

# Appendix

## Checklist for Posttraumatic Play

Child's Name \_\_\_\_\_ Date of Session \_\_\_\_\_ Session No. \_\_\_\_\_

### Dynamic Posttraumatic Play

Affect variable  
Seeks interactions with clinician  
Available for emotional connection  
Breath fluid  
Physical movement is fluid  
Evidence of release  
Focused investment in play  
Story starts/ends differently  
Story has new information/  
characters  
Presence of new themes  
Play occurs in different locations  
in room  
Adaptive outcomes emerge  
Rigidity loosens over time  
New characters are added/deleted  
Role playing emerges  
Child's voice is given to story  
characters  
Temporary increase of symptoms  
At-home behavior improves

### Toxic Posttraumatic Play

Affect constricted/flat  
Play is focused and isolated  
Unavailable for emotional connect  
Breath shallow/holds breath  
Physical tension  
No evidence of release  
Rigid interaction with play  
Story starts/ends unvaried  
Story is repetitive, without  
change  
Thematic material remains fixed  
Play must be presented in the  
same place  
No new outcomes emerge  
Play remains rigid  
No new characters are introduced  
Play still: No role playing (maybe  
play stagnant?)  
Child's voice is not present  
Symptoms increase and stabilize  
At-home behavior deteriorates

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