## EXERCISE: Advantages and Disadvantages

Write the advantages and disadvantages of reaching or not reaching the goals you identified on **Worksheet 5.1** in the boxes on Worksheet 5.2.

## WORKSHEET 5.2. Advantages and Disadvantages of Reaching and Not Reaching My Goals

Goal 1:

	Reaching This Goal	Not Reaching This Goal
Advantages		
Disadvantages		

## Goal 2:

	Reaching This Goal	Not Reaching This Goal
Advantages		
Disa dua ata sia s		
Disadvantages		

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