

ERRATUM

to first paperback printing of

**Cognitive Processing Therapy for PTSD:
A Comprehensive Therapist Manual**

Second Edition

by

Patricia A. Resick, Candice M. Monson, and Kathleen M. Chard

Handout 12.2 (Practice Assignment after Session 7 of CPT) was omitted from the book. The Handout appears on the back of this page, and is included in the downloadable Handouts packet at www.guilford.com/resick-forms

HANDOUT 12.2

Practice Assignment after Session 7 of CPT

Use the Alternative Thoughts Worksheets to analyze at least one of your Stuck Points each day to develop an alternative statement that is more balanced and factual. Please read over the module on Safety and think about how your prior beliefs were affected by your trauma. If you have safety issues related to yourself or others, complete at least one worksheet to examine those beliefs. Use the remaining sheets for other Stuck Points on your log or for distressing events that have occurred recently.