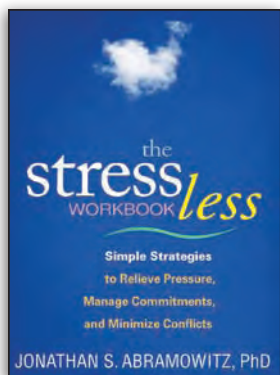


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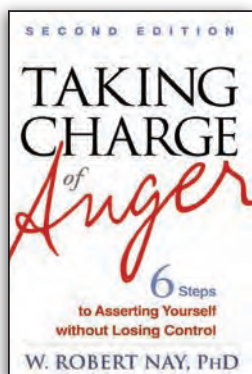


Stress Less Workbook

Simple Strategies to Relieve Pressure, Manage Commitments, and Minimize Conflicts

Abramowitz • 292 pages • August 2012

- Presents powerful problem-solving ideas designed to motivate and encourage.
- Unlike competing titles, shows how to combine science-based anti-stress techniques into a personalized plan.
- From a well-known authority whose expertise shines through.
- Practical: features helpful worksheets, exercises, and detailed examples.



Taking Charge of Anger, Second Edition

Six Steps to Asserting Yourself without Losing Control
Nay • 289 pages • April 2012

This successful guide has already helped many tens of thousands of readers understand and manage out-of-control anger in all its forms, from passive-aggression to all-out rage. By learning specific ways to defuse conflict and express their feelings calmly, readers can break free of destructive anger while asserting their needs. The second edition includes a new chapter on forgiveness.

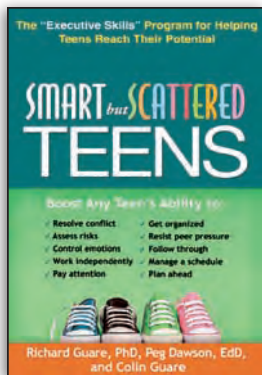


Winter Blues, Fourth Edition

Everything You Need to Know to Beat Seasonal Affective Disorder

Rosenthal • 354 pages • October 2012

“The go-to resource” with over 100,000 in print. Updated throughout, the fourth edition features a compelling new chapter on meditation. Readers learn science-based ways to boost their energy and overcome low moods and problems with sleep, concentration, and food cravings—even during the darkest winter days.

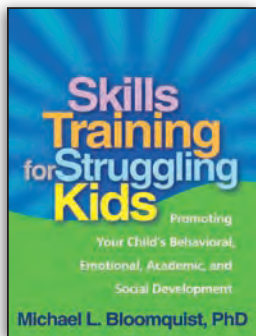


Smart but Scattered Teens

The “Executive Skills” Program for Helping Teens Reach Their Potential

Guare • 300 pages • January 2013

Written expressly for parents, this science-based guide provides invaluable guidance on how to recognize and address executive skills deficits in adolescents. It provides step-by-step strategies for promoting teens’ independence by helping them get organized, stay focused, and control their impulses at home and in school. The authors’ approach is suitable for teens with ADHD or learning disabilities as well as those without a clinical diagnosis. School-based practitioners will find this book useful for their work and will want to recommend it to parents.



Skills Training for Struggling Kids

Promoting Your Child’s Behavioral, Emotional, Academic, and Social Development

Bloomquist • 272 pages • November 2012

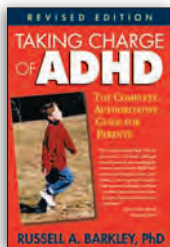
Dr. Bloomquist presents his bestselling skills training program in a book written specifically for parents. This clear, compassionate guide is filled with thoroughly researched ways to help kids follow rules, get along better with family members and peers, express their feelings productively, and succeed in the classroom.

There is a related title for professionals, *Practitioner Guide to Skills Training for Struggling Kids*.

