

FOREIGN RIGHTS LIST FALL 2022



# GUILFORD PRESS

PSYCHOLOGY • PARENTING • HEALTH • RELATIONSHIPS





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## FOREIGN RIGHTS LIST FALL 2022

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### Dear Friends,

Guilford is pleased to share with you our Fall 2022 Rights List, which features a range of new and forthcoming titles for psychotherapists, counselors, healthcare professionals, and general readers..

Our Fall 2022 Rights List features several forthcoming titles for the general reader, including *Compassion for Couples*, a new program based on the internationally successful Mindful Self-Compassion program. Also on our general reader list this fall is *Has Your Child Been Traumatized*, a unique guide for parents that focuses on how stability at home and the safety of strong, warm parenting can be key to healing.

Highlights from our professional list include *Mentalizing in Psychotherapy*, a new practitioner guide to understanding social and behavioral cues to enhance the work of psychotherapy. We also present *What Happens in Mindfulness*, the latest from John Teasdale, which highlights the healing impact of mindfulness and meditation practice.

If you would like more detailed information or reading copies for these, or any of our titles, please feel free to contact us at any time. We look forward to seeing you at the book fair in October.

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### THE GUILFORD PRESS

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# Has Your Child Been Traumatized?



HOW TO KNOW  
AND WHAT TO DO TO  
PROMOTE HEALING  
AND RECOVERY

Dr. Melissa Goldberg Mintz

## Has Your Child Been Traumatized?

*How to Know and What to Do to Promote Healing and Recovery*

**Goldberg Mintz** • 222 • August 2022

- Practical guide for parents promoting recovery at home, as well as advice for when to seek professional help.
- Clear, concise explanations distinguishing PTSD from the more temporary acute stress response.
- Focus on the stability and safety of strong, warm parenting as a key to healing.
- Skills and strategies for specific problems encountered on the path to recovery, as well as insight into what trauma looks like at different ages and for different individuals.

# Straight Talk about ADHD in Girls

How to Help Your Daughter Thrive



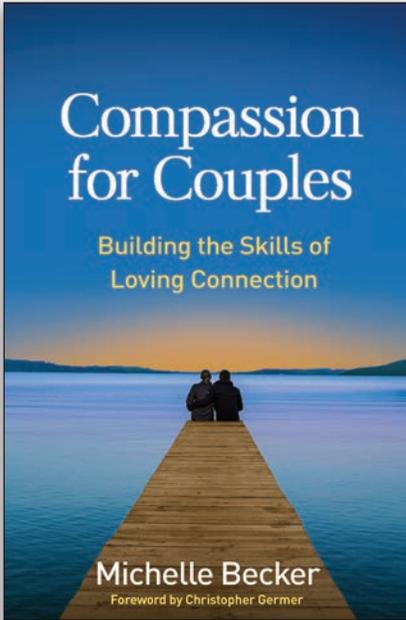
Stephen P. Hinshaw, PhD

## Straight Talk about ADHD in Girls

*How to Help Your Daughter Thrive*

**Hinshaw** • 276 • July 2022

- For parents of girls aged 3 to 18 with attention-deficit/hyperactivity disorder (ADHD).
- Experts provide up-to-date facts on what ADHD is, why symptoms often appear differently in girls than in boys, why girls with ADHD behave the way they do, how to get an accurate diagnosis, and what treatments are most effective.
- There are often expectations on girls to be “perfect,” which can exacerbated by ADHD symptoms; parents learn steps they can take to support their daughter’s success in school, while nurturing her confidence and self-worth.

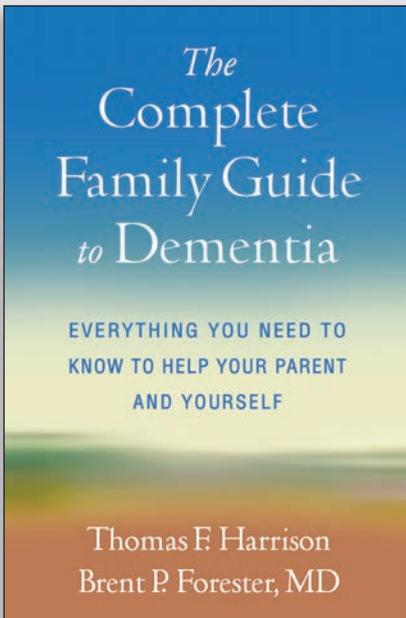


## Compassion for Couples

*Building the Skills of Loving Connection*

**Becker** • 276 • February 2023

- The Compassion for Couples program has been taken by thousands of couples around the world.
- Based on Kristin Neff and Christopher Germer's successful Mindful Self-Compassion program.
- This book gives couples the tools to practice self-compassion, in order to be able to respond to their partners with love and acceptance.
- Offers practical techniques that help couples break free of defensiveness, accept one another's flaws, and react with understanding.



