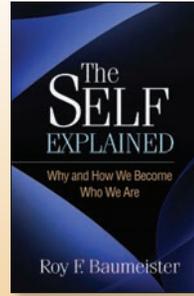
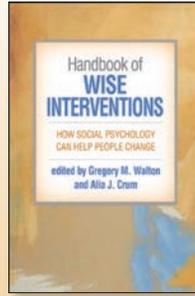
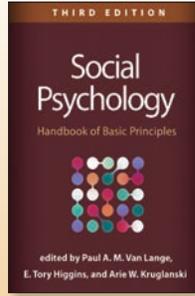
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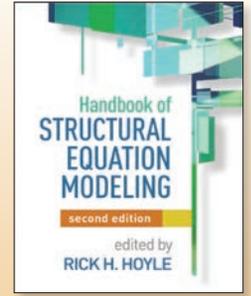
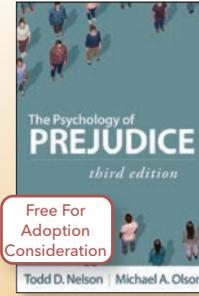
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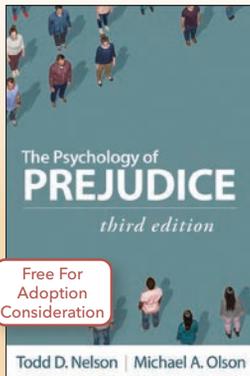
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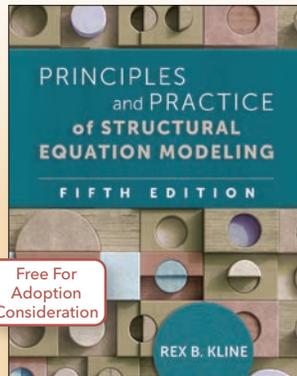
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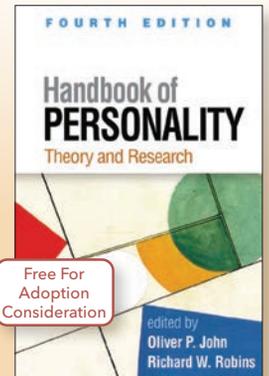
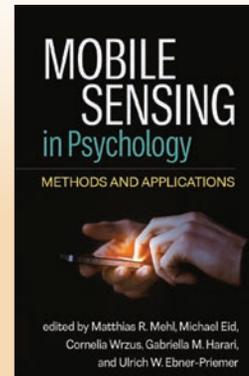
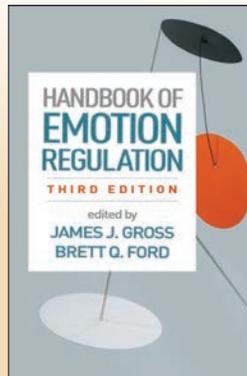
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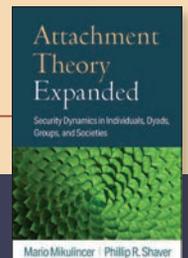
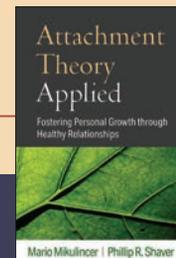
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New Edition—Revised & Expanded!

The Psychology of Prejudice

THIRD EDITION

Todd D. Nelson, PhD

Michael A. Olson, PhD

Addressing core questions about prejudice and stereotyping—their causes, consequences, and how to reduce them—this noted text is now in a thoroughly revised third edition with 50% new material. Written in an engaging, conversational style, the book brings social psychological theories and research to life with compelling everyday examples. The text explores the personal and societal impacts of different forms of prejudice. Students learn about the cognitive, emotional, motivational, contextual, and personality processes that make stereotyping and prejudice more (or less) likely to occur. The book reviews anti-bias interventions and critically evaluates the evidence for their effectiveness. Every chapter concludes with an instructive glossary and discussion questions.

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“I look forward to using Nelson and Olson’s book as the primary text in my undergraduate courses on stereotyping, prejudice, and intergroup relations. The book is easy to read, covers a century-long history of social psychological research on stereotyping and prejudice from several perspectives, and addresses prejudice in different intergroup contexts. I particularly like the discussion questions at the end of each chapter, which will help students truly engage with the material and with one another.”