Taking Charge of ADHD, Third Edition

The Complete, Authoritative Guide for Parents

Barkley • 364 pages • May 2013

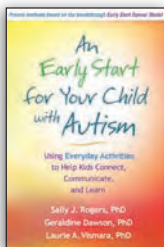


Early Start for Your Child with Autism

Using Everyday Activities to Help Kids Connect, Communicate, and Learn

Rogers • 342 pages • June 2012

Rights sold: Dutch, Romanian

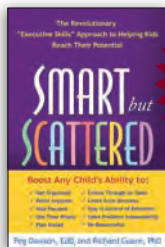


Smart but Scattered

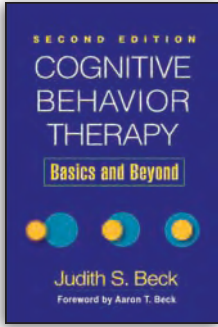
The Revolutionary “Executive Skills” Approach to Helping Kids Reach Their Potential

Dawson • 314 pages • January 2009

Rights sold: Chinese, Dutch, German, Hebrew, Korean, Polish



More than
100,000 copies
in print



Cognitive Behavior Therapy, Second Edition | Basics and Beyond

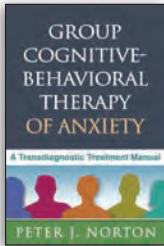
Beck • 391 pages • July 2011

Rights Sold: Chinese-simplified, Danish, Dutch, Farsi, German, Greek, Italian, Japanese, Polish, Portuguese (Brazil)

- The bestselling work (over 150,000 in print), thoroughly updated: features three new chapters, a new rating scale, reproducible forms, and a sample case write-up following Academy of Cognitive Therapy guidelines.
- A top-selling textbook as well as a great primer for novice clinicians or those new to CT.
- High-profile author: noted authority Judith Beck presents workshops widely and works closely with her father, CT founder Aaron T. Beck, who wrote the foreword.

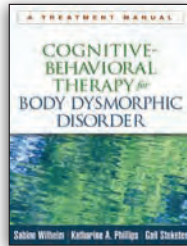
Group Cognitive-Behavioral Therapy of Anxiety

A Transdiagnostic Treatment Manual
Norton • 222 pages • May 2012



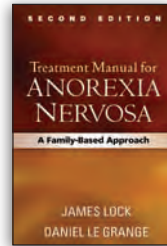
Cognitive-Behavioral Therapy for Body Dysmorphic Disorder

A Treatment Manual
Wilhelm • 308 pages
December 2012

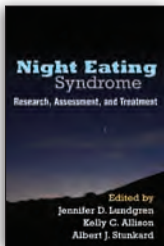


Treatment Manual for Anorexia Nervosa, 2E

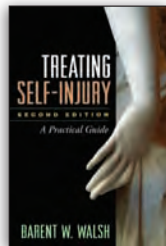
A Family-Based Approach
Lock • 280 pages
September 2012



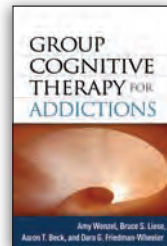
Night Eating Syndrome
Research, Assessment, and Treatment
Lundgren • 300 pages
August 2012

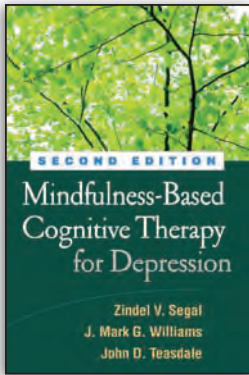


Treating Self-Injury, 2E
A Practical Guide
Walsh • 413 pages • July 2012



Group Cognitive Therapy for Addictions
Wenzel • 274 pages • July 2012





Mindfulness-Based Cognitive Therapy for Depression, Second Edition

Segal • 448 pages • November 2012

Rights Sold: *Dutch, French*

This bestselling work has introduced tens of thousands of clinicians to mindfulness-based cognitive therapy for depression (MBCT), an eight-week program with proven effectiveness.

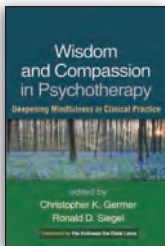
- A bestseller since 2002 (over 40,000 in print), thoroughly revised with 50% new material.
- This seminal work was one of the first to integrate mindfulness into psychotherapy.
- The second edition features advances in MBCT techniques and findings from numerous clinical trials.