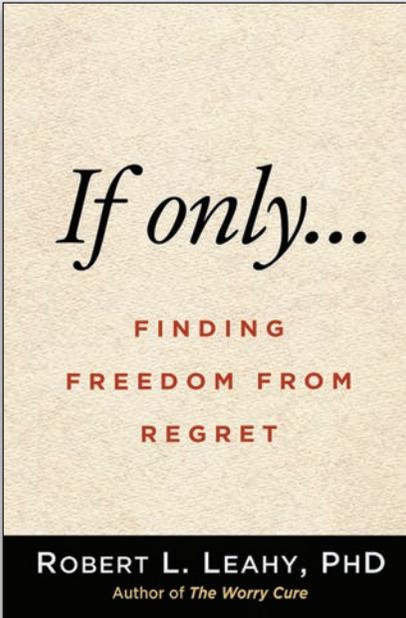
## Complete Family Guide to Dementia

*Everything You Need to Know to Help Your Parent and Yourself*

**Harrison** • 243 • July 2022

► **Rights Sold:** Portuguese, Russian

- Guide for caregivers; this book provides vital information on the unique challenges presented by dementia.
- Explains the basics of dementia and offers effective strategies for coping with the medical, emotional, and financial toll.
- Helps readers navigate changing family roles, communicate better with elders with dementia, keep them safe, and manage difficult behaviors.



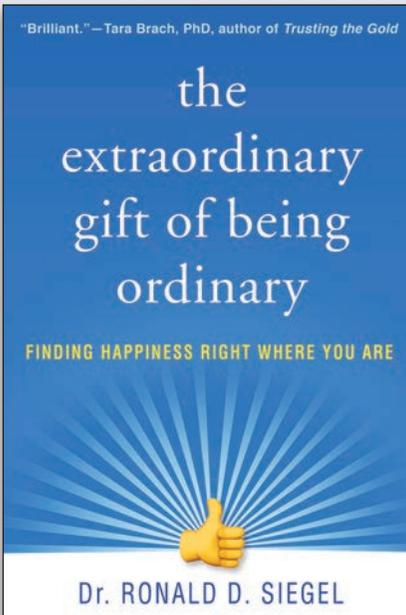
## If Only...

*Finding Freedom from Regret*

**Leahy** • 246 • June 2022

► **Rights Sold:** Dutch, Italian, Polish, Portuguese, Romanian, Russian

- Renowned expert Robert Leahy demonstrates how to use feelings of regret as a tool for self-knowledge and change.
- Highly practical guide that uses the tenets of cognitive-behavioral therapy to help decrease damaging regret and increase productive regret.
- Completely avoiding regret is not only unrealistic but also unconstructive; appropriate, proportionate, thoughtful regret is an essential learning tool that fuels growth.



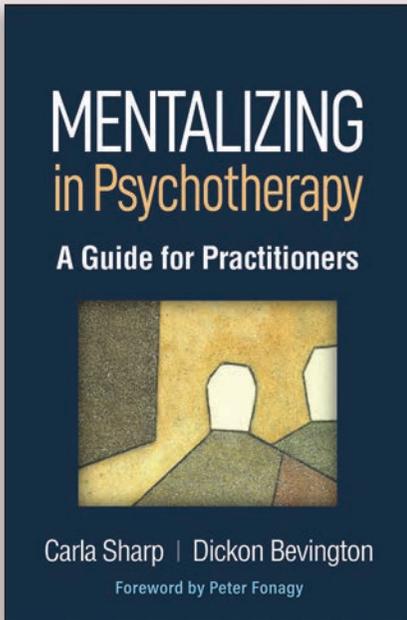
## Extraordinary Gift of Being Ordinary

*Finding Happiness Right Where You Are*

**Siegel** • 286 • March 2022

► **Rights Sold:** German, Portuguese, Spanish

- From internationally acclaimed Mindfulness scholar, Ronald Siegel.
- A guide to overcoming obsessive, perfectionistic thinking by understanding and breaking the habit of over-self-evaluating.
- Through mindfulness meditations, enlightening exercises, and moving, often funny stories, Dr. Siegel shares his own journey through personal struggles with self-evaluation and those of his patients.