—Kimberly Rios, University of Illinois at Urbana-Champaign

“The third edition is meticulously updated and enriched with the latest research and contemporary examples... By delving into the psychological mechanisms at play, the text offers profound insights into why prejudice persists and how it can be effectively addressed to foster a more inclusive and equitable society. This is an indispensable text for undergraduate courses on the psychology of prejudice.”

—Jeff Stone, University of Arizona

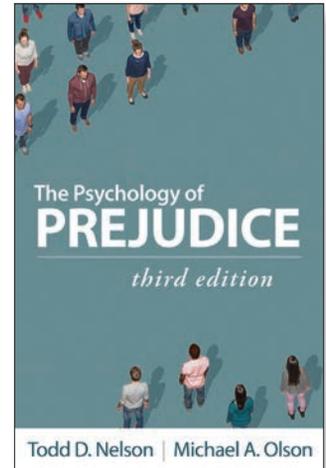
“This book offers a comprehensive examination of the study of intergroup bias. While much of the literature in the field focuses on Black/White relations, the third edition also addresses sexism, ageism, heterosexism, and anti-fat prejudice, detailing the nuances associated with different forms of prejudice. Importantly, the final chapter is devoted to the reduction of prejudice. I appreciate the way the book discusses the historical foundations of this work while also bringing us up to date on contemporary perspectives and questions. This book is a perfect companion for all students of prejudice, regardless of their career stage.”

—Keith B. Maddox, Tufts University

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ABOUT THE AUTHORS

Todd D. Nelson, PhD, is Professor of Psychology at California State University, Stanislaus. His research focuses on prejudice and stereotyping, with special emphasis on ageism. A Fellow of the Society for Experimental Social Psychology, Dr. Nelson has authored or edited a number of books on social psychology, prejudice, and ageism.

Michael A. Olson, PhD, is Professor of Psychology at the University of Tennessee. Much of his research centers on implicit bias, measures of implicit cognition, prejudice reduction, and intergroup relations. He also advocates for and conducts training sessions on diversity, equity, and inclusion.

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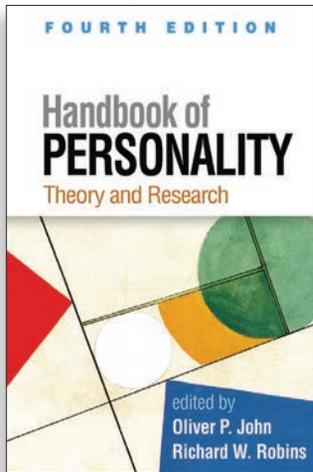
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ABOUT THE EDITORS

Oliver P. John, PhD, is Professor of Psychology and Research Psychologist at the Institute of Personality and Social Research at the University of California, Berkeley.

Richard W. Robins, PhD, is Professor of Psychology at the University of California, Davis, where he is Director of the Personality, Self, and Emotions Laboratory; Director of the California Families Project; and a member of the core faculty for the National Institute of Mental Health Training Program in Affective Science.

Handbook of Personality

FOURTH EDITION

Theory and Research

Edited by **Oliver P. John, PhD** and **Richard W. Robins, PhD**

In this definitive reference and text, prominent researchers explore how personality emerges from and interacts with biological, developmental, cognitive, affective, and social processes, and the implications for well-being and health. Innovative research programs and methods are presented throughout. The concluding section showcases emerging issues and new directions in the field.

The fourth edition features expanded coverage of personality development, with chapters on the over-all life course, middle childhood, adolescence, and early adulthood; three new chapters on affective processes, plus chapters on neurobiology, achievement motivation, cognitive approaches, narcissism, and other new topics; a section on cutting-edge issues: personality interventions, personality manifestations in everyday life, geographical variation in personality, self-knowledge, and the links between personality and economics; and added breadth and accessibility—42 concise chapters, compared to 32 in the prior edition.

CRITICAL ACCLAIM

“This handbook is a powerful example of the breadth of the field. The contributions of over 75 leading scholars are organized into one volume. This fourth edition will be required reading for graduate students and will help scholars continue to integrate the diverse approaches to personality.”