Wisdom and Compassion in Psychotherapy

Deepening Mindfulness in Clinical Practice

Germer • 407 pages • March 2012

Rights Sold: *German, Korean*

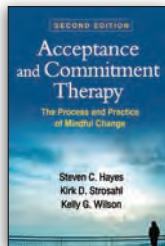


Acceptance and Commitment Therapy, 2E

The Process and Practice of Mindful Change

Hayes • 402 pages • October 2011

Rights Sold: *Chinese-simplified, Danish, Dutch, German, Italian, Japanese, Norwegian, Polish, Spanish, Swedish*

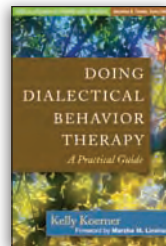


Doing Dialectical Behavior Therapy

A Practical Guide

Koerner 219 pages December 2011

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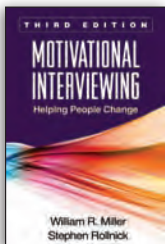
Motivational Interviewing, 3E

Helping People Change

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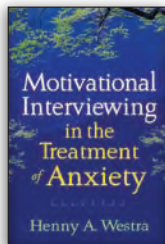
2E: 18 Languages



Motivational Interviewing in the Treatment of Anxiety

Westra • 2012-06-28

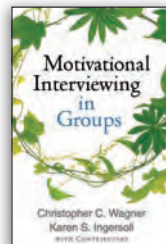
272 pages • June 2012



Motivational Interviewing in Groups

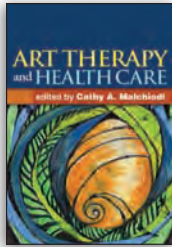
Wagner • 402 pages

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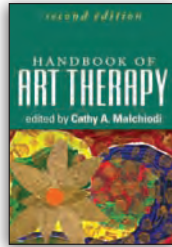
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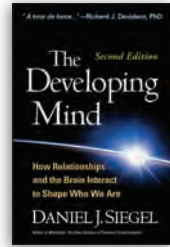
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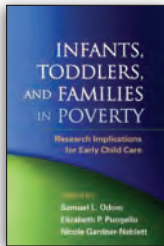
Developing Mind, 2E

How Relationships and the Brain Interact to Shape Who We Are
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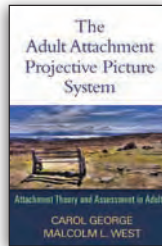
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Research Implications for Early Child Care
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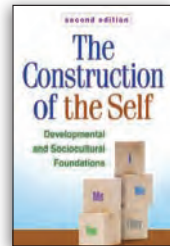
Adult Attachment Projective Picture System

Attachment Theory and Assessment in Adults
George • 304 pages • March 2012



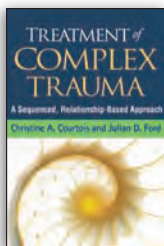
The Construction of the Self, 2E

Developmental and Sociocultural Foundations
Harter • 440 pages • March 2012



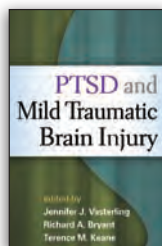
Treatment of Complex Trauma

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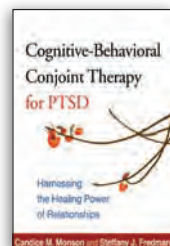
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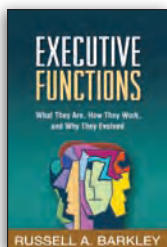
Cognitive-Behavioral Conjoint Therapy for PTSD

Harnessing the Healing Power of Relationships
Monson • 238 pages • August 2012

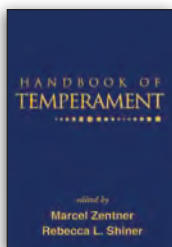


Executive Functions

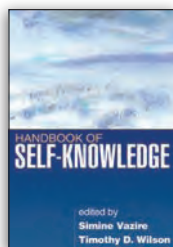
What They Are, How They Work,
and Why They Evolved
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**Handbook of Temperament**

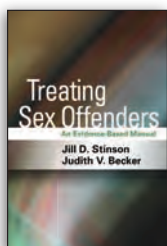
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**Handbook of Self-Knowledge**

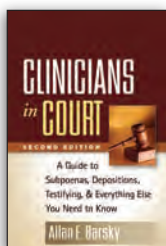
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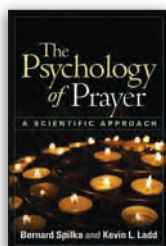
An Evidence-Based Manual
Stinson • 356 pages • October •
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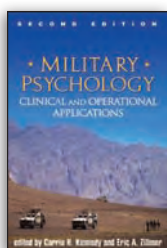
A Guide to Subpoenas, Depositions,
Testifying, and Everything You Need
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**Psychology of Prayer**

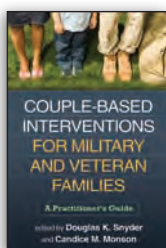
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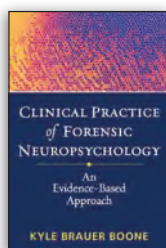
Clinical and Operational Applications
Kennedy • 412 pages • August 2012

