

Authors: Integratus

Information for Authors

Integratus will publish peer-reviewed, interdisciplinary scholarship from various mental health fields (e.g., psychology, counseling, social work, marriage and family therapy, counselor education, psychiatry). It will focus on integrating varying degrees of Catholic spirituality, anthropology, and human formation to make innovative contributions to psychological theory, research, and practice.

Integratus will consider a variety of scholarship related to the mission of the **Catholic Psychotherapy Association**:

- **Empirical:** Using quantitative, qualitative, or mixed methods. Full-length empirical studies or brief reports.
- **Theoretical:** Addressing topics related to the practice of psychotherapy or foundational issues (e.g., philosophical anthropology); new therapeutic approaches.
- **Analytic Reviews:** Synthesis of literature that provides a “state-of-the-art” review, including identification of debate(s)/divergent viewpoints, future directions, and clinical application.
- **Historical:** Catholic involvement in psychotherapy and related fields over the centuries.
- **Interdisciplinary:** The relationship of psychotherapy to adjacent fields, such as spiritual direction and the “cure of souls.”
- **Clinical Reflections:** Practitioners recount their experience of being a Catholic psychotherapist; particular interest in practitioners’ experiences with emergent topics and clinical issues; unique approaches to challenges. See **template** for detailed structure and formatting guidelines.
- **Case Studies:** Typically, n of 1 study of unique cases and clinical approaches that integrate Catholic and mental health components; measurement of process and outcome of counseling is preferred in addition to narrative. See **template** for detailed structure and formatting guidelines.
- **Book and Media Reviews:** Scholarly analyses of especially prominent or influential works; reviews should assess the strengths of the book’s contribution to psychotherapy and ways it may have provided weak arguments or inaccurate information. Reviews assessing the strengths and weakness of other media (e.g., film, programs) that therapists might recommend to a client will also be considered.

The journal welcomes all submissions relevant to its aim and scope. Membership in the Catholic Psychotherapy Association is not a requirement to submit to or publish in the journal.

For more information about the journal and example areas of interest, see the Integratus [About](#) page.

Manuscript Submission

All submissions must be made electronically (preferably in Microsoft Word format) through the [Scholastica submissions portal](#) for *Integratus*. Only original articles will be considered. Authors having difficulty uploading a paper via the portal should contact editors Robert Kugelmann and Jesse Fox at integratus@catholicpsychotherapy.org.

Authors should remove all identifying details on the title page of the manuscript, and include a separate title page with author information as an attachment. Please remove any identifying phrases or language about the authors from the manuscript before submission.

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Brief Reports/Clinical Reflections: 5–15 typed, double-spaced pages, including references

Book/Media Reviews: 5–10 typed, double-spaced pages, including references. Extended review essays will also be considered.

Articles submitted for consideration should follow the style of the **Publication Manual of the American Psychological Association, 7th ed.** Manuscripts must include an abstract containing a maximum of 250 words typed on a separate page. The abstract should be followed by 3–5 keywords or brief phrases.

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Tables should be provided at the end of the manuscript text, or as separate Word or Excel files. All tables must be referenced in text, in sequential order.

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Figures should be submitted in one of the following formats: .tif, .jpg, .eps (.bmp, .png, and .gif files are not recommended). PDFs are not accepted. Figure text should be 8–10 pt. sans serif type.

A list of figures with captions, keys, and credits should be provided at the end of the manuscript text. All figures must be referenced in text, in sequential order.

Confidentiality: When writing about clients or patients for publication, authors should follow the Publication Manual of the American Psychological Association (7th ed.) section 1.19, Protecting Confidentiality; and **“Writing About Psychiatric Patients: Guidelines for Disguising Case Material,”** *Bulletin of the Menninger Clinic*, Vol. 50, No. 6, November 1986.

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Disclosure of conflicts of interest

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Funding statement

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Where no specific funding has been provided for research, authors should state “The author(s) received no specific funding for this work.”

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Individuals who have made a substantial contribution to the article as defined in the [**APA guidelines**](#) should be listed as authors. Contributions that do not meet the criteria for authorship may be recognized in an Acknowledgment note.

Upon acceptance of the article for publication, each author must confirm in writing that they approve the authorship order and agree to the responsibilities of authorship.

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This study was reviewed and approved by [full name and affiliation of ethics committee], and the procedures followed were in accordance with the Helsinki Declaration as revised in 2013. The patients/participants provided their written informed consent to participate in this study.

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