—William Revelle, Northwestern University

“This fourth edition is a tour de force! Chapters cover the gamut of contemporary personality theory and research, ranging from biological to cultural approaches...The writing is engaging and clear, at a level of detail suitable for graduate students and advanced undergraduates; instructors can pick and choose chapters and the order in which they appear in a syllabus. This is a terrific resource.”

—Jennifer Crocker, The Ohio State University

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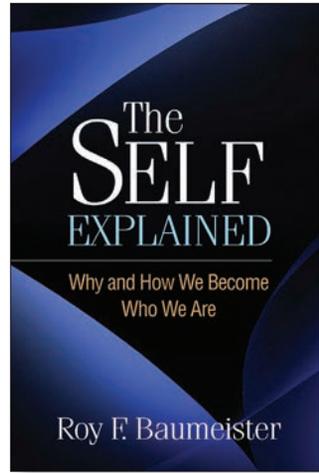
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The Self Explained
Why and How We Become Who We Are
Roy F. Baumeister, PhD

“Not since William James has anyone contributed more to the study of the self than Roy Baumeister. Trenchant and insightful, this book integrates an enormously broad and interdisciplinary literature to offer a novel take on what makes us who we are. As Baumeister convincingly shows, it is our social and cultural nature that has given us a self, and this guides what our selves are ultimately for.”
 –Steven J. Heine, University of British Columbia

“Baumeister is the world’s leading expert on the self. He provides a new model of the self and offers a staggering amount of evidence that supports this framework... This masterful, comprehensive volume will guide the future scientific study of the self, and will be wonderful for use in undergraduate or graduate seminars.”
 –C. Nathan DeWall, University of Kentucky

The idea of the self is immediately familiar to everyone, yet elusive to define and understand. From pioneering researcher Roy F. Baumeister, this volume synthesizes a vast body of knowledge to provide a panoramic view of the human self—how it develops and functions, why it exists, and what problems it encounters on the journey through life. What are the benefits of self-knowledge, and how attainable is it? Do we have one self, or many? What is the relationship of self and society? In 28 concise chapters, Baumeister explains complex concepts with clarity and insight. He reveals the central role played by the self in enabling both individuals and cultures to thrive.



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ABOUT THE AUTHOR



Roy F. Baumeister, PhD, is Professor Emeritus of Psychology at Florida State University and at the University of Queensland in Australia. One of social psychology’s most highly cited researchers, Dr. Baumeister has been conducting research, teaching, and thinking about the human self since the 1970s. He is a recipient of awards including the Distinguished Lifetime Achievement Award from the International Society for Self and Identity and the William James Fellow Award, the highest honor of the Association for Psychological Science.

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- I. The Remarkable Human Self:** What Is the Self? • The Self in Social Context • How the Modern Western Self Took Shape • Different Societies Make Different Kinds of Selves • Four Pitfalls of Self Theories
- II. Why Do We Have Selves?:** Some Beginnings of Self • How Baby Grows Up to Have a Working Self • Human Groups Need (and Shape) Selves • Moral Reputation as a Foundation of Self • The Unity Project
- III. Know Thyself:** Self-Awareness • What Sort of Knowledge Is Self-Knowledge? • Why Know Thyself? • Building Self-Knowledge • Self-Esteem • Accuracy and Illusion in Self-Beliefs
- IV. The Self as Active Agent:** The Self in Action • Self-Regulation and Self-Control • Decision Making, Autonomy, and Free Will
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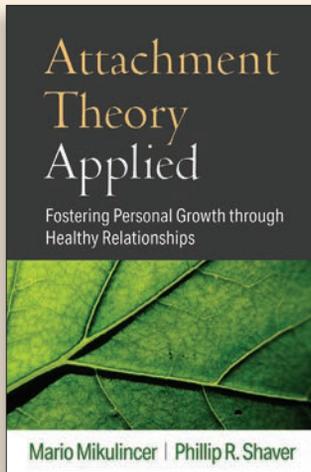
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ABOUT THE AUTHORS



Mario Mikulincer, PhD, is Professor of Psychology and Founding Dean of the Baruch Ivcher School of Psychology at Reichman University in Israel. His research interests include attachment processes in adulthood, terror management theory, personality processes in interpersonal relationships, evolutionary psychology, human learned helplessness and depression, trauma and posttraumatic processes, and coping with stress.