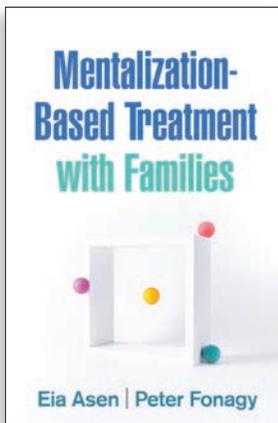
## Mentalizing in Psychotherapy

*A Guide for Practitioners*

**Sharp** • 218 • 2022

- Basic, reader-friendly clinical book on mentalization, its application to understanding clinical problems, and its use in all forms of psychotherapy.
- Mentalization is the way we understand what someone is thinking—how we “read minds” by noting social and behavioral cues.
- This book shows how understanding mentalization and making use of it can serve to deepen and augment the work of psychotherapy.
- Sharp is well-known internationally, and interest in mentalization is growing around the world.

BY **EIA ASEN** AND **PETER FONAGY**

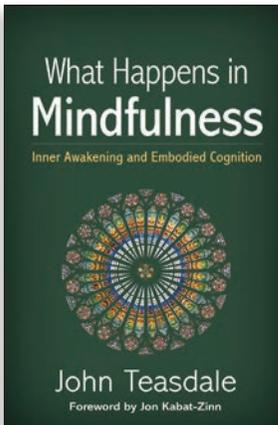


## Mentalization-Based Treatment with Families

**Asen** • 226 • May 2021

► **Rights Sold:** German, Japanese, Spanish

- Using mentalization, expert authors focus on ways to help parents, children, and adolescents to overcome problems in how they relate to one another.



## What Happens in Mindfulness

*Inner Awakening and Embodied Cognition*

**Teasdale** • 268 • May 2021

► **Rights Sold:** Japanese, Spanish

- From one of Guilford's best-selling authors.
- Combines a cognitive-behavioral tradition with cognitive sciences to highlight the psychological impact of mindfulness and meditation practice.
- Mindfulness literature has often had a practical focus, but this book examines the cognitive changes that are behind these practical outcomes.

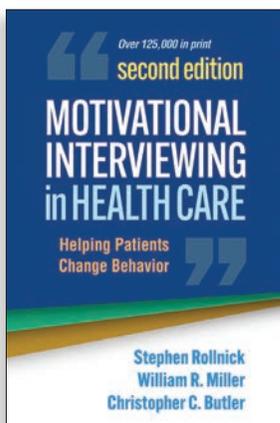
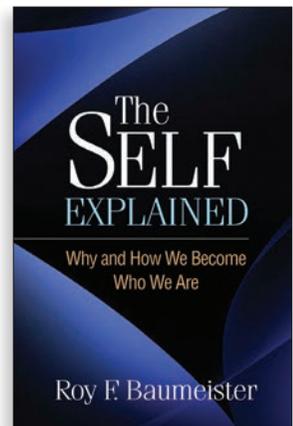
## The Self Explained

*Why and How We Become Who We Are*

**Baumeister** • 420 • April 2022

► **Rights Sold:** Chinese-Simplified

- Provides a panoramic view of the human self—how it develops and functions, why it exists, and what problems it encounters on the journey through life.
- Considers three essential parts of the self: inner self-knowledge, the active part of the self that makes decisions in the world, and the interpersonal aspects of self.
- A leading researcher in the field, Baumeister is known widely and speaks internationally.



## Motivational Interviewing in Health Care

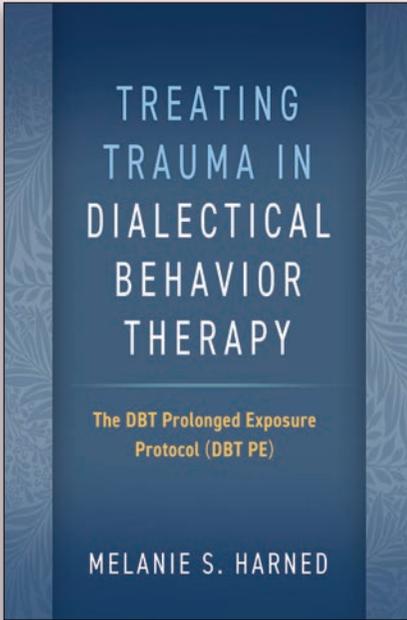
SECOND EDITION

*Helping Patients Change Behavior*

**Rollnick** • 216 • October 2022

► **Rights Sold:** Swedish

- Results in health care depend on patients' behavior; this book shows providers how to work with patients to make changes in their lifestyles and habits.
- Relevant not only to hospitals and clinics, but also in schools, in community centers, physical therapy and rehab settings, and in pharmacies.



