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## PLANNING FOR AREAS TO WORK ON

- ☐ Problems with motivation (Chapter 5)
- ☐ Problems with connection (Chapter 6)
- ☐ Distressing voices and visions (Chapter 7)
- ☐ Threat beliefs (Chapter 8)
- ☐ Beliefs of exceptionality (Chapter 9)
- ☐ Anger (Chapter 10)
- ☐ Communication disturbance (Chapter 11)
- ☐ Haunting memories (Chapter 12)
- ☐ Suicidal thoughts (Chapter 13)