Phillip R. Shaver, PhD, is Distinguished Professor Emeritus of Psychology at the University of California, Davis. He has published numerous books, including *Handbook of Attachment*, and over 400 journal articles and book chapters. Dr. Shaver's research focuses on attachment, human motivation and emotion, close relationships, personality development, and the effects of meditation on behavior and brain.

New

Attachment Theory Applied

Fostering Personal Growth through Healthy Relationships

Mario Mikulincer, PhD
Phillip R. Shaver, PhD

In this compelling book, prominent investigators Mario Mikulincer and Phillip R. Shaver review the state of the science of attachment-based interventions in psychotherapy and beyond. They critically evaluate a range of programs that aim to strengthen parent-child, couple, and therapist-client relationships. The theoretical and empirical underpinnings of each intervention are examined, as are specific techniques used to enhance felt security and foster personal growth. The book also looks at evidence-based interventions outside the mental health domain, including programs that target teacher-student relationships and academic performance. Looking to the future, the authors discuss emerging applications of attachment theory in medicine and health care, management and organizational behavior, and group and intergroup processes.

CRITICAL ACCLAIM

"This book from groundbreaking researchers reviews, organizes, and condenses the sprawling literature on attachment-based interventions; highlights what has been learned and what needs to be studied further; and suggests new domains of application. Thought provoking, inspiring, clearly written, and extremely useful, the volume is likely to be of interest to many different kinds of professionals, as well as students. Highly recommended!"

-Jude Cassidy, University of Maryland, College Park

"This magnificent book demonstrates the powerful effects of secure attachments throughout the life cycle and across essential domains. With academic virtuosity, the authors, leading scholars in the field, summarize a tremendous body of work in accessible and actionable terms....This book should be mandatory reading for students in the health and social sciences, practitioners in the caring professions, and organizational leaders at all levels. Read it, use it, talk about it."

-Isaac Prilleltensky, University of Miami

"A wonderful and engaging explanation of how attachment-theoretical principles can be used to improve security and foster interpersonal relationships. This volume does an excellent job of presenting the core theoretical ideas, reviewing how they have been tested in empirical research, and describing how they can be applied in a variety of settings....A joy to read and an outstanding intellectual contribution."

-R. Chris Fraley, University of Illinois at Urbana-Champaign

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New

Attachment Theory Expanded

Security Dynamics in Individuals, Dyads, Groups, and Societies

Mario Mikulincer, PhD
Phillip R. Shaver, PhD

From pioneering attachment researchers, this book takes an expansive look at the nature and functions of security dynamics in personal and social relationships. Mario Mikulincer and Phillip R. Shaver examine how attachment operates not only in close dyadic relationships (parent-child, romantic partners), but also between teachers and students, therapists and clients, physicians and patients, leaders and followers, and within organizations. Also considered is the nature of “attachments” to objects; commercial brands; substances, such as foods and drugs; and places. The book highlights ways to integrate attachment theory with other influential social and psychological theories concerning factors that enable individuals, groups, and societies to flourish despite inevitable threats, conflicts, and losses.

CRITICAL ACCLAIM

“Mikulincer and Shaver, two of our leading and most creative attachment theorists, have written an outstanding book that elevates attachment theory and future research to new levels. Their ambitious expansion of the theory to explain security dynamics beyond individuals to dyads, groups, and societal units is one of the boldest and most important extensions of the theory since Bowlby’s original formulations. This book is a ‘must read’ for anyone interested in attachment processes and dynamics.”

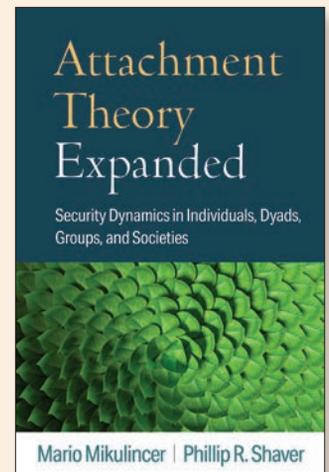
—Jeffrey A. Simpson, University of Minnesota

“More than any other scholars, Mikulincer and Shaver have led the evolution of attachment from a theory of early child development to a lifespan model of relationships and emotions. This far-reaching and deeply integrative book takes attachment theory the next step forward....Spanning diverse theories and a cornucopia of research, Mikulincer and Shaver’s eloquent, incisive account is sure to stimulate the intellectual appetites of novice and experienced scholars alike.”