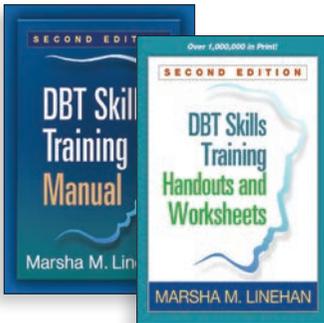
## Treating Trauma in Dialectical Behavior Therapy

*The DBT Prolonged Exposure Protocol (DBT PE)*

**Harned** • 444 • April 2022

► **Rights Sold:** Italian, Portuguese, Spanish

- Groundbreaking manual that integrates DBT with an adapted version of prolonged exposure (PE) therapy for PTSD.
- Many DBT clients suffer from PTSD, but the field has lacked a formal, tested protocol for exactly when and how to treat trauma with DBT.
- Clinical guide, this book provides practical steps for implementing DBT PE protocol with DBT clients who have achieved the safety and stability needed to engage in trauma-focused treatment.
- Author has a growing international reputation.

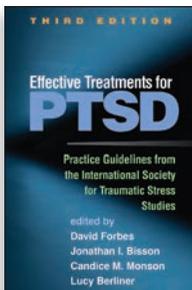


**DBT Skills Training Manual**, SECOND EDITION

**DBT Skills Training Handouts and Worksheets**, SECOND EDITION

**Linehan** • October 2014

► **Rights Sold** in 16 languages

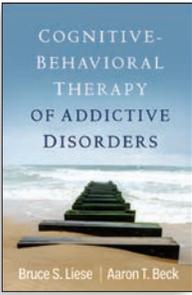


**Effective Treatments for PTSD**

THIRD EDITION

**Forbes** • 558 • August 2020

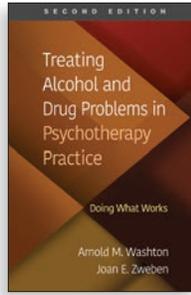
► **Rights Sold:** Japanese



**Cognitive-Behavioral Therapy of Addictive Disorders**

**Liese & Beck** • 292  
May 2022

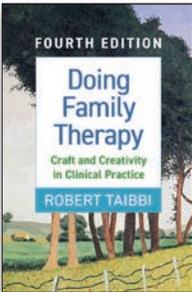
- ▶ **Rights Sold:** Russian, Turkish
- Reflecting nearly 30 years of important advances in the field, this entirely new book replaces the authors' classic Cognitive Therapy of Substance Abuse.



**Treating Alcohol and Drug Problems in Psychotherapy Practice**

SECOND EDITION  
*Doing What Works*

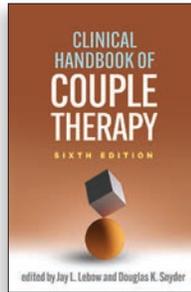
**Washton** • 290  
December 2022



**Doing Family Therapy**

FOURTH EDITION  
*Craft and Creativity in Clinical Practice*

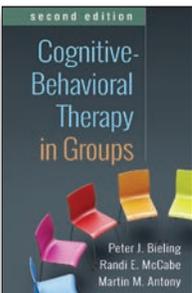
**Taibbi** • 354 • April 2022



**Clinical Handbook of Couple Therapy**

SIXTH EDITION

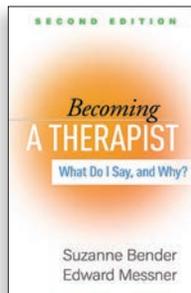
**Lebow** • 728  
October 2022



**Cognitive-Behavioral Therapy in Groups**

SECOND EDITION

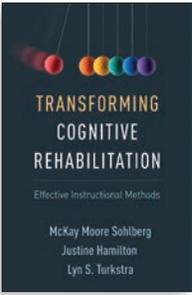
**Bieling** • 466  
August 2022



**Becoming a Therapist**

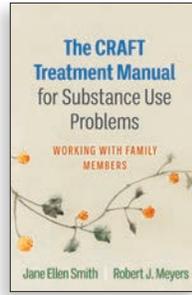
SECOND EDITION  
*What Do I Say, and Why?*

**Bender** • 472  
April 2022



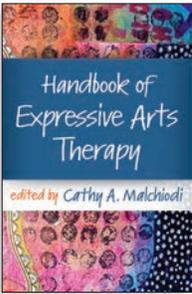
**Transforming Cognitive Rehabilitation**  
*Effective Instructional Methods*

**Sohlberg • 322**  
January 2023



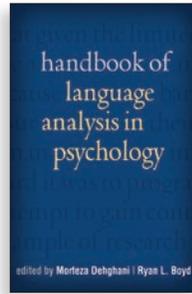
**The CRAFT Treatment Manual for Substance Use Problems**  
*Working with Family Members*

