

FOR IMMEDIATE RELEASE

Guilford Press and Psyched to Practice Announce a New Partnership to Provide Premium, Flexible Continuing Education (CE) Opportunities to Mental Health and School Practitioners

NEW YORK, October 1, 2026--

Guilford Press, a leading independent publisher of science-based books, journals, and digital content, and Psyched to Practice, a cutting-edge continuing education company serving mental health professionals, are excited to announce a strategic partnership to provide accredited CE opportunities combining flexibility, value, and quality.

This collaboration brings together Guilford's field-leading authors and deep catalog with Psyched to Practice's robust online platform, which is approved to offer CE credits by both the American Psychological Association (APA) and the National Association of School Psychologists (NASP). Multiple learning formats will be offered, including webinars and podcast episodes presented by noted experts in mental health and school psychology, co-produced by both companies to ensure professionals receive the CE credits they need while gaining knowledge they can immediately apply.

"Psyched to Practice shares our commitment to teaming with world-renowned clinicians and educators to provide resources that promote evidence-based practices and build clinical skills," said Tim Stookesberry, CEO of Guilford. "Partnering with a dynamic, innovative CE provider will allow us to provide more utility to our customers and give our authors vital opportunities to share their expertise with Psyched to Practice's growing community of users and subscribers."

"We are thrilled to add Guilford to our network of industry-leading partners," said Dr. Ray Christner, President of Psyched to Practice. He added: "Guilford is well known for their commitment to quality and their stellar authors and editors. We couldn't ask for a better collaborator with whom to develop exclusive content and expand our professional learning library to energize clinical and school practice."

Resources co-produced with or produced by Guilford will be independently reviewed and approved for CE credit by Psyched to Practice and made available on the Psyched to Practice platform beginning in Fall 2026. Subscription and à la carte options will be available.

About Guilford

A proudly independent press for more than 50 years, Guilford produces science-based books, journals, and digital content that support individual and societal well-being. Guilford is known for championing life-changing mental health treatments like Cognitive-Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing, as well as transformative perspectives on school-based intervention and prevention, special education, attention-deficit/hyperactivity disorder, autism spectrum disorder, and much more. Learn more at www.guilford.com.

About Psyched to Practice

Founded by three mental health professionals who understand the challenges of staying current in a rapidly evolving field, Psyched to Practice is committed to providing continuing education opportunities that fit seamlessly into busy schedules while delivering real value to both practitioners and their clients. Psyched to Practice offers multiple learning formats, including live video trainings, webinars, audio content, home studies, and podcast episodes, and is approved to offer CE credits by both the APA and NASP. Learn more at <https://learn.psychedtopractice.com>.

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