

| Time        | Type of Risk or Protective Factor |               |        |                                      |
|-------------|-----------------------------------|---------------|--------|--------------------------------------|
|             | Biological                        | Psychological | Social | Spiritual<br>(including<br>cultural) |
| Remote past |                                   |               |        |                                      |
| Recent past |                                   |               |        |                                      |
| Current     |                                   |               |        |                                      |

**FIGURE 2.1.** Formulation grid.

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| Factor Type  | Risk Factors | Protective Factors | Impact on Child Development |
|--|--------------|--------------------|-----------------------------|
| Constitutional   |              |                    |                             |
| Direct effect on brain   |              |                    |                             |
| Indirect effects of illness<br>Biological/<br>psychological<br>(including somatic) |              |                    |                             |
| Biological/social  |              |                    |                             |
| Biological/cultural or spiritual   |              |                    |                             |

**FIGURE 3.1.** Biological factors and their impact.

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| Factor Type                       | Risk Factors | Protective Factors | Impact |
|-----------------------------------|--------------|--------------------|--------|
| Cognitive challenge               |              |                    |        |
| Psychological challenge           |              |                    |        |
| Coping style                      |              |                    |        |
| Biological and contextual factors |              |                    |        |

**FIGURE 4.3.** Psychological factors and their impact on development.

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| Factor Type                 | Risk Factors | Protective Factors | Impact |
|-----------------------------|--------------|--------------------|--------|
| Biological                  |              |                    |        |
| Psychological               |              |                    |        |
| Family                      |              |                    |        |
| School/day care             |              |                    |        |
| Peers                       |              |                    |        |
| Mental health professionals |              |                    |        |
| Community and society       |              |                    |        |

**FIGURE 5.2.** Social aspects of the formulation.

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| Intervention Type              | Specific Intervention | Feasible? | Acceptable? | Priority? |
|--------------------------------|-----------------------|-----------|-------------|-----------|
| Based on the child's diagnosis |                       |           |             |           |
| Based on risk factors          |                       |           |             |           |
| Based on protective factors    |                       |           |             |           |

**FIGURE 11.1.** Grid of possible interventions.

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