**Smith • 276**  
January 2023



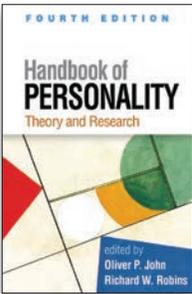
**Handbook of Expressive Arts Therapy**

**Malchiodi • 334**  
November 2022



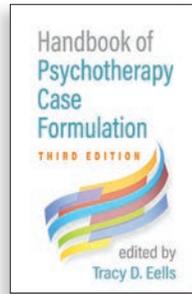
**Handbook of Language Analysis in Psychology**

**Dehghani • 630**  
March 2022



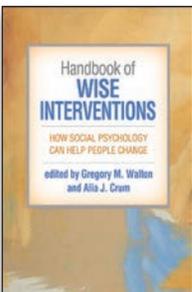
**Handbook of Personality**  
FOURTH EDITION  
*Theory and Research*

**John • 942 • May 2022**



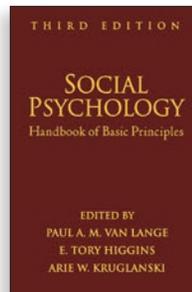
**Handbook of Psychotherapy Case Formulation**  
THIRD EDITION

**Eells • 498 • April 2022**



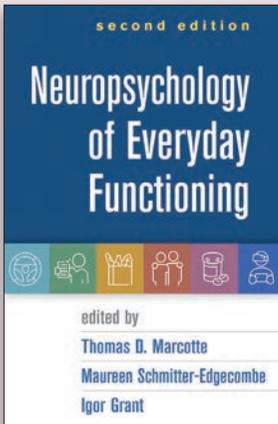
**Handbook of Wise Interventions**  
*How Social Psychology Can Help People Change*

**Walton • 474**  
November 2022



**Social Psychology**  
THIRD EDITION  
*Handbook of Basic Principles*

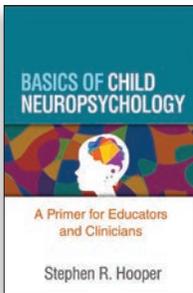
**Van Lange • 638**  
April 2022



## Neuropsychology of Everyday Functioning, SECOND EDITION

**Marcotte** • 598 • March 2022

- Authoritative resource for the neuropsychological assessment of key real-world capacities—the ability to live independently, work, manage medications, and drive a car.
- New edition provides information about how to support individuals who experience disruptions in their daily life, including naturalistic assessments, wearable sensors, and virtual reality.

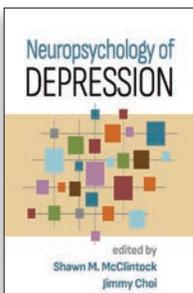


## Basics of Child Neuropsychology

*A Primer for Educators and Clinicians*

**Hooper** • 222 • October 2022

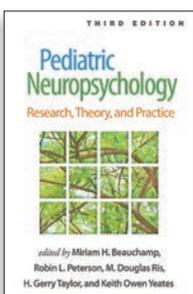
- Written for educators and clinicians who do not specialize in neuropsychology; concise, approachable introduction to the science of the developing brain and its functions.
- Dr. Hooper has an international reputation in and is widely published in related fields.



## Neuropsychology of Depression

**McClintock** • 464 • May 2022

- Unique focus on neurocognitive aspects of depression and their implications for assessment, evaluation, clinical management, and research.
- Includes coverage of the neurocognitive effects of a broad array of antidepressant treatments.

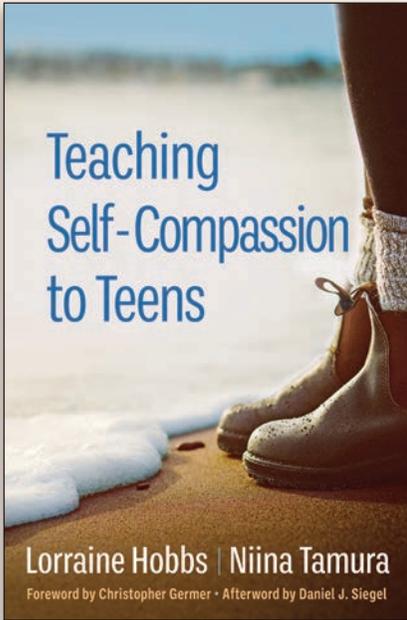


## Pediatric Neuropsychology, THIRD EDITION

*Research, Theory, and Practice*

**Beauchamp** • 566 • July 2022

- Reference and textbook on the relationship between brain health and behavior in children and adolescents.
- Information on medical, neurological, genetic, and developmental disorders that are frequently seen in clinical practice.

