

**FIGURE 4.1.** Worksheet for generating a case conceptualization.

**Step 1: Operationalize the target behaviors.**

What are the target behaviors? What are the cognitive, behavioral, and affective components of each target behavior? What are the frequency, intensity, and duration of each target behavior?

Target behavior	Cognitive	Behavioral	Affective	Intensity (1–10)	Frequency and duration

What historical factors may be linked to one or more target behaviors?

What causal factors may be linked to one or more target behaviors?

What antecedents appear to precede the occurrence of one or more target behaviors?

What factors appear to be maintaining one or more target behaviors?

**Step 2: Arrive at a diagnosis.**

Does the child meet diagnostic criteria for a DSM disorder?

**Step 3: Form the initial case conceptualization**

What are the treatment targets? What historical factors may be linked to the treatment targets? What causal factors are contributing to the treatment targets? What role do contextual factors (antecedents, maintaining variables) play in the target behavior?

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Treatment targets	Historical factors	Causal factors	Antecedents	Maintaining factors

**Step 4: Proceed with treatment planning and selection.**

List the hypotheses to be addressed in treatment, in terms of treatment priority and interventions that target those hypotheses.

Hypothesis	Intervention
1.	
2.	
3.	
4.	
5.	
6.	

List evidence-based treatments designed to address the treatment targets.

**Step 5: What measures will be used for ongoing assessment to monitor the target behavior and intervening variables?**

Measure	Domain	Reporter	Frequency

What measures will be used for treatment evaluation?

Posttreatment Assessment Battery	Domain	Reporter

**FIGURE 7.1.** Partial-interval recording form. PA, physical aggression; VA, verbal aggression; Look, looking at observer.

Setting/activity: \_\_\_\_\_ Observer: \_\_\_\_\_

Date: \_\_\_\_\_ Time began: \_\_\_\_\_ Target child: \_\_\_\_\_

	0–10 (sec)	11–20 (sec)	21–30 (sec)	31–40 (sec)	41–50 (sec)	51–60 (sec)
0 minutes (Target)	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look
1 minute (Composite 1)	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look
2 minutes (Target)	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look
3 minutes (Composite 2)	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look
4 minutes (Target)	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look
5 minutes (Composite 3)	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look	PA VA Look
Observation Results						
Code	# Intervals (n/30)	%	Comments:			
PA						
VA						
LOOK						

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