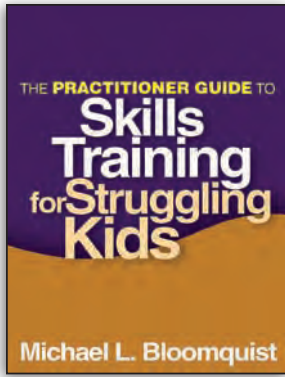
**Couple-Based Interventions for Military and Veteran Families**

A Practitioner's Guide
Snyder • 348 pages • August 2012

**Clinical Practice of Forensic Neuropsychology**

An Evidence-Based Approach
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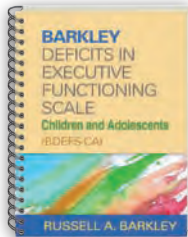
Practitioner Guide to Skills Training for Struggling Kids

Bloomquist • 328 pages • November 2012

Addressing frequently encountered emotional, behavioral, and academic difficulties, this essential guide shows how to help parents implement proven skills-building strategies with their kids (ages 5–17). The related book *Skills Training for Struggling Kids*, an invaluable client recommendation, guides parents to implement the strategies and includes all of the handouts and forms they need.

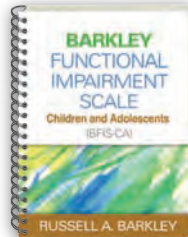
Barkley Deficits in Executive Functioning Scale—Children and Adolescents (BDEFS-CA)

Barkley • 184 pages • May 2012



Barkley Functional Impairment Scale—Children and Adolescents (BFIS-CA)

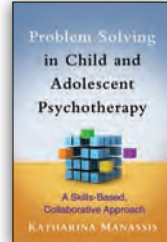
Barkley • 166 pages • May 2012



Problem Solving in Child and Adolescent Psychotherapy

A Skills-Based, Collaborative Approach

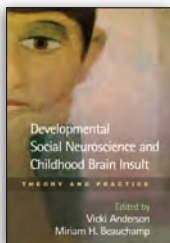
Manassis • 208 pages • March 2012



Developmental Social Neuroscience and Childhood Brain Insult

Theory and Practice

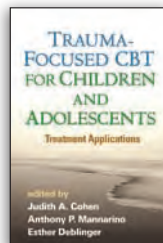
Anderson • 398 pages • July 2012



Trauma-Focused CBT for Children and Adolescents

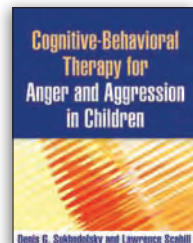
Treatment Applications

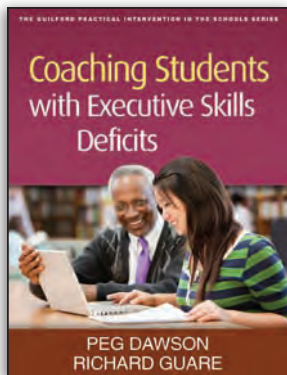
Cohen • 308 pages • June 2012



Cognitive-Behavioral Therapy for Anger and Aggression in Children

Sukhodolsky • 184 pages
August 2012





Coaching Students with Executive Skills Deficits

Dawson 240 pages February 2012

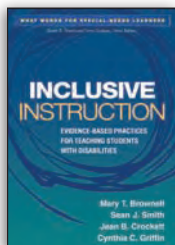
Rights Sold: Dutch

This practical manual presents an evidence-based coaching model for helping students whose academic performance is suffering due to deficits in executive skills, including time and task management, planning, organization, impulse control, and emotional regulation. In just a few minutes a day, coaches can provide crucial support and instruction tailored to individual students' needs. High-profile authors have bestselling professional (*Executive Skills in Children and Adolescents*) and trade (*Smart but Scattered*) titles.

