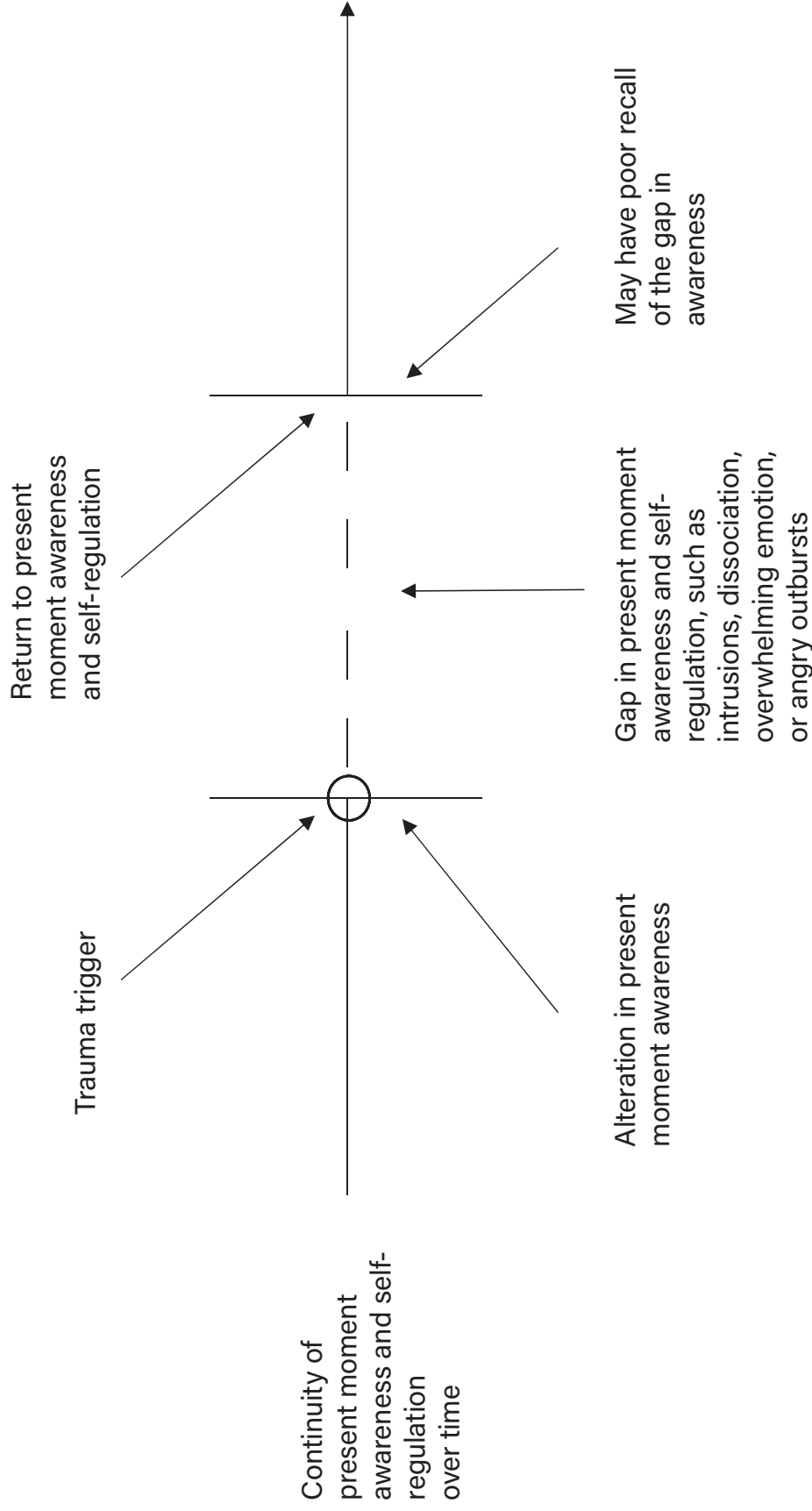


● Resource Page 2. Trauma-Related Disruptions of Present-Moment Experience ●



Note. Figure adapted from Allen, J. G. (1993). Dissociative processes: Theoretical underpinnings of a working model for clinician and patient. *Bulletin of the Menninger Clinic*, 57(3), 287–308.

From *Mindfulness and Meditation in Trauma Treatment: The Inner Resources for Stress Program* by Lynn C. Waelde. Copyright © 2022 The Guilford Press. Permission to photocopy this material is granted to purchasers of this book for personal use or use with clients (see copyright page for details).