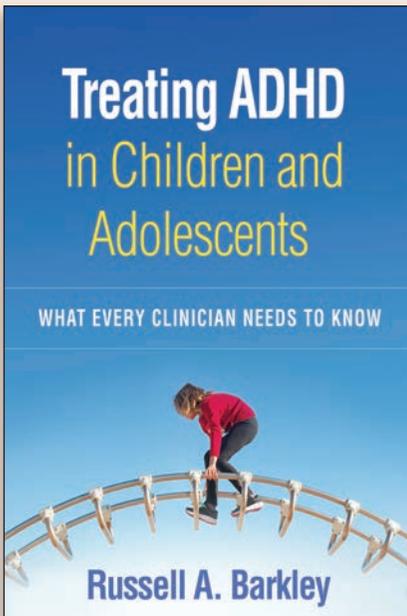


## Teaching Self-Compassion to Teens

**Hobbs** • 238 • April 2022

► **Rights Sold:** *Italian*

- Presents an 8-week group program for teaching self-compassion to teens and young adults in clinical, educational, or community settings.
- Teaching strategies have been adapted from Kristin Neff and Christopher Germer's best-selling *Mindful Self-Compassion* program for adults.
- Covers the challenges of adolescence, such as the difficulty of finding social acceptance and self-esteem, appreciating the complexity of this period of a person's life.



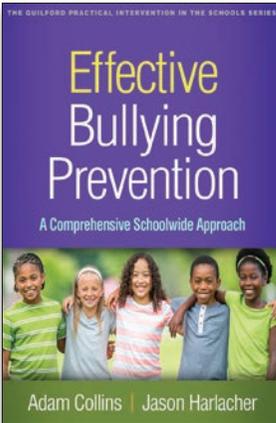
## Treating ADHD in Children and Adolescents

*What Every Clinician Needs to Know*

**Barkley** • 362 • May 2022

► **Rights Sold:** *Portuguese*

- Clinical manual that compiles what is known about ADHD with the author's clinical expertise to provide numerous fact sheets, forms, rating scales, an interview, and resource guides.
- Distills key facts, principles, guidelines, and management strategies that every clinician needs to know in diagnosing and managing ADHD.
- Barkley is one of the world's leading experts on ADHD, with over 44 years of professional experience, hundreds of scientific papers and book chapters, and more than 800 invited lectures.



## Effective Bullying Prevention

*A Comprehensive Schoolwide Approach*

**Collins** • 264 • December 2022

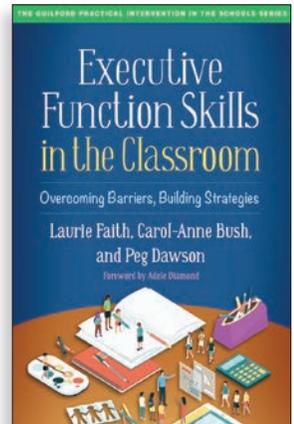
- Accessible tool for practitioners that presents a comprehensive approach to bullying prevention.
- Helps to transform school climate and reduce bullying in the long-term, with an emphasis on continuous improvement to ensure efforts don't fade over time.
- The Comprehensive Bullying Prevention model outlined in this book includes a practical, step-by-step guide to the stages of implementation.

## Executive Function Skills in the Classroom

*Overcoming Barriers, Building Strategies*

**Faith** • 222 • March 2022

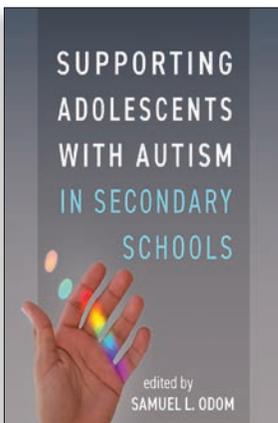
- Guide to bringing executive functions (EF) to the forefront in K-8 classrooms.
- Includes flexible, practical, research-based ideas for implementation in a variety of classroom contexts.

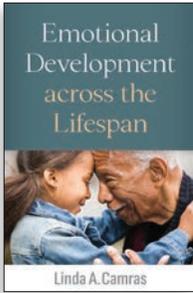


## Supporting Adolescents with Autism in Secondary Schools

**Odom** • 202 • January 2023

- The first research-based, comprehensive program designed to support high school students with autism spectrum disorder.
- The program addresses four key areas: literacy, social competence and peer relationships, independence, and transition preparation for students and families.

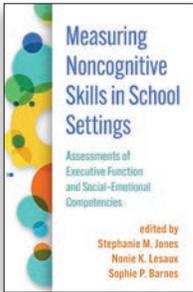




## Emotional Development across the Lifespan

**Camras** • 392 • June 2022

- Provides readers with an understanding of typical and atypical emotional development in each stage of life from infancy through to late adulthood.
- The study of emotion has taken off, including annual international Gallup polls of emotional well-being.