—Harry T. Reis, University of Rochester

“This highly accessible volume not only updates traditional attachment theory, but also links it to other contemporary perspectives in motivation, positive psychology, and mental health. Destined to become a classic, this book is relevant to scholars, students, and practitioners across the fields of social, clinical, and developmental psychology.”

—Richard M. Ryan, Australian Catholic University; Ewha Womans University, South Korea



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4. Facing Threats and Challenges: Seeking a Safe Haven and Secure Base for Exploration

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12. Wrapping Up, Taking Stock

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Attachment Theory Applied showcases established and emerging interventions in psychotherapy and beyond. *Attachment Theory Expanded* explores new directions in understanding how individuals, groups, and societies flourish. **Order both books for \$89.95 instead of \$120.00 if bought separately!**

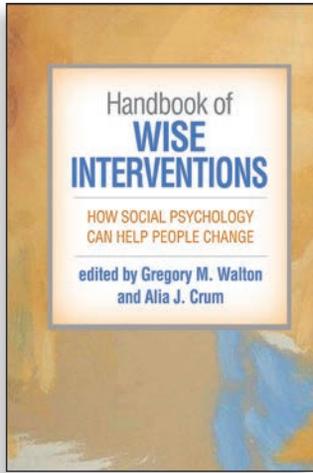
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ABOUT THE EDITORS



Gregory M. Walton, PhD, is Associate Professor of Psychology and the Michael Forman University Fellow in Undergraduate Education at Stanford University. His research focuses on how

basic social-psychological processes contribute to major social problems.



Alia J. Crum, PhD, is Assistant Professor of Psychology at Stanford University and Primary Investigator of the Stanford Mind and Body Lab. Her research focuses on mindsets;

how they affect important outcomes in such domains as exercise, diet, and stress; and how they can be consciously and deliberately changed through intervention to increase physiological and psychological well-being.

New in Paperback

Handbook of Wise Interventions

How Social Psychology Can Help People Change

Edited by **Gregory M. Walton, PhD** and **Alia J. Crum, PhD**

Precise shifts in the ways people make sense of themselves, others, and social situations can help people flourish. This compelling handbook synthesizes the growing body of research on wise interventions—brief, nonclinical strategies that are “wise” to the impact of social-psychological processes on behavior. Leading authorities describe how maladaptive or pejorative interpretations can undermine people’s functioning and how they can be altered to produce benefits in such areas as academic motivation and achievement, health, well-being, and personal relationships. Consistently formatted chapters review the development of each intervention, how it can be implemented, its evidence base, and implications for solving personal and societal problems.

CRITICAL ACCLAIM

“This volume is indispensable for anyone who wants to use psychological science to change behavior for the better. Each chapter explains a research-based approach to enhancing motivation or changing behavior, and discusses why it works, for whom, and under what conditions.”

—Angela Duckworth, University of Pennsylvania

“It’s not often that the world’s leading experts on the psychology of changing behavior and improving well-being come together to share their knowledge. This book presents the latest science on what it takes to promote learning, belonging, happiness, health, and peace.”

—Adam Grant, Wharton School of the University of Pennsylvania

“This book is particularly useful in terms of teaching about and critically evaluating the value of psychology in the real world. Its underlying framing is quite pragmatic for different ways to organize a course. It centers both the domains of interventions and the psychological concepts underlying those interventions. Instructors using this book as a text might organize their course around domains (for example, units on health, education, relationships) or psychological concepts (for example, belonging and groups, implicit theories, reappraisal).”

