

WORKSHEET 12.11. Gratitude about Others

Things about others (family, friends, coworkers, pets, etc.) that I am grateful for and appreciate:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
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10. _____
11. _____
12. _____
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18. _____
19. _____
20. _____