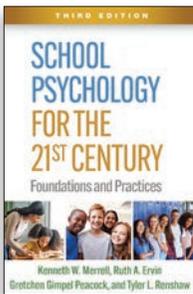


## Measuring Noncognitive Skills in School Settings

*Assessments of Executive Function and Social-Emotional Competencies*

**Jones** • 342 • February 2022

- Children's social-emotional and self-regulation skills are critical for success in school and, ultimately, in the workplace.
- This guide shows how to determine the most effective approaches for measuring students' interpersonal competencies.

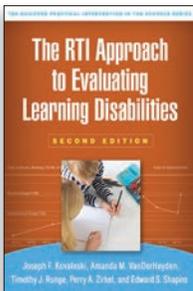


## School Psychology for the 21st Century, THIRD EDITION

*Foundations and Practices*

**Merrell** • 334 • May 2022

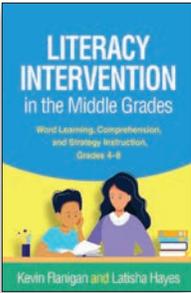
- Leading textbook prepares new practitioners to support all students' academic, behavioral, and social-emotional success.
- Illustrates multiple roles and functions of the school psychologist in order to explore vital skills for planning and implementing prevention and intervention efforts.



## RTI Approach to Evaluating Learning Disabilities, SECOND EDITION

**Kovaleski** • 296 • 2022

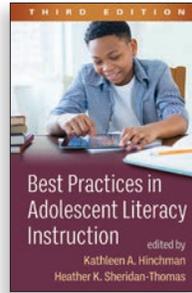
- Shows how to use response to intervention (RTI) to evaluate students for specific learning disabilities (SLD).
- Includes procedures for screening at-risk students, using RTI to strengthen instruction in reading, writing, and math, and planning individualized education programs.



### Literacy Intervention in the Middle Grades

*Word Learning, Comprehension, and Strategy Instruction, Grades 4-8*

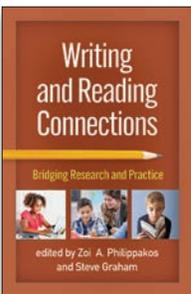
**Flanigan • 252**  
December 2022



### Best Practices in Adolescent Literacy Instruction

THIRD EDITION

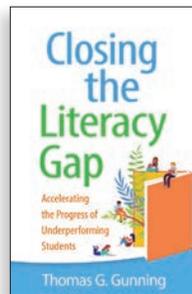
**Hinchman • 430**  
April 2022



### Writing and Reading Connections

*Bridging Research and Practice*

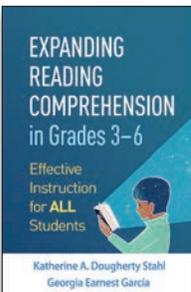
**Philippakos • 340**  
November 2022



### Closing the Literacy Gap

*Accelerating the Progress of Underperforming Students*

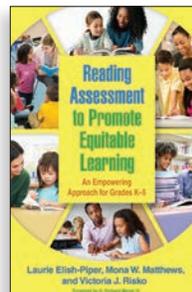
**Gunning • 284**  
June 2022



### Expanding Reading Comprehension in Grades 3-6

*Effective Instruction for All Students*

**Stahl • 210 • March 2022**



### Reading Assessment to Promote Equitable Learning

*An Empowering Approach for Grades K-5*

**Elish-Piper • 340**  
August 2022

**For more titles on Literacy and School Psychology, view our catalogues online:**

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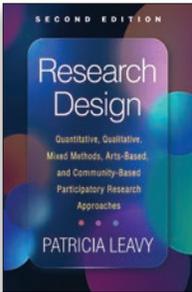


## Re/Invention

*Methods of Social Fiction*

**Leavy** • 224 • September 2022

- Patricia Leavy is a leader in arts-based research; this is the first comprehensive guide to social fiction—or writing fiction as a research practice.
- Includes in-depth chapters on writing structures and techniques with excerpts from the author's published social fiction, as well as her reflections on those extracts.

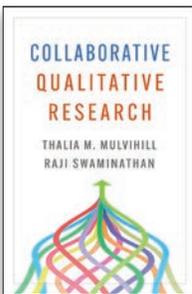


## Research Design, SECOND EDITION

*Quantitative, Qualitative, Mixed Methods, Arts-Based, and Community-Based Participatory Research Approaches*

**Leavy** • 318 • November 2022

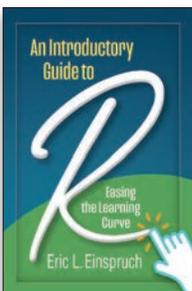
- Accessible, step-by-step guide to using the five major approaches to research design—quantitative, qualitative, mixed methods, arts-based, and community-based research.
- Chapters on each approach present a template for a research proposal, explaining in detail how to conceptualize and fill in every section



## Collaborative Qualitative Research

**Mulvihill** • 274 • 2022

- Presents tools for creating productive partnerships and managing each phase of a collaborative project.
- Collaboration within particular qualitative traditions—cross-cultural research, arts-based collaborations, and others—is described and illustrated with exemplars of published studies.