Inclusive Instruction

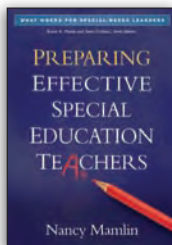
Evidence-Based Practices for Teaching Students with Disabilities

Brownell • 220 pages • April 2012



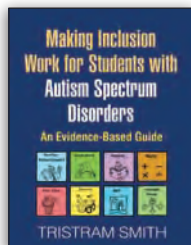
Preparing Effective Special Education Teachers

Mamlin • 159 pages • February 2012



Making Inclusion Work for Students with Autism Spectrum Disorders

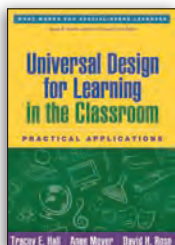
An Evidence-Based Guide
Smith • 380 pages • October 2011



Universal Design for Learning in the Classroom

Practical Applications

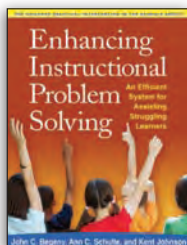
Hall • 158 pages • August 2012



Enhancing Instructional Problem Solving

An Efficient System for Assisting Struggling Learners

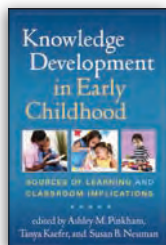
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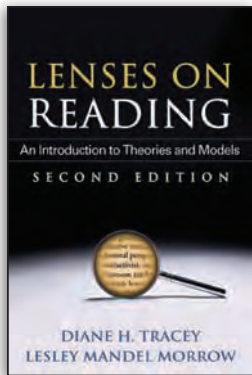


Knowledge Development in Early Childhood

Sources of Learning and Classroom Implications

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Lenses on Reading, 2E

An Introduction to Theories and Models

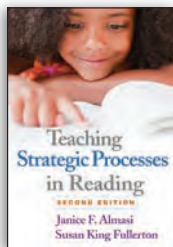
Tracey • 251 pages • May 2012

Rights Sold: Korean 1E = Danish

This widely adopted text explores key theories and models that frame reading instruction and research. For each theoretical model, classroom applications are brought to life with engaging vignettes and teacher reflections. Research applications are discussed and illustrated with descriptions of exemplary studies.

Teaching Strategic Processes in Reading, 2E

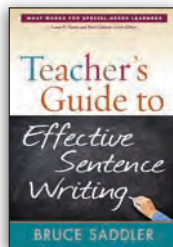
Almasi • 364 pages • August 2012



Teacher's Guide to Effective Sentence Writing

Saddler • 176 pages

September 2012

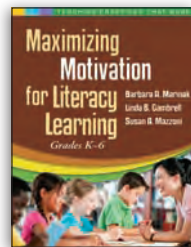


Maximizing Motivation for Literacy Learning

Grades K-6

Marinak • 184 pages

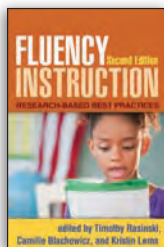
November 2012



Fluency Instruction, 2E

Research-Based Best Practices

Rasinski • 334 pages • May 2012

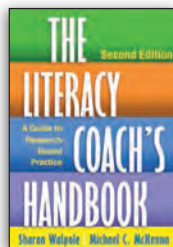


Literacy Coach's Handbook, 2E

A Guide to Research-Based Practice

Walpole • 242 pages

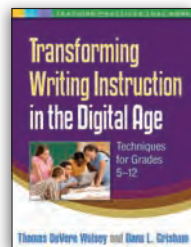
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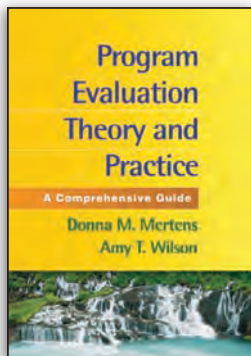


Transforming Writing Instruction in the Digital Age

Techniques for Grades 5-12

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Program Evaluation Theory and Practice

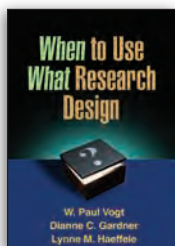
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Mertens • 621 pages • March 2012

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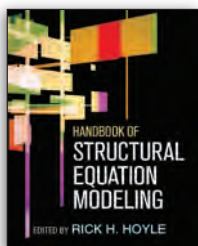
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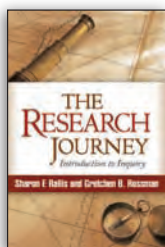
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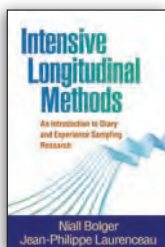
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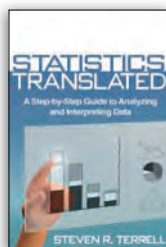
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We look forward to seeing you at Frankfurt.

Best regards,

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