The Personal Values Card Sort is in the public domain and may be copied or adapted without further permission.
ACCEPANCE  
to be accepted as I am

ACHIEVEMENT  
to have important accomplishments

ART  
to appreciate or express myself in art

AUTHORITY  
to be in charge of others

BEAUTY  
to appreciate beauty around me

ACCURACY  
to be correct in my opinions and beliefs

ADVENTURE  
to have new and exciting experiences

ATTRACTIVENESS  
to be physically attractive

AUTONOMY  
to be self-determined and independent

BELONGING  
to have a sense of belonging, being part of
CARING

to take care of others

CHALLENGE

to take on difficult tasks and problems

COMFORT

to have a pleasant and comfortable life

COMMITMENT

to make enduring, meaningful commitments

COMPASSION

to feel and act on concern for others

COMPLEXITY

to embrace the intricacies of life

COMPROMISE

to be willing to give and take in reaching agreements

CONTRIBUTION

to make a lasting contribution in the world

COOPERATION

to work collaboratively with others

COURAGE

to be brave and strong in the face of adversity
COURTESY

to be considerate and polite toward others

CREATIVITY

to create new things or ideas

CURIOSITY

to seek out, experience, and learn new things

DEPENDABILITY

to be reliable and trustworthy

DILIGENCE

to be thorough and conscientious in whatever I do

DUTY

to carry out my duties and obligations

ECOLOGY

to live in harmony with the environment

EXCITEMENT

to have a life full of thrills and stimulation

FAITHFULNESS

to be loyal and true in relationships

FAME

to be known and recognized
FAMILY

to have a happy, loving family

FITNESS

to be physically fit and strong

FLEXIBILITY

to adjust to new circumstances easily

FORGIVENESS

to be forgiving of others

FREEDOM

to be free from undue restrictions and limitations

FRIENDSHIP

to have close, supportive friends

FUN

to play and have fun

GENEROSITY

to give what I have to others

GENUINENESS

to act in a manner that is true to who I am

GOD’S WILL

to seek and obey the will of God
GRATITUDE

to be thankful and appreciative

GROWTH

to keep changing and growing

HEALTH

to be physically well and healthy

HONESTY

to be honest and truthful

HOPE

to maintain a positive and optimistic outlook

HUMILITY

to be modest and unassuming

HUMOR

to see the humorous side of myself and the world

IMAGINATION

to have dreams and see possibilities

INDEPENDENCE

to be free from depending on others

INDUSTRY

to work hard and well at my life tasks
INNER PEACE

to experience personal peace

INTEGRITY

to live my daily life in a way that is consistent with my values

INTELLIGENCE

to keep my mind sharp and active

INTIMACY

to share my innermost experiences with others

JUSTICE

to promote fair and equal treatment for all

KNOWLEDGE

to learn and contribute valuable knowledge

LEADERSHIP

to inspire and guide others

LEISURE

to take time to relax and enjoy

LOVED

to be loved by those close to me

LOVING

to give love to others
MASTERY

to be competent in my everyday activities

MINDFULNESS

to live conscious and mindful of the present moment

MODERATION

to avoid excesses and find a middle ground

MONOGAMY

to have one close, loving relationship

MUSIC

to enjoy or express myself in music

NON-CONFORMITY

to question and challenge authority and norms

NOVELTY

to have a life full of change and variety

NURTURANCE

to encourage and support others

OPENNESS

to be open to new experiences, ideas, and options

ORDER

to have a life that is well-ordered and organized
PASSION

to have deep feelings about ideas, activities, or people

PLEASURE

to feel good

POWER

to have control over others

PROTECT

to protect and keep safe those I love

PURPOSE

to have meaning and direction in my life

PATRIOTISM

to love, serve, and protect my country

POPULARITY

to be well-liked by many people

PRACTICALITY

to focus on what is practical, prudent, and sensible

PROVIDE

to provide for and take care of my family

RATIONALITY

to be guided by reason, logic, and evidence
REALISM

to see and act realistically and practically

RESPONSIBILITY

to make and carry out responsible decisions

RISK

to take risks and chances

ROMANCE

to have intense, exciting love in my life

SAFETY

to be safe and secure

SELF-ACCEPTANCE

to accept myself as I am

SELF-CONTROL

to be disciplined in my own actions

SELF-ESTEEM

to feel good about myself

SELF-KNOWLEDGE

to have a deep and honest understanding of myself

SERVICE

to be helpful and of service to others
SEXUALITY

to have an active and satisfying sex life

SIMPLICITY

to live life simply, with minimal needs

SOLITUDE

to have time and space where I can be apart from others

SPIRITUALITY

to grow and mature spiritually

STABILITY

to have a life that stays fairly consistent

TOLERANCE

to accept and respect those who differ from me

TRADITION

to follow respected patterns of the past

VIRTUE

to live a morally pure and excellent life

WEALTH

to have plenty of money

WORLD PEACE

to work to promote peace in the world