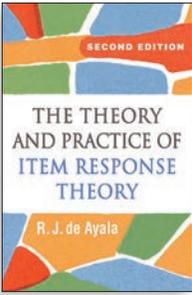


## An Introductory Guide to R

*Easing the Learning Curve*

**Einspruch** • 196 • August 2022

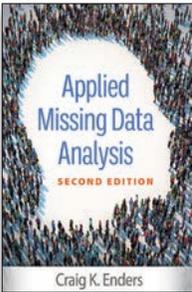
- R is a free software tool that can be used to run statistical analysis, which provides students (and faculty) with an alternative to the high fee stat packages.
- Intended as an introductory guide, this book provides an overview of the software and its related packages, and does not pre-suppose programming experience.



## Theory and Practice of Item Response Theory, SECOND EDITION

**de Ayala** • 643 • April 2022

- Item Response Theory (IRT) is used to compare alternate examination forms, for instrument design and development.
- Demonstrates the role of IRT in instrument design and construction, adaptive testing, equating, item banking, and other assessment tasks

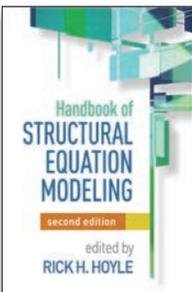


## Applied Missing Data Analysis

SECOND EDITION

**Enders** • 546 • August 2022

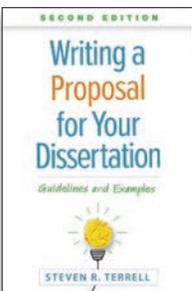
- This book has been praised as the best book available on missing data; now revised to include the latest developments that make handling missing data more effective.
- Dozens of new data sets and engaging, real-data analysis examples on topics ranging from young adult smoking data, employee turn-over, dealing with chronic pain, and more.



## Handbook of Structural Equation Modeling, SECOND EDITION

**Hoyle** • 842 • January 2023

- A prestigious single resource by acclaimed methodologists that offers broad and deep coverage of both the mechanics of SEM and specific SEM strategies and applications.
- New topics include bifactor models, parceling, multitrait-multimethod models, exploratory SEM, mixture models, SEM-based meta-analysis, SEM with small samples, and more.

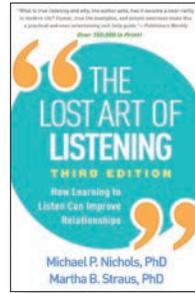
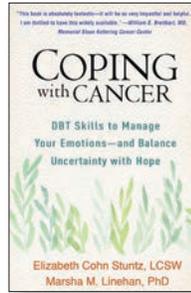
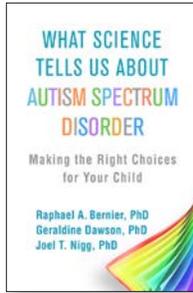
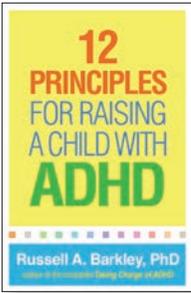


## Writing a Proposal for Your Dissertation, SECOND EDITION

*Guidelines and Examples*

**Terrell** • 320 • September 2022

- Guide for students that demonstrates how to write each chapter of a quantitative, qualitative or mixed methods dissertation proposal.
- Uses case study examples from a range of disciplines to show how to frame a research question, develop a hypothesis, choose a methodological approach, collect the data, and analyses based on that approach.



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**Taking Charge of Adult ADHD, SECOND EDITION**

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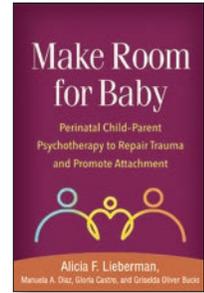
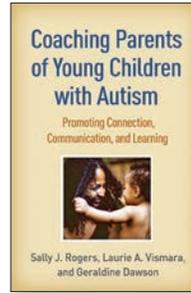
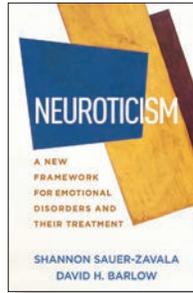
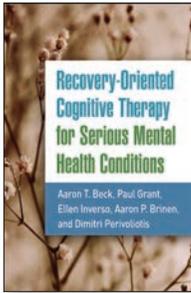
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