—Kody Manke, Carnegie Mellon University

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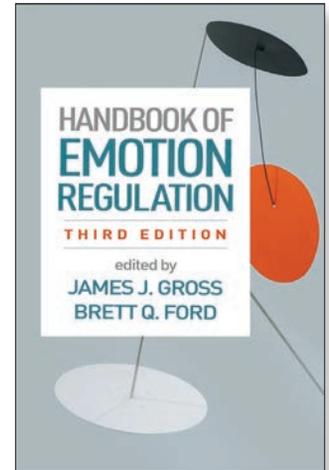
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James J. Gross, PhD, is the Ernest R. Hilgard Professor of Psychology at Stanford University, where he directs the Stanford Psychophysiology Laboratory.
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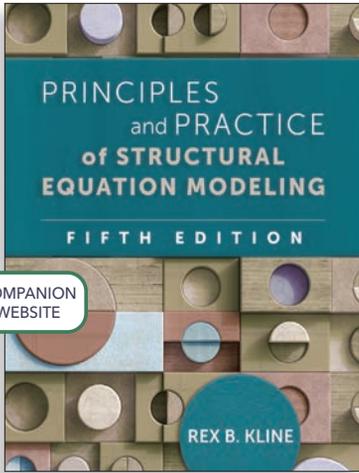
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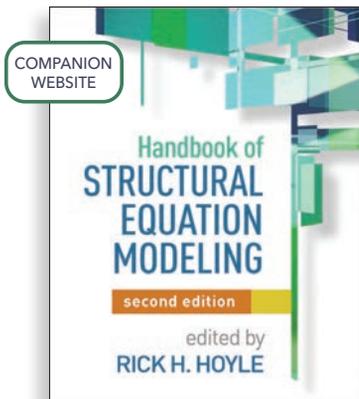
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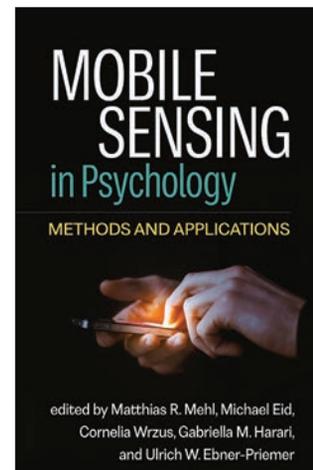
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Michael Eid, PhD, is Professor of Methods and Evaluation at the Free University of Berlin in Germany.

Cornelia Wrzus, PhD, is Professor of Psychological Aging Research at the Ruprecht-Karls University of Heidelberg, Germany, where she founded the Daily Life Lab.

Gabriella M. Harari, PhD, is Assistant Professor in the Department of Communication at Stanford University, where she directs the Media and Personality Lab.

Ulrich W. Ebner-Priemer, PhD, is Professor of Psychology and Chair of the Mental mHealth (mobile health) Lab at the Karlsruhe Institute of Technology in Germany.

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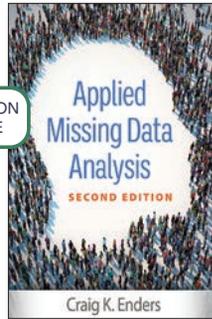
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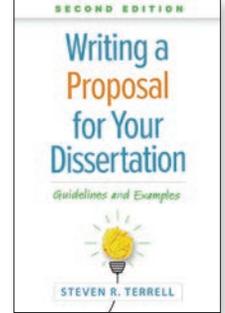
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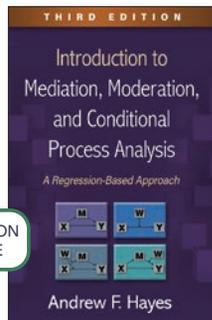
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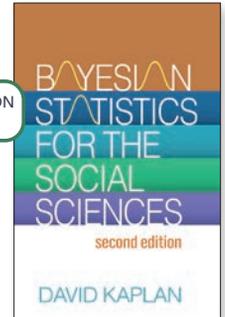
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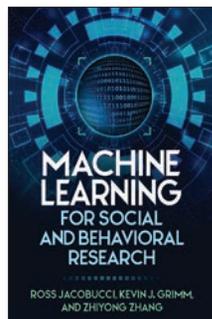
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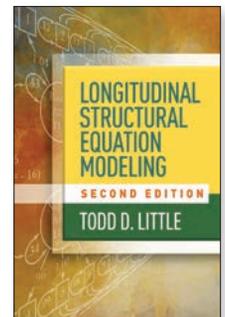
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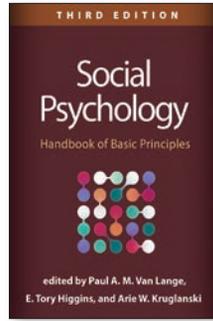
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